

WHAT IS EXPECTED AND REQUIRED?

The Columbia County MRC's goal is to make the volunteer experience exciting and rewarding to everyone. With that in mind, we are providing an overview of the requirements below.

Required Trainings:

- FEMA IS-100 and IS-700
- Psychological First Aid
- Personal Preparedness

In addition to the above trainings, all MRC volunteers will also need to complete annual sexual harassment and workplace violence training offered by Columbia County.

To ensure that members stay current, all members will be required to attend a minimum of one MRC event or training per year. Exceptions can be made for students or military members.

Training will be provided to volunteers either in person, or through the free MRC Train platform.

MRC TRAIN


INTERESTED IN VOLUNTEERING OR WANT MORE INFORMATION?

Scan the QR code below to request more information on the MRC, or to follow the link to the application. You can also contact the MRC Coordinator at the email or number listed below.



MRC unit Contact:

 ccmrc@columbiacountyny.com

 (518) 828-3358 ext. 1257

Look out for Social Media and Website to come!

COLUMBIA COUNTY MEDICAL RESERVE CORPS



Columbia County

**Volunteers Building Strong, Health,
and Prepared Communities**

**SPONSORED BY THE
COLUMBIA COUNTY
DEPARTMENT OF HEALTH**



THE MEDICAL RESERVE CORPS

Creating prepared and resilient communities through service

WHAT IS THE MRC?

The Columbia County Medical Reserve Corps (MRC) is comprised of both medical and non-medical volunteers who assist with emergency and routine events at the request of the unit leader.

The MRC volunteers receive training in a variety of disciplines that support the mission of the Columbia County Department of Health and the Office of Emergency Management in preparing for, responding to and recovering from emergencies.

Today, the MRC network comprises 200,000+ volunteers in roughly 800 community-based units located throughout the United States and its territories.

WHY WE NEED YOU

The need for an MRC became apparent after September 11, 2001 terrorist attacks. This need was further enhanced during the COVID-19 pandemic response. MRCs from across the county stepped up to help their communities with testing, vaccinating, and contact tracing.

By joining the MRC, you are saying that you want to help your neighbor and make your community more resilient.

Even if you do not have any specialized training, we will train you to perform any job that you are interested in or passionate about

Some MRC activities include:

- Emergency Preparedness and response training and exercises
- Emergency shelter operations and medical care
- Mass facility surge support
- Mass dispensing efforts (e.g., medication, water, other supplies)
- Disease testing and surveillance
- Community vaccination clinics
- Veterinary care
- Support services to disaster call centers, family assistance centers, and reception centers
- Emergency operations center support
- Disaster clean-up
- Community education
- And many more...

COMMUNITY BENEFITS

Communities and community members benefit from having MRC volunteers ready to respond to emergencies.

- By bolstering local public health and emergency response infrastructures by providing supplemental personnel
- Enabling communities to meet health needs
- Giving community members an opportunity to offer their skills and time to make their communities healthier and safer

In addition, and most importantly, as a community member, you are helping your friends, family, neighbors, or coworkers during their time of need.

