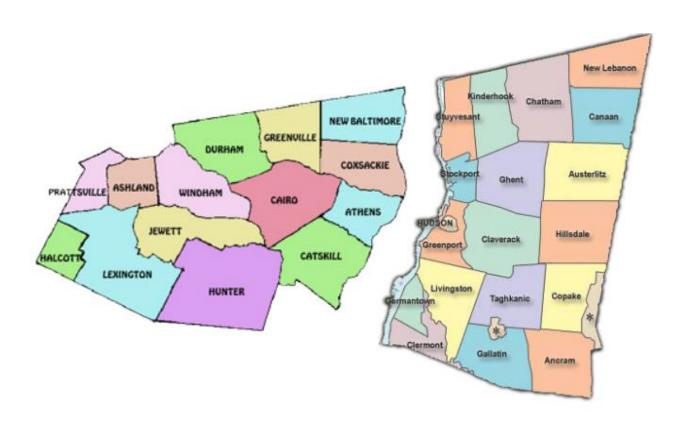
# Behavioral Health Services Resource Guide



# Columbia & Greene County, NY

Published by The Columbia County Department of Human Services

Updated December 2024

This directory provides a comprehensive overview of Behavioral Health programs, services, and resources designed to address the complex needs of individuals with Mental Health and Substance Use Disorders in Columbia and Greene Counties. This is by no means a complete listing of all organizations within the counties.

The listing of an organization in this directory does not imply an endorsement of its purpose or quality, nor does omission signify disapproval.

For a list of all providers in New York, please visit:

New York State Office of Mental Health

OASAS Provider and Program Search

New York Drug & Alcohol Rehab Centers

If you are not currently listed in the resource guide, but would like to be included in the next update, please submit your request to

John.Cahill@columbiacountyny.com

# COLUMBIA & GREENE COUNTY BEHAVIORAL HEALTH SERVICES RESOURCE GUIDE CHAT BOX





https://www.columbiacountymhc.com/resource-guide.html

#### Crisis & Hotline Resources

Columbia Pathways to Recovery Resource Line 877-467-3365 '#Resource Hotline'

Crisis Textline
Text HOME to 741741 to connect with a volunteer crisis counselor. 
'#Crisis Line'

The New York State HOPEline Call 1-877-8-HOPENY (467369) Text: HOPENY (467369) '#Crisis line'

988 Suicide & Crisis Lifeline Call or text 988 or chat 988lifeline.org '#Crisis Line'

Columbia County Mental Health Center Crisis Line (518) 828-9446 '#Columbia County, #Crisis Line'

Greene County Mental Health On-Call 518-622-3344 and ask to speak to the On-Call Worker '#Greene County, #Crisis Line'

Mobile Crisis Team (MCAT) (518) 943-5555 MCAT hours are not 24/7 but your call will be responded to the following morning '#Columbia County, #Greene County, #Crisis Line'

Family of Woodstock Suicide Hotline (845) 338-2370 Teen hotline (845) 331-5565 '#Crisis Line'

MHA Peer Support Line (518) 567-4186 '#Certified Peer Specialist, #Hotline'

National Domestic Violence Hotline (800) 799-7233 or 1-800-787-3224 (TTY) '#Domestic Violence Services, #Hotline'

Office for the Prevention of Domestic Violence Call 800-942-6906 Text 844-997-2121 '#Domestic Violence, #Hotline'

Community Action of Columbia and Greene County – DV Hotline (518) 943-9211 '#Columbia County, #Greene County, Domestic Violence Hotline'

Sexual Abuse Hotline (REACH Center) (518) 943-4482 '#Hotline'

211 Information & Referral

Call 211 for mental health, substance use, crisis and emergency assistance, housing services, food assistance & More. '#Resource Hotline'

SAMHSA National Helpline

Treatment referral and information services
Text your 5-digit ZIP Code to 435748 (HELP4U).

'#Resource Hotline, #addiction, #Substance Use Disorder, #outpatient treatment, #Inpatient treatment, #Residential Services'

Project Safe Point Hotline

1-866-930-4999

'#Resource Hotline, #addiction, #Substance Use Disorder, #Access to Harm reduction supplies'

CHAMP Helpline (troubleshooting insurance denials for SUD treatment) 888-614-5400

'#Hotline, #Health Insurance, #addiction, #substance use disorder'

Access to Harm Reduction Supplies

https://forms.nv.gov/s3/Harm-Reduction-Order-Form

'#Access Harm reduction supplies'

LGBT National Youth Talkline 1-800-246-7743 '#Hotline, #LGBTQIA2S+, #Youth Services'

LGBT National Senior Hotline 1-888-234-7243

'#Hotline, #LGBTQIA2S+, Services for seniors'

In Our Own Voices LGBT Domestic Violence Support Line (518) 432-4341 '#Hotline, #LGBTQIA2S+, #Domestic Violence Services'

Trevor Project LGBTQIA+ Crisis hotline 1-866-488-7386 text START to 678-678 '#Crisis Line, #LGBTQIA2S+' NYS Smokers Quitline 1-866-697-8487 Text: (716) 309-4688 '#Resource Line'

Support Quitting Vaping Text DITCHVAPE to 88709 '#Resource Line'

National Deaf Hotline Videophone 9am-5pm M-F 1-855-812-1001 or <u>deafhelp@thehotline.org</u> '#Hotline, #Deaf Services'

Alzheimer's helpline (800) 272-3900. '#Alzheimer's services, #Hotline'

NYS Child Support Helpline Monday – Friday 8am – 7pm 888-208-4485 '#hotline, #Children's services'

Columbia County Sheriffs Office (518) 8282-3344

Non-emergency number: (518) 828-0601 (this is the number for all Departments within the

Sheriff's office including records and the Jail)

Tip Hotline number: (518) 822-8477 "#Columbia County, #Law enforcement"

Report Child Abuse 1-800-342-3720 '#Hotline, #Children's Services'

Apply for Medicaid

Through NY State of Health: The Official Health Plan Marketplace

Enrollment Assistors offer free personalized help.

To speak with the Marketplace Customer Service Center call (855) 355-5777 (TTY: 1-800-662-1220)

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# **Access: Support for Living**

Access: Supports for Living has tags '#Columbia County, #Services for people with Developmental Disabilities,'

15 Fortune Road West, Middletown, NY (Corporate Headquarters);

11877 Rt 9W, West Coxsackie, NY 12192 (Greene/Columbia Administrative Building)

Phone number: 1-888-750-2266
Fax number: 845-692-8887
Hours: Varies by program
Website: AccessSupports.org
Point of Contact: Kathryn Taggart

Email: info@asfl.org

Services Provided – 24/7 Residential Support (IRAs); Day Habilitation; In-Home Clinical

Support (Greene County only)

Relevant referrals/applications – all services require eligibility through NYS OPWDD

# **Columbia County Affordable Housing**

Columbia County Affordable Housing has tags '#Columbia County, #Housing, #affordable housing, #Housing for Seniors'

#### **Apple Meadows**

53 Apple Meadow Road, Hudson, NY 12534 518-828-0626

https://www.zionprop.com/apply-online

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### Palentine Manor (Senior/Disabled)

32 Church Avenue, Germantown, NY 12526 (413) 525-4321

https://www.senioradvice.com/providers/view/palatine-manor-germantown-ny '#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Schuyler Court**

20 Columbia St., Hudson, New York 12534 (518) 828-4700 <a href="https://www.arbormanagement.com/property/schuyler-court-apartments">https://www.arbormanagement.com/property/schuyler-court-apartments</a> '#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Providence Hall Apartments (Senior/Disabled)**

119 Columbia Street, Hudson, New York 12534 (518) 828-4700 <a href="https://www.arbormanagement.com/property/providence-hall-apartments">https://www.arbormanagement.com/property/providence-hall-apartments</a> '#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Hudson Terrace Apartments**

15 N Front St, Hudson, New York 12534 518) 828-0600 https://www.preservationmanagement.com/property/hudson-terrace-apartments/

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Galvan Housing Resources**

64 Green Street, Hudson, NY 12534 518-822-0707 https://galvan.org/

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Greenport Manor (Senior/Disabled)**

200 Town Hall Dr, Hudson, New York 12534 (518) 828-6488

https://www.nationalchurchresidences.org/communities/greenport-manor/ '#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

### **Highpointe at Chatham Senior Apartments (Senior/Disabled)**

45 Dardess Dr, Chatham, New York 12037 (518) 392-6500

https://www.after55.com/ny/chatham/high-pointe-at-chatham-senior-apartments/sstw655

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### Valatie Woods (Senior/Disabled)

1316 River St, Valatie, New York 12184 (518) 758-9736

https://www.lowincomehousing.us/det/valatie\_senior\_citizen\_housing-12184

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Stottville Court (Senior/Disabled)**

6652 Firehouse Rd, Hudson, New York 12534 (518) 828-1634

https://affordablehousingonline.com/housing-search/New-York/Hudson/Stottville-Court/10036276

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Chatham Manor (Senior/Disabled)**

18 School St, Chatham, New York 12037 (518) 392-7771

https://mail.housingapartments.org/rental\_detail/36516

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Bliss Towers**

41 N 2nd St, Hudson, New York 12534 (518) 828-5415

https://www.hudsonhousingauthority.com/

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Philmont Terrace (Senior/Disabled)**

191 Main St, Philmont, New York 12565 (518) 672-5137

https://www.after55.com/ny/philmont/philmont-terrace/kk9q479

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### Richardson Hall (Senior/Disabled)

112 Main St, Philmont, New York 518-822-0707

https://hudhousingnetwork.com/ny/columbia/philmont/low-income-housing-details/31005/richardson-hall

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Dawnwood Apartments (Senior/Disabled)**

500 Fairview Ave, Hudson, New York 12534 518-822-0707

https://www.after55.com/ny/hudson/dawnwood-senior-apartments/99tt0d5

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### Crosswinds at Hudson

100 Harry Howard Ave, Hudson, New York 12534 (518) 828-1163

https://www.crosswindsathudson.com/

'#Columbia County, #Affordable Housing, #Housing, #Housing for Seniors'

#### Additional Helpful Housing related Links

Greene County, NY Rooms for Rent - Roomies.com

General Eviction Information for New York | Legal Assistance of Western New York, Inc. ®. Residential Tenants' Rights Guide

Budget Form: https://westerncatskills.org/wp-content/uploads/2024/01/Budget-Form-Fillable.pdf

# **Alcoholics Anonymous**

Alcoholics Anonymous has tags '#Columbia County, #Sober Events, #Support Groups, #Substance Use Disorder, #Addiction'

#### To find local Alcoholic's Anonymous meetings:

Phone: Columbia County Answering Service (518) 463-0906

AA meeting search:

https://nenyaa.org/meetings/?tsml-day=1&tsml-distance=25&tsml-mode=location

Find Al-Anon meetings online:

https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/

Download the application for phone:

"Meeting Guide" App in Google Play Store and iPhone App Store applications **Download the application for phone:** 

"Al-Anon Family Groups" App in Google Play Store and iPhone App Store applications

# Alight Center, Inc.

Alight Center, Inc. has tags '#Columbia County, #Reproductive Health Services, #Services for Families, #Support Groups, #Supports for Pregnant Women'

199 Fairview Avenue; Hudson, NY 12534

Phone: (518)822-9008 Website: www.alightpc.org

Contact: Jennifer Lawlor, Ex. Director Email: jennifer.lawlor@alightpc.org
General email: info@alightpc.org
Facebook: @theAlightCenter
Instagram: @alightcenter

Objectives: We provide services to the community for sexual and reproductive health, as well

as parent support and education.

**Services provided:** pregnancy tests, referrals for onsite ultrasounds, referrals for onsite STI/STD testing and treatment, individual consultations, post abortion/miscarriage support, educational courses, material support.

educational courses, material support.

**Hours of operation:** Mon by appointment only; T – Th 9:30am-4pm

**Target population:** ages 13-45.

Eligibility criteria: All services are free and confidential to the community.

How to apply for services: Walk-ins welcome during business hours as well as scheduled

appointments.

#### **Alliance for Positive Health**

Alliance for Positive Health has tags '#Columbia County, #Access to Harm Reduction Supplies,#LGBTQIA2S+, #Reproductive Health Services, #Health Home Case Management',#Care Coordination, #Chronic Conditions, #Food Security Services, #HIV/Aids, #Food Pantry'

160 Fairview Avenue; Suite 910; Hudson, NY 12534

**Phone:** (518) 828-3624

Website: www.allianceforpostivehealth.org

Contact: Rebecca Fav

Email: RFay@alliancefph.org

Facebook: Alliance for Positive Health

Twitter: @alliancefph

Objectives: The mission of the Alliance for Positive Health is to reduce the impact and

incidence of HIV/AIDS and other serious medical and social conditions.

**Services provided:** HIV+ Care Management, Chronic Disease Care Management, Health Insurance Assistance, Housing Support, Behavioral Health Education, Family Ties (future

planning for HIV+ parents), Nutrition, Women Helping Women peer program, HIV.STI/Hepatitis C Testing, and Transportation, Syringe Exchange, Access to Harm reduction Supplies, Food Pantry, Care Coordination.

**Hours:** Monday – Friday, 9 am - 5 pm.

**Target population:** Individuals who live with or are affected by HIV+/AIDS, those with chronic conditions, the uninsured and underinsured and people who face barriers to accessing health care and social services.

Eligibility criteria: Varies depending on program.

**How to apply for services:** Call 434-4686 or email info@alliancefph.org for more information.

# **Blanche Hotaling Memorial Mission**

Blanche Hotaling Memorial Mission has tags '#Columbia County, #Homeless shelter, #Warming Center, #Homeless services'

52 Green St, Hudson, NY 12534

#### Services Provided:

Overnight warming center during "code blue" season for homeless individuals. Hot meals provided.

# **Camphill Copake**

Camphill: Copake has tags '#Columbia County, #Services for people with Developmental Disabilities, #Residential Services'

84 Camp Hill Rd, Copake, NY 12516

Phone: (518) 329-4851

Contact: Webster Beal, Admissions

Email: camphilladmissions@camphillvillage.org

Website: https://camphillvillage.org/

**Objectives:** Camphill Village Copake is a vibrant lifesharing community dedicated to being a modern and fulfilling life choice for adults with developmental differences, who are looking to make a real contribution and feel supported among friends.

**Services provided:** Residential services provided to eligible individuals and volunteers.

Eligibility: Camphill Hudson is an OPWDD licensed provider. An individual must be eligible for

services through OPWDD. **Hours:** M-F 8:30 am-5 pm

# **Camphill Ghent**

Camphill Ghent has tags '#Columbia County, #Services for Seniors, #Services for people with developmental disabilities, #Residential services'

2542 Route 66, Chatham, NY 12037

**Phone:** (518) 392-2760

Website: <a href="www.camphillghent.org">www.camphillghent.org</a>
Email: <a href="mailto:info@camphillghent.org">info@camphillghent.org</a>

**Contact: Amanda Pierro, Executive Director** 

Jo-An Ellithorpe, Adult Home Administrator lvy Sharron, Independent Living Coordinator

**Objectives:** Camphill Ghent is an independent and assisted living senior community that offers active social programs to support residents in maintaining their joy of living. Independent living housing includes apartments and townhomes.

Services provided: The Adult Home Assisted Living Program is licensed by the NYS

Department of Health and offers 24-hour staffing, assistance with daily living activities, personal care, case management and home health services.

**Hours:** Monday – Friday, 8 am to 5 pm. **Target population:** Age 55 and older.

Eligibility Criteria: None.

**How to apply for services:** Call 392-2760 for more information.

# **Camphill Hudson**

Camphill: Hudson has tags '#Columbia County, #Services for people with Developmental Disabilities, #Residential Services'

360 Warren St, Hudson, NY 12534

**Phone:** (518) 828-3431

Website: <a href="http://www.camphillhudson.org/">http://www.camphillhudson.org/</a>

Contact: Onat Sanchez-Schwartz Email: info@camphillhudson.org Hours: Mon.-Fri 9 am-4 pm

Objectives: To build community with people of all abilities through living, learning, working and

playing with people of all ages, races, abilities and creeds.

Services Provided: Residential services and day program provided for eligible individuals. FI

services provided to self-directed participants.

Eligibility: Camphill Hudson is an OPWDD licensed provider. An individual must be a New

York state resident and be eligible for services through OPWDD.

#### **Chatham Free Store**

Chatham Free Store has tags '#Columbia County, #Discounted Home Goods, #Food Pantry'

488 State Route 295, Chatham, NY 12037

**Phone:** (518) 392-1655

**Website:** <a href="https://www.chathamnewyork.us/free\_store/index.php">https://www.chathamnewyork.us/free\_store/index.php</a> **Hours:** Tuesdays & Thursdays, 10am-4pm; Saturdays 9am-12pm

#### Coarc

Coarc has tags '#Columbia County, #Services for people with Developmental Disabilities'

630 Route 217, Mellenville, NY 12544

Website: www.coarc.org

Contact: Pam Dusharm, Executive Secretary

General Email: info@coarc.org

Facebook: <a href="https://www.facebook.com/Coarc-324244471028446/">https://www.facebook.com/Coarc-324244471028446/</a>

**Objectives:** To expand abilities, one person at a time, so individuals experiencing disabilities can achieve their individual goals. Coarc is the Columbia County, NY chapter of NYSARC, Inc., Coarc strives to provide person-centered support, helping each person to achieve his/her goals and dreams.

**Services provided:** Coarc supports people experiencing disabilities and their families through a comprehensive array of programs and services, including: Advocacy; Prevocational Services; Employment Services; Clinical Services; Community Habilitation; Self-Directed Services; Guardianship Services; Residential Services; Day Habilitation Services; Respite Services with Recreation Opportunities; and The Starting Place Preschool and Day Care.

Our related businesses are: Coarc Contract Manufacturing and Injection Molding (an Integrated Business providing opportunities to individuals with and without disabilities) and Tradewinds (non-profit retail store that serves as an opportunity to teach retail employment skills in an integrated community setting, providing meaningful work and wages to people with disabilities, located at 409 Warren St., Hudson) and the Coarc Café (a café that serves as an opportunity to teach employment skills in an integrated community setting, providing meaningful work and wages to people with disabilities, located at Columbia-Greene Community College campus).

**Hours:** Administrative hours are Monday-Friday, 8:30 am – 4:30 pm; hours of individual programs vary.

**Target population:** People experiencing developmental, intellectual and other disabilities.

Eligibility criteria: OPWDD eligibility, ACCES-VR eligibility.

How to apply for services: Call 672-4451, email info@coarc.org or visit

www.coarc.org/contact-us

# **Columbia County Department of Health (CCDOH)**

Columbia County Department of Health (CCDOH) has tags '#Columbia County, #Children's services, #Access to Harm Reduction Supplies, #Medical Services, #Immigrant Services, #Food Security Services, #Public Health, #community Health, #Data,#Health Educators, #Health services, #STD testing'

325 Columbia Street, Suite 100, Hudson, NY 12534

 Website: <a href="https://www.columbiacountynyhealth.com">https://www.columbiacountynyhealth.com</a>

Contact: Victoria McGahan, MS, CHES, Public Health Director

Email: Victoria.mcgahan@columbiacountyny.com
General email: ccdoh@columbiacountyny.com

Facebook: ColumbiaCountyHealth

Objectives: The mission of the Columbia County Department of Health is to protect, preserve

and promote the health and well-being of the people of Columbia County.

**Services provided:** Early Intervention and Preschool Services, Environmental Health, Maternal and Child Health, Migrant Program, Public Health Division, Public Health Education,

Public Health Preparedness Program

**Hours of operation:** Generally, Monday - Friday, 8 am to 4 pm. See below for clinic hours. **Target population:** Columbia County residents; for some services (i.e., Migrant and Seasonal

Farmworker Program), the residents of surrounding counties, as well.

Eligibility criteria: Program-dependent.

How to apply for services: Program-dependent.

#### **CCDOH Early Intervention and Preschool Services**

CCDOH Early Intervention and Preschool Services has tags '#Columbia County, #Children's

Services, #Family Services' **Phone:** (518) 828-4278 **Fax:** (518) 671-6738

Contact: Lauren Clark, RN, BSN, Director of Early Intervention Prevention and Preschool

Services

Email: Lauren.Clark@columbiacountyny.com

**Objectives:** To provide services to eligible infants, toddlers and preschool children less than five years of age who are at risk or may have developmental delays.

**Services provided:** Examples of services provided are speech, occupational and physical therapies, special education, counseling and classroom-based programming.

**Hours:** Office hours are Monday to Friday, 8 am to 4 pm. Evaluations and services will be arranged to accommodate family schedules.

Target population: Infants, toddlers and pre-school children under the age of five.

**Eligibility criteria:** A child must be suspected of having a delay in one or more developmental areas, such as cognition, language, or motor skills. With parental consent, an evaluation/s will be completed to determine eligibility for services using the following criteria; 33% delay in one domain, or a 25% delay in two or more domains

**How to apply for services:** Referrals may be made by calling our office. Referrals for children age three and older should be made to the school district in which the family resides. We are available during office hours to answer questions or assist with referrals.

#### **CCDOH Environmental Health Division**

CCDOH Environmental Health Division has tags '#Columbia County, #Community Health,

#Health Services, #Immigrant services'

**Phone:** (518) 828-3358, x-1238

Fax: (518) 828-2666

Contact: Maggie McBroom, Director of Environmental Health

Email: magnolia.mcbroom@columbiacountyny.com

**Objectives:** Implement regulatory programs to protect the health of the public in accordance

with the NYS Sanitary Code and all other applicable regulations.

**Services provided:** Emergency on-call services for rabies incidents; food service establishments; Adolescent Tobacco Use Prevention (ATUPA); beaches and pools; Clean Indoor Air Act (CIAA); children's camps; campgrounds; festivals and mass gatherings; childhood lead poisoning prevention; DEC programs; DEC hazardous spill response; temporary residences; rabies clinics and responses; migrant housing; mobile home parks; public health nuisances; public water; realty subdivisions; private subdivisions; individual on-lot sewage development; commercial sewage; permitted facilities; tick identification.

**Hours:** Monday – Friday, 8 am – 4 pm. **Target population:** General public.

#### CCDOH Maternal and Child Health Division - LCHSA

CCDOH Maternal and Child Health Division - LCHSA has tags '#Columbia county, #reproductive health services, #family services, #health services, #supports for pregnant women'

**Phone:** (518) 828-3358, x-1295

Fax: (518) 828-8472

Contact: Liz Galle, RN, MSN, Director of Patient Services

Email: Elizabeth.galle@columbiacountyny.com

**Objectives:** To provide assessments and support for families with young children.

**Services provided:** Nursing support and education during pregnancy, help with obtaining resources, health assessments of mother and baby after delivery at home visits, and breastfeeding education and support. Childhood lead poisoning prevention program is also included

**Hours:** Monday through Friday; 8 am – 4 pm.

Target population: All Columbia County residents during the prenatal and postpartum period

and pediatric clients up to age 21.

#### **CCDOH Migrant Program**

**Objectives:** To protect and promote the health of the migrant seasonal worker population of Columbia and surrounding counties through prevention, primary care, and the assurance of quality health care.

**Services provided:** Outreach clinics held at area farms offering blood pressure, vision, and diabetes screenings along with immunizations and tuberculosis testing; physician visits available through Columbia Memorial Hospital and Sun River Health Care; access to dental visits and vaccinations; translation and transportation through the Community Health Worker; prenatal visits to point of delivery as well as birth certificates; OB/GYN visits; applications and visits to WIC office; pediatric office visits; Health Dept. STD and immunization clinics; translation and interpretation regarding legal, medical, and insurance matters.

**Hours:** Monday – Friday, 8 am – 4 pm.

**Target population:** Migrant and seasonal farm workers and their families in Columbia and surrounding counties.

**How to apply for services:** Call Yuleiva Rosa-Brown,, Community Outreach Worker, at (518) 567-2756 or Beth Neale, Registered Professional Nurse, at 828-3358, x-1252.

#### **CCDOH Public Health Division**

CCDOH Public Health Division has tags'#Columbia County, #Health Services, #STD testing'

Email: elizabeth.galle@columbiacountyny.com

**Objectives:** To investigate cases of infectious disease in the county to help prevent the spread of disease; to provide education, testing services, and immunizations; and to prepare for and respond to public health emergencies.

**Services provided:** Investigate infectious disease cases; interview patients and contacts to stop the spread of disease; conduct community education; conduct directly observed therapy for patients with tuberculosis (LCHSA); Sexually Transmitted Disease (STD) clinic, Immunization Clinic (children ages 18 and under may be eligible for free vaccines); outreach clinics in the community (flu clinics); community education to promote vaccination; plan and train for public health emergencies; respond to public health emergencies.

**Hours:** Monday -- Friday; 8 am -- 4 pm.

**STD Clinic hours:** Every Wednesday, 9am – 10am. All services are free and confidential. **Immunization Clinic hours:** Tuesday, 1- 3:30 pm and every third Tuesday of the month, 4 – 5:30 pm. By appointment only -- please call 828-3358, option #4 to make an appointment.

#### **CCDOH Public Health Education Program**

CCDOH Public Health Education Program has tags '#Columbia county, #Health Educators, #Public Health,# Access to harm reduction supplies'

**Telephone:** (518) 828-3358 x-1337 or x-1326 **Fax number:** (518) 828-1200

Contact: Samantha Black, MPH, Public Health Educator

Emily Haigh, Public Health Educator

Email: Samantha.black@columbiacountyny.com

Emily.haigh@columbiacountyny.com

**Objectives:** To improve the public's health and quality of life through education, evidence-based interventions and effective communication. **Services provided:** The Health Education Division works collaboratively with community partners and organizations to study the health of the community, develop healthy policies and environments, and conduct activities to improve community health. The program also offers free community health workshops that are focused on healthy living and disease prevention. **Hours of operation:** Monday -- Friday; 8 am – 4 pm.

### **CCDOH Public Health Emergency Preparedness Program**

CCDOH Public Health Emergency Preparedness Program has tags '#Public Health, #Columbia County'

**Telephone:** (518) 828-3358, x-1247 **Fax number:** (518) 828-1200

Contact: John Mabb, Emergency Preparedness Coordinator

Email: John.Mabb@columbiacountyny.com

**Objectives:** To provide the development and oversight of Public Health Emergency Preparedness. This includes preparing and protecting the community from natural or manmade

public health threats including biological, chemical and radiological agents.

**Services provided:** The Public Health Emergency Preparedness Program helps the county prepare for emergencies through plan development, training, exercise coordination, and education. These services are offered to emergency responders, private organizations, industry, and the general public. We collaborate with county, state, and federal agencies, along with

Columbia Memorial Hospital and Columbia County Emergency Management, to effectively plan for, respond to, mitigate, and recover from, a public health emergency.

**Hours of operation:** Monday -- Friday; 8 am – 4 pm.

# Columbia County Department of Human Services (CCDHS)

Columbia County Department of Human Services/Mental Health Center has tags '#Columbia County, #Mental Health Services, #Therapy, #Services for Families, #Access to Harm Reduction Supplies, #Children's Services, #Outpatient Treatment, #Financial Benefits, #Residential Services, #Certified Peer Services, #Substance use disorder, #addiction, #Health Home Case Management, #group therapy, #support groups, #Mental Health crisis services, #crisis line'

325 Columbia Street, Suite 300, Hudson, NY 12534 **Phone:** (518) 828-9446 **Fax:** (518) 828-9450

**Email:** Dan.Almasi@columbiacountyny.com **Website:** www.columbiacountymhc.com/

Facebook: Columbia County Mental Health Center

**Objectives:** Our mission at the Columbia County Department of Human Services is to provide therapeutic care and support, promote health and healing, expand opportunities, and enhance

lives.

Services provided: See below.

#### **Columbia County Mental Health Center**

Columbia County Mental Health Center has tags '#Columbia County, #Mental Health, #Access to harm reduction supplies, #outpatient, #therapy, #psychiatrist, #Family Services, #children's services, #Certified peer specialist, #peer services, #group therapy, #mental health crisis services, #Crisis line, #substance use disorder, #addiction, #Medication assisted treatment'

Phone: (518) 828-9446 Fax: (518) 828-9450 Contact: Kate Sprague: (518) 828-9446 ext. 2265 Email: Kate.sprague@columbiacountyny.com

**Services provided:** Individual and group therapy for the residents of Columbia County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided through Open Access, and by appointment.

**Hours:** Monday, Tuesday, and Friday: 8 am – 5 pm.; Wednesday and Thursday: 8:00 am – 7:00 pm; Crisis Line – 24 hours: (518) 828-9446; Open Access Hours: Monday – Thursday 8:30am – 10:30am.

**Target population:** Ages 5 and up.

Eligibility criteria: Must be a resident of Columbia County.

How to apply for services: Call 828-9446 and ask to schedule an intake assessment or walk

#### **Adult Care Coordination Services**

Adult Care Coordination Services has tags '#Columbia County, #Case management, #Health Home Case Management, #Care Coordination, #Chronic conditions, #social determinants of health'

**Contact:** Mary Jo Burger, Adult Care Coordination Services Director **Phone:** (518) 828-9446 ext. 2276; **Fax**: (518) 828-9450

Email: maryjo.burger@columbiacountyny.com

**Services provided:** Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to

Community and Social Support Services. **Hours:** Monday- Friday: 8 am – 5 pm.

Target population: Adults.

Eligibility criteria: Adults: serious mental health condition or HIV/AIDS or two chronic

conditions including physical, mental health or substance use disorders.

How to apply for services: Contact the Adult Care Coordination Services Director

#### Children's Care Coordination Services

Children's Care Coordination Services has tags '#Columbia County, #Case management, #Health Home Case Management, #Care Coordination, #Chronic conditions, #social determinants of health, #Children's services, #services for families'

Contact: Sandy Richardson-Coon, Children's Care Coordination Director

**Phone:** (518) 828-9446 ext. 1282; **Fax:** (518) 828-9450

Email: sandy.richardson-coon@columbiacountyny.com

**Services provided:** Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to

Community and Social Support Services. **Hours:** Monday – Friday: 8am—5pm

Target population: Children.

Eligibility criteria: Must be under age 21, eligible for Medicaid, and have a chronic health,

medical or mental health condition that requires a doctor's care.

How to apply for services: Contact the Children's Care Coordination Supervisor

#### Single Point of Access (SPOA)-Children

Single Point of Access (SPOA)-Children has tags '#Columbia county, #Children's services, #Single point of access, #Services for families'

Contact: Natasha Robinson, Children's Single Point of Access (SPOA) Coordinator

**Phone:** (518) 828-9446 ext. 1280; **Fax:** (518) 822-8096

Email: Natasha.robinson@columbiacountyny.com

**Services provided:** Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

**Hours:** Monday – Friday, 9 am – 5 pm.

**Target population(s):** Youth with a mental health diagnosis (also having behavioral problems)

which is interfering with their success at home, at school or in the community.

Eligibility criteria: Mental health diagnosis.

**How to apply for services:** Contact SPOA Coordinator for an application.

#### Single Point of Access (SPOA)-Adults

Single Point of Access (SPOA)-Adults has tags '#Columbia County, #Mental Health Services, #residential services, #Single point of access'

Contact: Mary Jo Burger, Adult Single Point of Access (SPOA) Coordinator

**Phone:** (518) 828-9446 ext. 2276; **Fax:** (518) 822-8096;

Email: maryjo.burger@columbiacountyny.com

**Services provided:** The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

Hours: Monday -- Friday, 9 am -- 5pm.

Target population(s): Adults with serious mental illness who need assistance accessing

residential and community services.

**Eligibility criteria:** Adults with a serious mental illness.

**How to apply for services:** Contact SPOA Coordinator for an application.

#### **Opiate Flex Funds**

Opiate Flex Funds has tags '#Columbia County, #Substance use disorder, #financial benefits, #addiction, #social determinants of health'

Contact: JP Cahill, Dual Recovery Coordinator

**Phone**: (518) 828-9446 ext.1222

Email: John.cahill@columbiacountyny.com

**Service provided**: The Opiate Flex Fund program was conceptualized by the Columbia County Director of Community Services (Dan Almasi) to financially support Columbia County residents who have or have had a substance use disorder (SUD) and those directly impacted by a SUD. This fund was derived from the ongoing needs presented by the people that we serve i.g. Food, clothing, housing, transportation, personal care, family needs, legal.

How to apply: https://www.columbiacountymhc.com/adult-forms.html

#### **Anger Management**

Anger Management has tags '#Columbia County, #Anger management, #group therapy, #support group, #court certified'

Contact: Shannon Brennan
Phone: (518) 828-9446 ext. 2317

Email: Shannon. Brennan@columbiacountyny.com

Group Facilitators: Alison Van Tassel/Megan Hildebrand/Rhea Nichols

**Services Provided:** 

Group facilitators are Certified Anger Management Specialists through the National Anger Management Association. The National Anger Management Association (NAMA) is the international professional association (represented in 26 countries) for the fields of anger management, crisis intervention and domestic violence.

We are committed and passionate about working with people in our community to develop healthy ways to manage anger and to build awareness for how destructive anger can impact lives.

As a Certified Anger Management Specialist, we have been trained and certified to offer anger management groups, classes and individual sessions. Through the use of a weekly anger log and workbook, participants learn to take responsibility for their anger reactions. This makes an anger management program a wonderful alternative to punitive incarcerations and fines (which can be harmful to families and communities).

Please consider us for any court mandated anger management referrals. The program is evidenced based and court certified. We would be glad to send you further materials on our 12 week program at your request. We can also be found on the Specialist Directory of the National Anger Management Association website at www.namass.org.

# Columbia County Department of Social Services (CCDSS)

Columbia County Department of Social Services has tags '#Columbia County, #Financial Benefits, #Food Security Services, #Housing, #emergency housing, #HEAP, #Medicaid, #Managed Care, #Children's Services, #Employment Services, #Temporary assistance, #Transportation, #Day care, #Services for Seniors, #family services, #foster care, #homeless services, #rent assistance, #SNAP, #fraud, #emergency assistance, #food stamps, #utilities Assistance, #CPS, #health insurance'

PO Box 458, 25 Railroad Avenue, Hudson, NY 12534

Robert M. Gibson, Commissioner

**Contact**: (518) 828-9411 **FAX**: (518) 828-5401

**Objectives:** The mission of the Columbia County Department of Social Services is to ensure the provision of assistance and services necessary to sustain dependent and disabled person, protect children and adults from abuse and neglect and to assist applicants and recipients in achieving the greatest degree of independence possible.

**Hours:** Monday – Friday, 8 am – 4 pm.

**Eligibility criteria:** Must be a resident of Columbia County.

How to apply for services: On-line https://mybenefits.ny.gov/mybenefits/begin and in-person

at the department.

Michelle Ublacker, Deputy Commissioner of Services, ext. 2135

Email: Michelle.Ublacker@dfa.state.ny.us

Charlotte Fuss, Deputy Commissioner of Finance, ext. 2319

Email: Charlotte.Fuss@dfa.state.ny.us

April DeLaurentis, Director of Administration & Training, ext. 2273

Email: April.delaurentis@dfa.state.ny.us

Jennifer Depew, Director of Services, ext. 2123

Email: Jennifer.depew@dfa.state.ny.us

Michelle Altomer Director of Income Maintenance, ext. 2248

Email: Michelle.altomer@dfa.state.ny.us

Jessica Fairbairn, Director of Child Support, ext. 2173

Email: <u>Jessica.Fairbairn@dfa.state.ny.us</u>

Toni Gansowski, Director of Fiscal Operations, ext. 2117

Email: Toni.Gansowski@dfa.state.ny.us

Michael Cozzolino, Counsel to the Commissioner, ext. 2110

Email: Michael.Cozzolino@dfa.state.ny.us

Services provided:

#### **Child Protective Services**

Child Protective Services has tags '#Columbia County, #Children's services, #Family Services, #CPS'

Child Protective Services (CPS) is responsible to receive and investigate reports of child abuse and neglect, and to provide, arrange for and monitor services for children and their families. Oncall CPS workers perform this function whenever the Agency is closed. The investigation of a report is a fact-finding process that includes interviewing, observing, and information gathering. Its purpose is to protect the child, determine the validity of the allegations, evaluate any condition of abuse or maltreatment that was not reported and determine the services necessary to ensure the safety of the child and reduce the degree of future risk to the child. The investigation includes an evaluation of all children, caregiving adults and the home of the family.

#### **Preventive Services**

Preventative Services has tags '#Columbia County, #Children's services, #Family Services, #CPS'

This Unit provides supportive and rehabilitative services to children, youth and families. The goal is preventing the need for foster care placement; enabling a child who is currently in foster care to return home sooner and reducing the risk that a child who has been discharged will return to foster care. Referrals come to the Preventive Unit from Child Protective Services as well as individuals or outside community agencies such as schools and mental health agencies and for families to avoid further involvement with the juvenile justice system. Services are often provided in conjunction with voluntary agencies and other community partners. These agencies provide intensive home-based case management services for families at risk of having their children placed in foster care and provide coordination of services to children and youth with behavioral concerns that put them at risk of out of home placement.

#### **Foster Care Services**

Foster Care Services has tags '#Columbia County, #Family Services, #Children's service, #foster care'

Foster Care Services works to provide care of a child when they are unable to remain in their home or with their family in a certified foster home or a certified group home, childcare institution, health care facility or any combination thereof. To be in Foster Care, a child's care and custody or guardianship and custody has been transferred to the Commissioner of the Department pursuant to Article 3 (Juvenile Delinquent), Article 7 (Person in Need of Supervision) or Article 10 (Abuse and Neglect) of the Family Court Act. Occasionally, a child comes into care on a voluntary basis. This Unit helps to provide services to families whose children are in foster care so they can be reunited with their families. When that is not possible, the Unit works to achieve permanency for children by identifying other long-term adoptive and family resources.

#### **Adult Protective Services**

Adult Protective Services has tags '#Columbia County, #Social Determinants of health, #case management'

This Unit assists in providing necessary services to adults by working together with agencies dealing with aging, medical and mental health needs, legal issues and law enforcement. Services include investigation and assessment of the adults needs and risk of harm, counseling for the victimized adult and their family, advocacy and case management services including arranging for medical and mental health assessments, applying for benefits and assuring coordinated delivery services, financial management services, including serving as representative payee, homemaker and housekeeper chore services. Legal interventions may include securing access orders, involuntary protective service orders and orders of protection and long-term legal interventions, such as pursuing guardianship.

#### The Homeless Unit

The Homeless Unit has tags '#Columbia County, #homeless services, #emergency housing, housing, #Temporary assistance'

Determines eligibility for temporary housing assistance. Individuals and families that are homeless may apply for Emergency Assistance for homelessness and if eligible may be provided with temporary housing accommodations. There are specific eligibility guidelines for this program. Individuals and families in need of homeless housing services will receive case management services through the Adult Protective Services Unit and appropriate monitoring and referrals to community services will be provided. Referrals will be made to agencies to assist with finding affordable long-term housing solutions for those experiencing housing insecurity.

### **SNAP (Supplemental Nutrition Assistance Program)**

SNAP (Supplemental Nutrition Assistance Program) has tags (#Columbia County, #Food Stamps, #SNAP, #Food security, #Financial benefits, #Social determinants of health'

Helps low-income working people, seniors, the disabled and others supplement their food needs with monthly benefits that are used to purchase food at authorized retail food stores.

#### **HEAP (Home Energy Assistance Program)**

HEAP (Home Energy Assistance Program) has tags '#Columbia County, #HEAP, #Utilities assistance, #Financial Benefits'

A federally funded program that assists low-income New Yorkers with the cost of heating their homes. HEAP also offers an emergency benefit, such as furnace repair/replacement, as well as cleaning and tuning for those eligible households in a heat or heat related energy emergency.

### **Temporary Assistance (TA)**

Temporary Assistance (TA) has tags '#Columbia County, #Financial Benefits, #Financial Assistance, #rent assistance, #Temporary assistance'

A form of temporary financial assistance available for children, families, and single individuals that are in need. This program may be able to assist you if you are unable to work, cannot find a job or your income does not meet your basic needs. Temporary Assistance may be able to help pay for expenses such as food, clothing, rent/mortgage, heat, and utilities.

#### **Community Medicaid**

Community Medicaid has tags '#Columbia County, #Medicaid, #apply for medicaid, #Health Insurance, #Managed Care'

Health insurance based on income, resources, and other eligibility requirements for low-income New York State residents who do not have health insurance or cannot afford health insurance. Community Medicaid provides coverage for many different types of medical care except for

Nursing Home and Long-Term Care Coverage.

#### **Chronic Care Medicaid**

Chronic Care Medicaid has tags '#Columbia County, #Medicaid, #health insurance'

Insurance coverage for individuals that do not have health insurance and are in a Nursing Home or a Long-Term Care Program. Chronic Care Medicaid eligibility is based on income, resource, and other eligibility requirements.

#### The Resource/Fraud Department

The Resource/Fraud Department has tags '#Columbia County, #Fraud'

Responsible for a variety of tasks such as calculating over-payments and investigating welfare fraud allegations. This department also handles the request for assistance with Burials for the indigent.

#### The Child Support Unit

The Child Support Unit has tags '#Columbia County, #Family Services'

Provides custodial parents with assistance in obtaining financial support and medical insurance coverage for their children by locating parents, establishing paternity, establishing support orders, and collecting and distributing child support payments.

# **Columbia County Drug Court**

Columbia County Drug Court has tags '#Columbia County, #Substance Use Disorder, #Addiction, #Legal Assistance'

401 Union Street, Hudson, NY 12534

Phone: 518-267-3164
Contact: Gwendolyn Avent
Email: gavent@nycourts.gov

**Services Provided:** 

Defendants facing felony or misdemeanor charges where drug addiction is a component of their offense may be eligible to participate in a criminal DTC program. Those who successfully complete their drug treatment court program may have their charges dismissed or reduced or may receive a reduction in their sentence. In October 2009, a new law, Criminal Procedure Law, Article 216: Judicial Diversion Program for Certain Felony Offenders, authorized a court to divert eligible felony offenders into substance abuse treatment programs. Young Adult Drug Treatment Courts are operational in several of the criminal courts. These courts target defendants in the 18 - to 24-year-old population.

#### **Juvenile Drug Treatment Courts**

Participants in the juvenile drug treatment courts (JDTC) are facing either Juvenile Delinquency (JD) or Person In Need of Supervision (PINS) petitions in the Family Court where substance abuse forms some component of the pending petition. Successful participation in the juvenile drug treatment court program generally results in the dismissal of the pending petition.

# **Columbia County Fair Housing Office**

Columbia County Fair Housing Office has tags '#Columbia County, #Housing, #Eviction, #Tenant Rights'

Theresa Joyner, Fair Housing Officer

Appointed Term: January 1, 2024 - December 31, 2025

Email: fairhousing@cityofhudson.org

**Phone:** (518) 303-3613

Website: https://www.hudsonny.gov/departments/mayor s office/fair housing office.php

Services Provided: If you believe you have experienced housing discrimination in Hudson you

may complete a "fair housing grievance form on the above website. Please note that

submissions to this form will be received and reviewed by Hudson's Fair Housing Officer, who may in turn direct grievances to other resources and officials in Hudson and Columbia County.

# **Columbia County Food Pantries**

Columbia County Food Pantries has tags '#Columbia County,#Food Pantry, #Food Security Services'

Website:https://regionalfoodbank.net/find-nearest-agency/

#### **Zion Community Food Pantry**

Bliss Towers 41 N. Second St., Hudson, NY 12534

Phone: 518-610-1980

Open 2nd and 4th Tuesday of the month: 5:30 pm – 6:30 pm Open 1st and 4rd Friday of the month:12:00 pm – 1:00 pm

'#Columbia County, #Food Pantry'

#### Catholic Charities of Columbia/Greene Counties

431 E. Allen St., Hudson, NY 12534

Phone: 518-828-8660 Monday 9:00 AM - 12:00 PM

Wednesday 12:00 PM - 5:00 PM '#Columbia County, #Food Pantry'

#### **Charlie's Pantry**

732 US Route 20, New Lebanon, NY 12125

Phone: 518-794-0156

Open Saturdays: 10:30 am - 1:00 pm

Need Photo ID and proof of residency living within New Lebanon School District

'#Columbia County, #Food Pantry'

#### **Chatham Area Silent Pantry**

Tracey Memorial Village Hall, 77 Main St. Chatham, NY 12037

Phone: 518-392-7794

Open Mondays: 10:00 am – 12:00 pm Open Tuesdays:10:00 am – 12:00 pm Open Thursdays: 4:00 pm – 6:00 pm Open Fridays:10:00 am – 12:00 pm '#Columbia County, #Food Pantry'

#### **Church of St. Joseph Food Pantry**

2824 Atlantic Ave. Stottville, NY 12172

Phone: 518-799-5411

Open Second Friday of the month: 1:30 pm -3:30 pm

'#Columbia County, #Food Pantry'

#### **Columbia Opportunities**

540 Columbia Street, Hudson, NY 12534

Phone: 518-828-4611

Open Mondays - Fridays: 9:30 am - 3 pm

'#Columbia County, #Food Pantry'

#### **Elizaville Food Pantry**

740 County Route 2, Elizaville, NY 12523

Phone: 845-756-5602

Open Wednesdays: 9:00 am - 11:00 am

\*additional distributions two times a month; call for dates

'#Columbia County, #Food Pantry'

#### **Germantown Community Cupboard**

20 Church Ave., Germantown, NY 12526

Phone: 518-537-6388

Open Wednesdays: 1:00 pm – 4:00 pm '#Columbia County, #Food Pantry'

#### **Ghent Food Pantry**

2306 Route 66, Ghent, NY 12075

Phone: 518-392-4644

Open Monday- Thursday: 9:00 am - 12:00 pm

'#Columbia County, #Food Pantry'

#### **Mellenville Philmont Food Pantry**

Claverack Town Offices, 91 Church St., Mellenville, NY 12544

Phone: 518-672-7911

Open Tuesdays:10:30 am - 11:30 am/5:30 pm - 6:30 pm

'#Columbia County, #Food Pantry'

#### **Neighbors Helping Neighbors Food Pantry**

Ancramdale Presbyterian Church, 15 County Road 8, Acramdale, NY 12503

Phone: 518-329-7306

Open Mondays: 2:00 pm – 5:00 pm "#Columbia County, #Food Pantry"

#### **Rock Solid Church Food Pantry**

Rock Solid Church, 334 Union Street, Hudson, NY 12534

Phone: 518-828-2444

Open Thursdays 11:30 am-1:30 pm '#Columbia County, #Food Pantry'

#### **Salvation Army**

40 S. Third Street, Hudson, NY 12534

Phone: 518-822-1602

Open: Friday 7:30 am-10 am '#Columbia County, #Food Pantry'

# Salvation Army: Hudson Friendly Kitchen

40 S. Third Street, Hudson, NY 12534

Phone: 518-822-1602

Open Lunch Monday - Friday: 11:30 am - 12:30 pm

'#Columbia County, #Food Pantry'

### **Alliance For Positive Health**

160 Fairview Ave., Hudson, NY 12534 Phone: (518) 828-3624 Open Monday: 10 am-2 pm Wednesday 10 am-2 pm Friday 10 am-2 pm '#Columbia County, #Food Pantry'

### **Valatie Ecumenical Food Pantry**

3212 Church Street, Valatie, NY 12184 Phone: 518-755-3176 Monday 12:00 PM - 2:00 PM Wednesday 6:00 PM - 8:00 PM Saturday 9:00 AM - 11:00 AM '#Columbia County, #Food Pantry'

### **Columbia County Recovery Kitchen**

Meals are delivered within Columbia County

Phone: 518-929-7528

Monday-Friday 8:00 AM - 2:00 PM '#Columbia County, #Food Pantry'

### Our Lady of Hope - Copake Falls

9074 State Route 22, Copake Falls NY 12517

Phone: (518)329-4711

Please Note: Open on the last Wednesday of the month

Wednesday 1:00 PM - 4:00 PM '#Columbia County, #Food Pantry'

## **Veterans Food Pantry**

389 Fairview Ave Hudson, NY 12534 M-F 9:30-1:30 and starting Jan 10th it will be open on Friday 10-1.

# **Columbia County Office for the Aging**

Columbia County Office for the Aging has tags '#Columbia County, #Services for Seniors, #medical transportation, #non-medical transportation, #Food Security Services, #HEAP, #In-Home care. #Health insurance'

**Contact:** Nina Benvenuto, Administrator

Email: nina.benvenuto@columbiacountyny.com

General Email: ofa@columbiacountyny.com

Website: https://sites.google.com/a/columbiacountyny.com/columbia-county-office-for-the-

aging/

http://www.columbiacountyny.com/depts/ofa

Facebook: https://www.facebook.com/profile.php?id=100064939502909

**Services Provided:** The Columbia County Office for the Aging is committed to assisting our older citizens to remain in their own homes and to actively participate in family and community life. We offer a range of community-based and home care services for matters related to aging. For more detailed information, please contact our office. Staff can help you select the most appropriate type of assistance to meet your individual needs.

- General Information & Assistance
- Home-Delivered Meals
- Senior Community Centers:
  - o Canaan
  - o Copake
  - o Hudson
  - o Livingston
  - o Philmont
  - o Stuyvesant
  - o Valatie
- Case Management
- Transportation
- In-Home Services
- Caregiver Respite & Support
- Nutrition Education & Counseling
- Shopping Assistance
- Socialization & Connection
- Health Insurance Information Counseling & Assistance Program
- Legal Assistance
- Housing Information
- Home Energy Assistance Program
- Volunteer Opportunities
- Farmers' Market Coupons
- Senior Safety Related Services
- Scam Prevention, Fall Prevention, etc.
- NY Connects

**Hours:** Monday – Friday, 8 am – 4 pm.

**Target population:** Columbia County residents, age 60+.

**Eligibility criteria:** Eligibility varies by program, 60 years of age and older. **How to apply for services:** Contact the Office for the Aging at 828-4258.

# **Columbia County Pathways to Recovery (CCPR)**

Columbia County Pathways to Recovery has tags '#Columbia County, #Access to Harm Reduction Supplies, #Certified Peer Services, #Support groups, #Sober Events, #Addiction #Substance Use Disorder, LGBTQIA2S+'

#1 Taconic Place, Chatham, NY 12037

**Phone:** (518) 966-2775

Email: columbiapathwaystorecovery@gmail.com

Website: http://pathwaystorecovery.org/wp/2017/05/07/columbia-pathways-to-recovery-cpr/

Facebook: @columbiapathwaystorecovery

**Services Provided:** CCPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to substance use in Columbia County. The Recovery Community Outreach Center is open to the public and offers services for those who seek support, relief and recovery from substance dependencies.

For Meeting and Event Schedule: http://pathwaystorecovery.org/wp/calendar/

# **Columbia County Public Transportation (Johnston Transportation)**

Columbia County Public Transportation has tags '#Columbia County, #Transportation Services, #Bus, #Public transportation'

Mailing Address: PO Box 635, Hudson, NY 12534

**Phone:** 518-672-4901

View Schedule: Columbia County Public Transportation

#### **FARE RATES**

#### **Cash Fare Rates Consumer Rates**

Hudson-Greenport \$1.00 Hudson Albany \$40.00 Hudson-Columbiaville \$2.00 Columbiaville Albany \$38.00 Hudson-Kinderhook \$2.00 Kinderhook Albany \$36.00

Hudson-Valatie \$2.00 Hudson-Albany \$5.50 Columbiaville-Kinderhook \$2.50 Columbiaville-Valatie \$2.00 Columbiaville-Albany \$5.00

Kinderhook-Albany \$4.50

Valatie-Albany \$4.50 **Southern County and Philmont Bus Route Fares**\$2.00 Each way for all passengers

**Hudson - Greenport Shopping Shuttle** \$1.00 Each Ride

# **Columbia County Sanctuary Movement**

Columbia County Sanctuary Movement has tags '#Columbia County,#Immigrant Services, Legal services, #Green card, #Citizenship'

Phone: (518) 303-3848 Contact: Wheeler Brown

Email: wheeler@sanctuarycolumbiacounty.org

General Email: <u>sanctuarycolumbiacounty@gmail.com</u> Website: <u>https://www.sanctuarycolumbiacounty.org/</u>

**Services Provided:** Bilingual classes, Asylum Seeker Support, Food Support, Legal Program (including case management and systems navigation; referrals to pro-bono legal organizations and/or trusted private attorneys; accompaniment for court appointments, transportation, and preparation; access to bilingual notaries; interpretation between clients and attorneys; coordinating cases between criminal and immigration attorneys; free legal clinics with partner organizations; post-sentencing support).

### **Neighbor to Neighbor Fund:**

Neighbor to Neighbor Fund has tags '#Columbia County, #Immigrant Services, #Financial benefits'

The Neighbor-to-Neighbor Fund, a partnership between Columbia County Sanctuary Movement and the Berkshire Taconic Community Foundation, offers assistance to individuals and families in crisis. These grants most commonly range between \$100 to \$500 with larger amounts granted for exceptional circumstances. Grant funds can be used to pay for medications, health-related emergencies, car repairs, rent, utility payment, etc. and are distributed directly to the vendor (landlord, mechanic, pharmacy etc.) CCSM's Neighbor to Neighbor program is open ONLY to immigrants living in Columbia and Dutchess County. For assistance applying, contact Juan Flores at 518-537-4337.

Application: https://www.sanctuarycolumbiacounty.org/civicrm/profile/create?gid=41&reset=1

- Bill or proof of what is needed is asked to be brought into CCSM or sent in electronically.
- Tries to focus assistance on undocumented individuals/individuals here on temporary status
- Translation services.
- \$10/page as a way to increase funds coming into the agency.
- Legal assistance

- Rent assistance
- Housing needs
- Discretionary needs
- Medical bill assistance

# **Columbia County Veterans Service**

Columbia County Veterans Service has tags '#Columbia County, #Services for Veterans, #Transportation, #support groups, #Food Pantry, #Food security services'

389 Fairview Ave, Hudson, NY 12534

**Phone:** (518) 828-3610 office **Contact:** Rachel Hamilton, Director Aneli Poland. Deputy Director

Email: rachel.hamilton@columbiacountyny.com or aneli.poland@columbiacountyny.com

**Objectives:** Providing maximum services to veterans and active duty members.

**Services provided:** Assistance with submitting claims for all veterans' benefits, assist veterans returning from the war zones with re-integration into the community/family, provide mentoring in the courts for any veteran who has been in trouble with the law and has issues with their war experiences, assist with arranging funerals, helping veterans' widows with the benefit process, participate in the Battle Buddy Program, coordinate with the Veterans' Administration for all services veterans are entitled to, provide daily transportation to/from VA Hospital appointments to include wheelchair bound.

### **Dwyer Peer to Peer Program**

Dwyer Peer to Peer Program has tags '#Support groups, Veteran Services, #Columbia County'

The Pfc Dwyer Peer-to-Peer Program exists to support Veterans facing the challenges of Post-Traumatic Stress Disorder (PTSD), Traumatic Brain Injury and depression. The PFC Dwyer Family Room and the Peer-to-Peer program are part of this program.

**Transportation:** Columbia County Veterans Services Agency provides transportation to and from the Stratton VA Medical Center in Albany, NY five (5) days a week - Monday through Friday. We currently have two (2) vans in service, including a bus which has 16 seats and two (2) wheelchair slots.

There are van stops throughout Columbia County (see van schedule below for times and locations.) All Columbia County veterans are eligible to receive this free service. Spouses or other family members may accompany the veteran if space allows.

The van leaves the VA Medical Center for the return trip to Columbia County when the last veteran is ready, but no later than 3:00pm. For this reason, try to schedule your appointments for the morning hours.

Van Schedule: <a href="https://veterans.columbiacountyny.com/transportation">https://veterans.columbiacountyny.com/transportation</a> **Hours:** Director and/or Deputy Director are available Mon-Fri 8am-4pm

Target population: Veterans, their families and widows.

Eligibility: As determined by the Department of Veteran Affairs.

# **Columbia County Youth Bureau**

Columbia County Youth Bureau has tags '#Columbia County, #Services for Families, #Children's Services'

25 Railroad Avenue, PO Box 458, Hudson, NY 12534

**Phone:** (518) 828-9411 **Fax:** (518) 828-5401

**Contact:** Dan Grandinetti, Executive Director **Email:** <a href="mailto:youthbureau@columbiacountyny.com">youthbureau@columbiacountyny.com</a>

**Objectives:** Established for the purpose of planning, coordinating and supplementing the activities of public, private and religious agencies devoted to the welfare and protection of all

youth, age birth to 21.

**Services provided:** No direct services – administrative.

**Hours:** Monday – Friday, 8 am – 4 pm. **Target population:** Youth, up to age 21.

**Eligibility:** NFP agency status.

How to apply for services: Request for proposals – must be not-for-profit agency/program.

# Columbia Opportunities, Inc. (COI)

Columbia Opportunities, Inc. has tags '#Columbia County,#social determinants of health, #Financial Benefits, #Housing, #Daycare, #educational services, #Employment Services, #children's services,#utilities assistance, #HEAP, #home repair, #weatherization, #Food Pantry,#Immigrant Services, #GED #Services for families', #Food Security Services, #emergency assistance'

#### 540 Columbia Street, Hudson, NY 12534

Phone: (518) 828-4611, x-228 Fax: (518) 828-4614 Toll-Free: 1-888-565-1240

Website: <a href="www.columbiaopportunities.org">www.columbiaopportunities.org</a>
Contact: Tina M. Sharpe, Executive Director
Email: <a href="mailto:tsharpe@columbiaopportunities.org">tsharpe@columbiaopportunities.org</a>

**Objectives:** Columbia Opportunities' mission is to help solve poverty related problems in our community. Our goal is to provide opportunities to families and individuals so they may attain the skills, knowledge and resources they need to become self-reliant.

**Services provided:** Child care; child development; crisis intervention; educational services; emergency services; financial assistance; information/referral; parenting support; transportation; volunteer opportunities; youth program; housing assistance; emergency food; weatherization.

**Hours:** Monday – Friday, 8:30 am – 4:30 pm.

Target population: Low-income individuals and families of all ages in Columbia County.

# **Community Services Program**

Community Services Program has tags '#Columbia County, #Financial Benefits, #Services for families, #housing, #Food security services, #social determinants of health'

**Contact:** Latasha Michael

**Email:** <a href="mailto:lmichael@columbiaopportunities.org">lmichael@columbiaopportunities.org</a></a>
540 Columbia Street, Hudson, NY 12534

**Phone:** (518) 828-4611, x- 208 **Fax:** (518) 828-4614

**Objective:** To provide emergency intervention for food and shelter needs, problem solving for income and family issues, and advocacy to ensure that individuals and families have access to all available and necessary assistance.

**Services provided:** Crisis intervention, financial assistance, emergency food, information and referral. COI offers limited financial assistance for a variety of emergency needs in partnership with the Berkshire Taconic Foundation Neighbor-to-Neighbor Fund and the Hudson River Bank & Trust Foundation. Customers have access to telephones and the internet to assist with job and housing searches and to arrange for social service and medical appointments.

**Hours:** Monday – Friday, 8:30 am – 4:30 pm.

## Family Literacy Program

Family Literacy Program has tags '#Columbia County, #Family Services, #educational services, #Children's services, #Immigrant services, #GED'

541 Warren Street, Hudson, NY 12534

Phone: (518) 828-8951

**Objective:** This program supports and guides adult and adolescent learners as they meet their educational and vocational goals. It also helps to develop the home as a learning environment for everyone in the family.

**Services provided:** Through a collaboration with local and community-based programs, the Family Literacy Program offers literacy services to families. Services for children include after school small group tutoring, Family Literacy Nights, and summer enrichment activities. Adult learners can participate in home visits, English as a new language (ENL) classes, and High School Equivalency programs. Some translation services are offered.

**Hours:** Vary according to the needs of the families served.

# COI- Early Literacy and Learning Network of Columbia County (ELLN)

COI- Early Literacy and Learning Network of Columbia County (ELLN) has tags '#Columbia County, #Educational services, #Children's services'

541 Warren Street, Hudson, NY 12534

Phone: (518) 828-8951

**Objective**: The goal of the ELLN is to increase community knowledge of the importance of early literacy and to strengthen, expand and connect quality early educational opportunities in the continuum of care for young children and families.

**Services Provided:** Our main service is to provide information and literacy resources to

agencies and families with young children, ages 0-8. We provide professional development trainings for local agencies and schools about the importance of early literacy and learning, as well as conduct literacy focused after-school activities for children in grades K-2.

#### **Head Start**

Head Start has tags '#Columbia County, #Children's services, #Daycare'

540 Columbia Street, Hudson, NY 12534

**Phone:** (518) 828-6312, x-220 **Fax:** (518) 828-4614 **Toll-Free:** 1-888-565-1240

Contact: Cindy Andrus

Email: candrus@columbiaopportunities.org

**Objective:** This comprehensive early childhood education program provides three (3) and four (4) year old children and their families a head start for the years to come through education, social, health, nutrition, and support services.

**Services provided:** Education, social, health, nutrition, and support services. Home based, combination, and center-based services are provided throughout Columbia County. Head Start classrooms are currently located in: Chatham, Philmont, Craryville, Valatie, and Hudson. Income eligibility guidelines must be met.

**Office hours:** Monday – Friday, 8:30 am – 4:30 pm. Classroom schedules vary according to location.

### **Home Energy Assistance Program (HEAP)**

Home Energy Assistance Program (HEAP) has tags '#HEAP, #Columbia County, #Financial benefits, #Utilities Assistance'

540 Columbia Street, Hudson, NY 12534

**Phone:** (518) 828-4611, x-202 **Fax:** (518) 828-4614 **Toll-Free:** 1-888-565-1240 **Objective:** Columbia Opportunities, Inc. is an alternate certifier for the Home Energy Assistance Program (HEAP) providing easier access to benefits for eligible households. **Services provided:** During the heating season, COI accepts HEAP applications from Columbia County residents from November through March. This program provides help with a household's annual energy costs. HEAP also offers an emergency benefit. People may apply in person or by mail. Through a partnership with HeartShare Human Services of NY, COI also serves as an intake site for the National Grid Care & Share Program. The Care & Share Energy Fund is designed to provide limited financial assistance to HEAP eligible households in National Grid's New York service area who are experiencing an energy-related emergency. People may apply by appointment.

**Hours:** Monday – Friday, 8:30 am – 4:30 pm. Evening hours available during the heating season.

### **Voluntary Income Tax Assistance Program (VITA)**

Voluntary Income Tax Assistance Program (VITA) has tags '#columbia county, #Tax preparation'

540 Columbia Street, Hudson, NY 12534

**Phone:** (518) 828-4611, x-228 **Fax:** (518) 828-4614

**Contact:** Tina Sharpe, Executive Director **Email:** <a href="mailto:tsharpe@columbiaopportunities.org">tsharpe@columbiaopportunities.org</a>

**Objective:** The VITA program provides free tax preparation assistance to taxpayers who cannot afford the services of a paid tax preparer. Special attention is given to low income working parents and individuals who are eligible for the Earned Income Credit.

Services provided: Free tax preparation by IRS certified volunteers, electronic filing of tax

returns, and direct deposit of tax refunds. Income guidelines must be met.

**Hours:** Evening hours during the tax season; scheduled appointments between 8:30 am and 4:30 pm year round.

### **Weatherization Program**

Weatherization Program has tags '#Columbia County, #weatherization, #Home repair, #HEAP'

PO Box 88, 2 Rock Street, Philmont, NY 12565

**Contact:** Gloria Vicenti

Email: gvicenti@columbiaopportunities.org

Objective: Assist Columbia County residents to make energy efficiency improvements to their

homes.

#### **Weatherization Assistance Program**

This program helps income-eligible households by reducing their energy costs and improving the safety of their homes through the installation of energy efficiency measures. Both single-family and multi-family buildings may be weatherized. Services are available to homeowners, renters and landlords with income eligible tenants. Income eligibility guidelines must be met.

#### **EmPower New York Program**

This program also assists households with a limited income to take control of their energy use. COI will evaluate the home and provide energy efficiency services such as high-efficiency lighting, refrigerator replacement, and insulation. This program is also available to people who may have received our regular weatherization services in the past.

#### **NYSERDA Home Performance with Energy Star Program**

This program offers valuable financial cash back incentives, grants, and low interest financing that help make energy efficiency improvements affordable for most people. COI can work with homeowners with an annual gross income up to \$284,000. Free energy audits are available if the annual household income is less than \$142,000.

**Hours:** Monday – Friday, 8 am – 4 pm.

**How to apply for services:** Contact the program for applications.

### **Emergency Assistance**

Emergency Assistance has tags '#Columbia County, #Financial benefits, #Emergency assistance'

- -Prioritize families that live under 200% of the poverty guidelines
- -There is no citizenship requirements for most COI Programs
- -Ask that applicants first try CCDSS

- -Generally must be a resident of Columbia County
- -Criteria may vary according to the funding source
- -People can make initial contract with COI through the website using the contact link
- -Contacts can also be made by phone or email
- -Individuals generally meet with a member of the program staff and fill out a data collection form
- -There is a form that needs to be filled out for the Essential Items Program.
- -Proof of income is preferred but will accept self attestation form
- -Some type of Photo ID for everyone in the house
- -DSS denial letter when appropriate
- -Verification of expense such as estimate, landlord letter (we have a form)
- -Landlord/Vendor must provide their SSN or tax ID # so we can issue a 1099.
- -Emergency Food Pantry
- -Short term emergency assistance which may include
- -Security Deposit
- -Rent
- -Utility/Heating Bills
- -Family Emergencies

Call COI at (518) 828-4611 Contact for emergency assistance is Taylor Downey

# **Clearwater Counseling Associates**

Clearwater Counseling Associates has tags '#Columbia County, #Mental Health Services, #Therapy, #Group therapy, #sex offender services'

160 Fairview Ave. #99, Hudson, NY 12534

Phone: 518-245-6272 Option 3

Fax: (518) 721-8343

Contact: Jules Canez, LCSW-R

Email: clearwatercounselingassociates@gmail.com

Website: https://www.clearwaterpllc.com/

Services Provided: Individual Therapy

Our therapists have been working in the field for over 20 years. We use an eclectic approach using Cognitive-Behavioral Therapy, Rational Emotive Behavioral Therapy, Dialectical Behavioral Therapy and Psychodynamic Therapy. We treat a wide variety of issues including anxiety, depression, grief and loss, anger management, impulse control problems, individuals with developmental disabilities and psychiatric conditions. We are now offering telehealth services for all of New York State!

#### **Group Therapy**

Benefits of group therapy include realizing you're not alone, giving and receiving support, finding your voice, and relating to others and yourself in healthier ways.

ÍNSURANCES ACCEPTED: Fidelis|BCBS|MVP|CDPHP|Aetna|Cigna|Emblem Health|NYSHIP Empire Plan

# **Devereux**

Devereux has tags '#Columbia County, #Residential Services, #Services for people with Developmental Disabilities'

40 Devereux Way, Red Hook, NY 12571

**Phone**: 845-758-1899 **Fax**: 845-758-1817

Contact: Email:

Website: devereux.org

**Objective:** To change lives by unlocking and nurturing human potential for people living with emotional, behavioral or cognitive differences.

**Services Provided**: Devereux provides a wide range of educational, clinical, residential and community-based programs and services to children and adults - ages five to 21 - with intellectual and/or developmental disabilities, autism spectrum disorders, emotional and behavioral differences, and dual diagnoses.

**Eligibility:** Referrals to children's programs occur through the child's school district. Please contact your local CSE for more information. Referrals to adult programs occur through the Office for people with Developmental Disabilities (OPWDD).

**How to apply for services**: Please contact your Medicaid Service Coordinator (MSC) or Developmental Disability Regional Office (DDRO) for more information.

# **Galvan Housing Resources of Columbia County**

Galvan Housing Resources of Columbia County has tags '#Columbia County, #Affordable housing, #Housing'

64 Green St., Hudson, NY 12534

**Objective:** To provide decent, safe, affordable housing to Columbia County residents.

Services provided: Affordable Rentals, Home Improvement Program, First Time Home Buyer

Education, Credit Counseling, and Foreclosure Prevention Services.

**Hours:** Monday – Friday, 9 am – 4 pm. **Target population:** Low to moderate income.

How to apply for services: Call the office for information.

# **Greater Hudson Promise Neighborhood, Inc.**

Greater Hudson Promise Neighborhood, Inc. has tags '#Columbia County, #legal assistance, Inmate Services, #Financial Benefits, #Children's Services, #rent assistance, #Services for Families'

369 Warren St., Hudson, NY 12534

Phone: (518) 929-7732

Contact: Joan E. Hunt/Adolfo Lopez

Email:adolfo@greaterhudsonpromise.org\_joan@greaterhudsonpromise.org\_

Website: https://greaterhudsonpromise.org/

Facebook: Greater Hudson Promise Neighborhood

Instagram: greaterhudsonpromise

**Twitter:** hudsonpromiseny **Tiktok:** greaterhudsonpromise

**Objectives:** To create sustainable school-community solutions for children and families within the Hudson City School District through partnerships that value our diverse community and unify efforts to improve academic achievement, strengthen parental engagement, promote physical, emotional and social well-being, develop leaders for 21<sup>st</sup> Century careers; and establish safe, healthy environments.

#### Services provided:

# **Emergency Rent Assistance**

Emergency Rent Assistance has tags '#housing, #rent assistance, #columbia county, #social determinants of health'

Contact: Aisia Smith, Director of Family and Community Initiatives

P: (518) 212-7514

Email: aisia@greaterhudsonpromise.org

Contact us for a Google Form Link. Quick application process, applications are reviewed by our team bi-weekly and we are able to make a determination on whether we can assist with the relevant need. We contact every applicant after the review process, whether we can provide assistance or not.

**Emergency Rent Assistance:** 

https://forms.gle/2BtSVGHDp2q7sg5j8

#### **Discretionary Fund**

Contact us for a Google Form Link. Quick application process, applications are reviewed by our team bi-weekly and we make a determination on whether we can assist with the relevant need. Determinations are made on a case by case basis and assistance is not guaranteed. We contact every applicant after review process, whether we can provide assistance or not <a href="https://forms.gle/7mmvuPyJo6HNgeb48">https://forms.gle/7mmvuPyJo6HNgeb48</a>

- -We do require receipts and/or invoices for discretionary requests.
- -We do not require documentation for rental assistance, but we do coordinate directly with landlords to confirm information.
- -Funeral assistance is flexible and can include expenses such as repass/burial etc.

Link: https://forms.gle/3P5xsadGFsUw8Wrb8

### **Enhanced Visits**

Enhanced Visits has tags '#Family services, #Children's services, Inmate Services, #Columbia County'

If you or someone you know has a parent that is incarcerated at Columbia County Jail, we want

to help! GHPN hosts enhanced child visits on Tuesdays and Fridays, with virtual sessions available also. Additionally, if your family has been impacted by the justice system and someone you love is in the New York State Prison system, please contact our offices to see how we can be of help with: the cost of phone calls, visiting expenses, or package expenses

# H.O.S.T. (Hudson Out of School Time) Collaborative

H.O.S.T. (Hudson Out of School Time) Collaborative has tags '#Columbia County, #Children's services'

This initiative brings together over 25 organizations in the Hudson community that offer programs for children outside of school time to coordinate programs and services.

# **Great Hudson Initiative for Children with Incarcerated Parents (GHICIP)**

Great Hudson Initiative for Children with Incarcerated Parents (GHICIP) has tags' #Columbia County, #Children's services, #Inmate Services'

Bringing together various stakeholders, this initiative supports children impacted by incarceration through education, programming, and policy changes that strengthen families and communities in the Greater Hudson area.

### TeamTam After-School

TeamTam After-School has tags '#Children's services, #Columbia County'

The TeamTam After-School Program is an after school program that provides academic, social and emotional support to students in the Hudson City School District, from Kindergarten through their senior year of high school. The TeamTam After-School Program employs a strengths-based philosophy and works with students on an individual basis to help manage assignments and set achievable goals for themselves. Positive rewards systems are utilized to motivate students to work towards higher standards. On average, Promise After School serves 20 children and adolescents from the Hudson City School District per day.

# **Community Court Advocacy Program (CCAP)**

Community Court Advocacy Program (CCAP) has tags '#Columbia County, #Legal assistance'

Upon referral from the Hudson City Courts, individuals meet with us to go over their options, make their voices heard, and go over a course of action for moving forward. We strive to meet individuals where they are in life and help them navigate how to get where they want to be. We know that navigating through the court systems and finding proper programming can at times be stressful, so we strive to make the process easier for individuals. We also operate a peer-to-

peer mentor/support program for people reentering society after having served time in prison and/or jail.

### Talk, Read, Sing

Talk, Read, Sing has tags '#Columbia County, #Children's services'

Our goal is to increase literacy skills in young children, starting at birth, so they're ready to learn in Kindergarten. We believe that parents and families are a child's first and most important teachers and that together we can create a generation of readers and lifelong learners. This is a collaborative effort with many organizations and agencies throughout Columbia County.

Office Hours: Monday – Friday, 10 am – 6 pm

Target population: Children and families in the Hudson City School District.

**How to apply for services:** Please call or email above contacts for additional information.

# **Habitat for Humanity & ReStore**

Habitat for Humanity & ReStore has tags '#Columbia County, #Housing, #Discounted Home Goods'

829 State Route 66. Hudson, NY 12534

**Phone:** 518-828-0892

Website: www.columbiacountyhabitat.org

**Objectives:** Columbia County Habitat builds and provides, through no-interest mortgages, safe, affordable sustainable housing to working families living in substandard housing. Columbia County Habitat is committed to building affordable housing that also gives families long-term financial stability by lowering the costs of home maintenance and operation.

**Services provided:** We operate a ReStore in Hudson, which sells donated new and gently – used furniture, appliances, building materials and more to encourage recycling and reuse as well as generate funds to support construction.

**Hours:** Habitat offices (Monday – Friday, 9 am to 5 pm); ReStore (Tuesday – Saturday, 10 am to 5 pm).

**Target population:** Prospective Habitat homeowners 20 to 60% of Columbia County AMI; ReStore open to general public.

**Eligibility criteria:** For housing -- income, need for housing, and willingness to partner. **How to apply for services:** To apply for a home, volunteer or donate to ReStore, call 828-0892 or visit our website.

### The Healthcare Consortium

Healthcare Consortium has tags '#Columbia County, #Medicaid, #Transportation, #Health Insurance, #Health insurance navigator, #Case Management, #Financial Benefits, #Medical Transportation, #Transportation'

325 Columbia Street, Suite 200, Hudson, NY 12534

**Phone:** (518) 822-8820 **Fax:** (518) 828-1479

Website: www.columbiahealthnet.org
Contact: Claire Parde, Executive Director
Email: cparde@columbiahealthnet.org
General Email: ccchc@columbiahealthnet.org

Objectives: Improving access to healthcare and supporting the health and well-being of the

people in our rural community

**Services provided:** Door-to-door non-emergency medical transportation; health insurance enrollment services for individuals, families and small businesses applying for health insurance on the New York State of Health Marketplace; access to no or low-cost prescription medications; and financial assistance for individuals experiencing hardship due to illness.

**Hours:** Monday – Friday (except holidays), 8:30 am – 4 pm

Target population: Uninsured, underinsured, economically disadvantaged or otherwise

underserved residents of both Columbia and Greene Counties.

Eligibility criteria: Varies by program

How to apply for services: By phone or in person. Please call, email or stop by for information

and scheduling.

# Children and Adults Rural Transportation Service (C.A.R.T.S.)

Children and Adults Rural Transportation Service (C.A.R.T.S.) has tags '#Columbia County, #Medical transportation, #Transportation'

**Phone:** (518) 822-8020 **Fax:** (518) 828-1479

Contact: Jim Funk, Transportation Program Director

Email: jfunk@columbiahealthnet.org

Objectives: To provide door-to-door, non-emergency medical transportation for Columbia

County residents of every income, age and ability

Services provided:

Door-to-door, non-emergency medical transportation.

**Hours:** Monday – Friday, 8 am – 4 pm

Target population: Anyone for whom a lack of transportation creates a barrier to accessing

care

Eligibility criteria: Must be a Columbia County resident

How to apply for services: Please call for information and scheduling

# **Navigator Program**

Navigator Program has tags '#Columbia County, #Medicaid, #Health insurance, #Health insurance navigators'

**Phone:** (518) 822-9600 or (800) 980-5530

**Fax:** (518) 828-4015

**Contact:** Doreen Rodrigues

Email: nmclaughlin@columbiahealthnet.org

**Objectives:** To assist individuals, families, small businesses and small business employees in Columbia and Greene Counties with shopping for, comparing, and enrolling in quality, affordable health insurance, including Medicaid, Child Health Plus and the Essential Plan, through the New York State of Health: the Official Health Plan Marketplace. Navigators can also assist with applying for financial assistance to help pay for coverage. Navigator services are free of charge.

**Services provided:** To assist individuals, families, small businesses and small business employees in Columbia and Greene Counties with shopping for, comparing, and enrolling in quality, affordable health insurance, including Medicaid, Child Health Plus and the Essential Plan, through the New York State of Health: the Official Health Plan Marketplace. Navigators can also assist with applying for financial assistance to help pay for coverage. Navigator services are free of charge.

**Hours:** Monday – Friday, 8:30 am – 4 pm; some evening and weekend hours.

Target population: Uninsured and underinsured individuals, families, small businesses and

small business employees in Columbia and Greene Counties.

How to apply for services: Please call or stop by for information and scheduling.

### **NY Connects, Columbia County**

NY Connects, Columbia County has tags '#Columbia County, #Case Management'

**Phone:** (518) 822-8820, x-308

Fax: (518) 828-1479 Contact: Rachel Cole

Email: rcole@columbiahealthnet.org

**Objectives:** NY Connects, Columbia County provides free information, referrals, and assistance to individuals in need of the long-term community based services and supports that will enable them to live safely and independently at home

**Services provided:** Provides information on services currently available, such as home care, personal care, transportation, home delivered meals, therapy visits, respite and palliative care, counseling and support, housing options, and more; referrals to agencies that may help in the care of loved ones; assistance in obtaining services.

**Hours:** Monday – Friday, 8:30 am – 4 pm

**Target population:** The elderly and disabled of all ages in Columbia County **How to apply for services:** Please call or email for information and scheduling

### **Prescription Access and Referral Program**

Prescription Access and Referral Program has tags '#Columbia County, #Financial benefits'

**Phone:** (518) 822-8820, x-308

Fax: (518) 828-4015

Contact: Rachel Cole, Consumer Assistance Programs Assistant

Email: rcole@columbiahealthnet.org

Objectives: To help residents of Columbia, Greene and northern Dutchess Counties obtain

needed prescriptions if they are unable to afford them or lack prescription coverage.

**Services provided:** Access to low or no-cost prescription medications by the provision of direct financial assistance, assistance applying to patient assistance programs, and information and

referral to other resources.

**Hours:** Monday – Friday, 8:30 am – 4 pm

Target population: Residents of Columbia, Greene and northern Dutchess Counties

How to apply for services: Please call or email for information and scheduling

#### **Financial Assistance Funds**

Financial Assistance Funds has tags '#Columbia County, #social determinants of health, #financial benefits, #utilities assistance'

**Phone:** (518) 822-8820, x-308

**Fax:** (518) 828-4015

Contact: Rachel Cole, Consumer Assistance Programs Assistant

Email: rcole@columbiahealthnet.org

Objectives: To provide financial assistance to Columbia and Greene residents experiencing

hardship due to illness.

**Services provided:** The Healthcare Consortium maintains various Financial Assistance Funds to provide payment, on behalf of eligible recipients, for health-related and other expenses. Two such funds, the Columbia County Community Cancer Fund and the Greene County Community Cancer Fund, are used to offset the financial burden associated with a cancer diagnosis. Monies from these funds are used to pay for health-related expenses such as health insurance premiums, co-pays, coinsurance and deductibles; they may also be used to pay for other household expenses, such as rent, utility payments, and vehicle fuel. To receive financial assistance from the appropriate fund, individuals are asked to complete a brief application, and speak with the Fund Manager to discuss all of the options and resources that may be available.

Target population: Columbia and Greene County residents

How to apply for services: Please call or email for information and scheduling

# **Hudson City Mental Health Court**

Hudson City Mental Health Court has tags '#Columbia County, #Mental Health Services, #Legal Assistance'

701 Union St B, Hudson, NY 12534

Phone: (518) 267-3095 Contact: Carl Quinn

Email: cquinn@nycourts.gov

Website: https://ww2.nycourts.gov/courts/3jd/columbia/3JD-Hudson%20City%20Court.shtml

#### **Services Provided:**

Problem-solving courts exist to improve public safety and the lives of treatment court participants living with mental illness or disease and co-occurring substance use disorders. The Problem-solving court accomplishes this goal through the integration of intensive supervision, mental health services, alcohol and drug treatment, alcohol and drug testing, and connections to community service providers that can assist with housing, transportation, and various other benefits.

#### **COURT PROGRAM DESCRIPTION**

The program is designed to help address mental health issues, break the pattern of substance use/dependency (if present in a dual diagnosis), and assist with re-entry into the community. Treatment Court is a VOLUNTARY program for its participants but requires approval of the prosecutor, defense counsel, the Judge and the court's treatment team. While there are certain things that you must complete, your ability to progress through the program and graduate will depend greatly upon your actions. If you miss court related appointments, ignore court requirements (such as making all mental health appointments and following recommended treatment plans), fail to participate in the treatment process or incur new, additional charges, it can have an impact on your participation in the program and it can impact your advancement through the program. This could delay your graduation and/or completion of the program and in more serious cases may result in termination from the program. The Mental Health Treatment Court Program has no specific length and may be longer or shorter for each participant based on their individual circumstances. Each treatment plan is tailored to meet the needs of each individual. Treatment may consist of inpatient, residential, and outpatient treatment, or a combination of any of the above through our program, and/or other available community resources.

# **Hudson Hall**

Hudson Hall has tags 'Columbia County, Art'

At The Hudson Opera House

327 Warren Street, Hudson, NY 12534

**Phone:** (518) 822-1438

Contact: Sage Carter, HOP General Office Manager

**Email:** <a href="mailto:hello@hudsonhall.org">hello@hudsonhall.org</a> **Website:** <a href="mailto:www.hudsonhall.org">www.hudsonhall.org</a>

**Objectives:** Hudson Hall's mission is to inspire and promote the arts, play a pivotal role in the advancement of our city and region, and maintain our historic building (New York State's oldest surviving theater).

**Services provided:** Hudson Hall offers a year-round program of live performance, film, visual art, literary events and talks, free workshops for youth and adults, and city-wide events such as the Hudson Jazz Festival.

**Target population:** Local/regional community members and visitors of all ages. **How to apply for services:** Visit hudsonhall.org, email <a href="mailto:hello@hudsonhall.org">hello@hudsonhall.org</a> or phone 822-1438.

# **Hudson Housing Authority**

Hudson Housing Authority has tags '#Columbia County, #Housing, #Affordable Housing, #Public Housing, #Section 8, #Rent assistance'

41 N 2nd St, Hudson, NY 12534

**Phone:** (518) 828-5415

Website: https://www.hudsonhousingauthority.com/

Contact: Jeffrey E. Dodson

Email: jdodson@hudsonhousingauthority.com

#### Services Provided:

Housing Choice Voucher (Section 8) for the city of Hudson (12534 zip code). Housing choice vouchers allow very low-income families to choose and lease or purchase safe, decent, and affordable privately-owned rental housing.

Public Housing (Bliss Towers) provides decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities.

Application: https://drive.google.com/file/d/1DhRpDAknNFzNH8i1BVHu8sQB3UGJ4FiE/view

# Independent Living Center Hudson Valley, Inc.

Independent Living Center has tags '#Columbia County, #Services for people with Disabilities, #Blind services, #Deaf services'

802 Columbia Street, Hudson, NY 12534

Phone: (518) 828-4886
Fax: (518) 828-2592
Website: www.ilchv.org
Contact: Dominic Merante
Email: dmerante@ilchv.org

Objectives: Rooted in a philosophy of ILC, a leader in eliminating barriers, inspiring

opportunities, promoting self-determination, economic freedom and full and equal participation

by people with disabilities in all aspects of community living.

**Services provided:** We are non-residential, consumer-controlled and community-based, providing: advocacy; technical assistance; peer counseling; benefits advisement; employment support; housing information; student and family services; architectural barrier consultation; barrier removal; Loaner equipment; Work Incentives Planning and Assistance (WIPA); and deaf and hard of hearing specialized expertise.

**Hours:** Monday – Friday, 9 am – 5 pm.

**Target population:** Serves people of any age with disabilities (toward self-reliance).

**Eligibility criteria:** For all individuals with a disability and family members. **How to apply for services:** Call ILCHV office for referral to advocates.

### **Kites Nest**

Kite's Nest has tags '#Children's services, #Columbia County, #Afterschool program, #financial benefits'

58 N Front St, Hudson, NY 12534

Phone: (518) 241-3540 Contact: Amanda Boyd Email: hello@kitesnest.org

Website: https://www.kitesnest.org/

**Instagram:** @Kitesnest

**Objective**: Kite's Nest is a center for liberatory education in Hudson, NY. It is our mission to build the collective capacity of young people to bring about personal transformation, social

connection, healing, and systemic change.

We create youth-centered spaces of radical imagination and creativity, and support youth-led movements for equity and justice that transform the conditions impacting young people's lives. Our programs engage experiential education, the arts, meaningful job training, and civic action as tools for building community power.

#### **Services Provided:**

Kite's Nest offers free afterschool and out-of-school-time programs, daytime programs on a sliding scale and scholarship basis, and fellowship and employment opportunities for teens. We also continue to connect with youth who age out of our programs through our Alumni Association and The Nest Fund, a youth-led mutual aid fund designed to provide direct cash assistance to Kite's Nest youth and alumni. We provide meaningful job pathways, with previous youth returning as adults to work in programs and guide community projects.

#### **Nest Fund Financial Assistance:**

Must be a Kite's Nest alumni or immediate family. Alumni are defined as anyone who has ever been part of any Kite's Nest programs in the past and has aged out. Cap of 1K annually depending on the situation. Must be on our records as having participated in a program in the past. Kite's Nest prefers to pay costs directly, so sending invoices or payment links is strongly preferred.

#### Categories of support include:

Scholarships:education-related costs of any kind, life Grants: to start a business, travel, pursue a creative opportunity, purchase a car, rent an apt, get out of debt, etc. Emergency Funds: emergency back rent, medical costs, childcare, etc

# **New Life Maternity**

New Life Maternity has tags '#Columbia County, #Housing, #Supports for Pregnant Women, #affordable housing, #case management'

Undisclosed location PO Box 755, Hudson, NY, 12534

Phone: (518) 860-2214

Contact: Barbara Koerner-Fox Email: exd@newlifematernity.org Website: NewLifeMaternity.org

**Services Provided:** 

24/7 staffed housing for pregnant or early post-partum women 18+ or emancipated women who want to keep their child, but are facing homelessness or are homeless. Case management staff assist women with finding employment, enrolling in school, obtaining a GED, and making sure they have adequate health coverage. Classes in their program include financial planning, child care, personal care, preparing for job interviews and many more. Women are taught life skills through their cooperative responsibility of caring for the home. Together they plan and cook meals, keep the home neat and clean, and schedule a day to use the laundry room. Case management additionally provides support with transitioning to independent living.

# **Narcotics Anonymous**

Narcotics Anonymous has tags '#Columbia County, #Substance Use Disorder, #addiction, #support group, #sober events'

To find local Narcotic's Anonymous meetings:

Phone: Columbia County Answering Service (315) 847-3842

NA meeting search:

https://www.mha-na.org/meetinglist Find Nar-Anon meetings online:

https://www.nar-anon.org/find-a-meeting

Download the application for phone:

"NA Meeting Finder" App in Google Play Store and iPhone App Store applications

# **Our Community Cares, Inc.**

Our Community Cares has tags '#Columbia County, #Veteran's Services, #Community Services, #Services for Families, #Food Security Services'

P.O. Box 463, Ghent, NY 12075

Phone: (518) 336-5254

Contact: Dawn Steward, Co-founder and Treasurer

Email: info@ourcommunitycares-cc.org
Website: www.ourcommunitycares-cc.org

**Facebook:** chathamnycares **Twitter:** twitter.com/commcares

**Objectives:** To assist residents in need in Columbia County.

**Services provided:** Funding provided (varying amounts) in the following areas: Veterans, Pediatric, Emergency, Senior and Cancer. Referrals provided to other assistance programs,

fundraising.

**Hours of operation:** By appointment.

Target population: Columbia County residents.

**How to apply for services:** Assistance application can be completed via phone or online.

# **Operation Unite NY**

Operation Unite NY has tags '#Columbia County, #youth services, #employment services, #Food Security Services'

PO Box 1305, Hudson, NY 12534

Phone: 518-828-3612 Contact: Elena Mosley

Email: elena@operationuniteny.org

**Services Provided**: Youth empowerment through academic, performing and visual arts.

workforce development/employment support.

Hours of operation: Mon-Fri, 1pm-6:30pm; youth programs 3:30pm-6:30pm

Eligibility: workforce development ages 14-21

# **Osborne Association**

Osborne Association has tags '#Columbia County, #Legal Assistance'

415 River Street, Troy, NY 12180

Contact: Andrea Goupalsingh, LMSW Court Advocacy Services Program Director

Phone: 718-637-6560 / 917-890-3255

Email: courtadvocacy@osborneny.org/info@osborneny.org

Website: <a href="https://www.osborneny.org/">https://www.osborneny.org/</a>

#### Services Provided:

Osborne's Court Advocacy Services (CAS) staff work with court-appointed defense attorneys to design and propose individualized release and sentencing plans for clients facing a conviction and a sentence that might include a term of incarceration. Our Mitigation Specialists use a clinical approach to conduct pre-pleading and pre-sentencing investigations of client backgrounds to ascertain mitigating circumstances, and provide in-depth assessments to the court to advocate for appropriate alternative sentencing options. The individualized reports we prepare recommend plans that provide clients with the tools and resources to build secure and stable lives, including substance use disorder treatment, mental health counseling, education and job training skills, parenting classes and housing options. In addition, our Mitigation Specialists provide continued support and monitoring as clients work to complete the conditions of their plea.

#### **How to access CAS Services**

CAS assistance is free to all court-appointed counsel in assigned cases. It is also free to retain counsel if proof of a client's indigence is established. Program Features

- Intake and assessment of participants
- Advocacy, including mitigation reports and court appearances
- Service plan development and case management
- Referrals to education, training, healthcare, and other services based on the individual's needs
- Technical assistance to defense attorneys, judges, ADAs, and the courts

- Regular updates on client progress to the court and defense attorney

## **Oxford House**

Oxford House has tags '#Columbia County, #Housing, #Affordable Housing, #Sober Housing, #Addiction, #Substance Use Disorder'

Local Address: 10 Parkwood Blvd, Hudson, NY 12534

**Main Address**: 1010 Wayne Avenue, Suite 300, Silver Spring, MD 20910 **Phone**: (301) 587-2916 **Toll Free**: (800) 689-6411 **Fax**: (301) 589-0302

Contact: Jamonte Johnson (786) 314-9632 Email: jamonte.johnson@oxfordhouse.org/ Website: https://www.oxfordhouse.org/

**Services offered:** Oxford House describes a democratically run, self-supporting and drug free home. There are houses for men, houses for women, and houses which accept women with children. A Men's Residence is located in Hudson, NY. Each House represents a remarkably effective and low cost method of preventing relapse. This was the purpose of the first Oxford House established in 1975, and this purpose is served, day by day, house after house, in each of over 3900 houses in the United States today.

### **Planned Parenthood**

Planned Parenthood has tags '#Columbia County, #Reproductive Health Services, #Medical Services, #HIV/AIDs, #STD testing, #supports for pregnant women'

804 Columbia Street, Hudson, NY 12534

**Phone:** (518) 828-4675 **Fax:** 518-828-5209

Contact: Email:

Website: https://www.plannedparenthood.org/health-center/new-york/hudson/12534/hudson-

<u>health-center-2380-91020?utm\_campaign=hudson-health-center&utm\_medium=organic&utm\_source=local-listing</u>

#### Services offered:

Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care. You can fill your birth control prescriptions at our health center instead of the pharmacy all hours the clinic is open. You can come to us for services that don't require a medical exam. For example, birth control education and supplies; emergency contraception (AKA the morning after pill); pregnancy testing and counseling; STD testing, and testing and treatments for urinary tract infections.

# Questar III

Questar III has tags '#Columbia County, #Educational Services, #GED, #Employment Services'

Facility Address: 131 Union Turnpike, Hudson, NY 12534

Phone: (518) 828-4157
Fax: (518) 828-0084
Website: www.questar.org
Facebook: QuestarIII
Twitter: @questariii

**Objectives:** This program is designed to provide learning opportunities that tap into the potential of the students we serve and then link them with meaningful employment that

recognizes the skills, talents, and abilities they have developed.

**Services provided:** Adult Literacy, HSE (formerly known as GED) preparation and testing (GED program contact:518 479- 6838 or <a href="mailto:Ronald.valentine@questar.org">Ronald.valentine@questar.org</a>), English as a New Language (ENL) -- formally ESL, Community Education and other CTE training programs.

**Hours:** Monday – Friday, 8 am – 4:30 pm; summer hours 8 am – 4 pm. **Target population:** Serving Columbia, Greene and Rensselaer Counties.

How to apply for services: Call 518-828-4157.

# **Reentry Columbia**

ReEntry Columbia has tags '#Columbia County, #Case Management, #Certified Peer Services, #Inmate Services. #Legal Assistance'

52 Green Street (First Reformed Church), Hudson, New York 12534

Phone: (518) 828-1604 Contact: Danielle Hotaling

Email: <a href="mailto:daniellehreentry@gmail.com">daniellehreentry@gmail.com</a>
Website: <a href="mailto:https://reentrycolumbia.org/">https://reentrycolumbia.org/</a>

#### Services Provided:

#### **Pre-Release Assessment and Planning Program**

Reentry Columbia aids those currently in custody who are going to be released back to Columbia County and will work with family members to prepare to reunite. Assistance focuses on their needs and plans related to housing, employment, transportation, substance abuse treatment, and family issues.

#### **Post-Release Support Program**

Reentry Columbia provides ongoing assessment and planning related to immediate needs and long-term goals. This includes referrals to local service agencies that can provide specialized support with employment, counseling, and substance abuse treatment. This program is available to those returning to Columbia County from incarceration either in the county jail, state prisons, or federal facilities. Available to those on probation or with any history of involvement in

the criminal justice system.

#### **Support Systems Development Program**

Columbia works with the Columbia County community to develop support systems that will make it easier for people who are currently and formerly incarcerated to transition back to their communities. The program focuses on issues such as developing reliable transportation support and expanding employment opportunities and housing options.

# **Rotaries (Columbia County)**

Rotaries (Columbia County) has tags '#Columbia County, #Community Services'

**Objective:** Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

**Hudson Rotary Club** 

Membership Contact: Juliette Tomlinson Contact Email: juliette.rotary@gmail.com General Email: rotary7210@gmail.com

Facebook: <a href="https://www.facebook.com/rotary.hudson.ny/">https://www.facebook.com/rotary.hudson.ny/</a>

Kinderhook Tri-Village Rotary Club Email: ktvrotaryclub@gmail.com or

Website: https://rotarydistrict7210.org/clubInfo/kinderhook-trivillage

Facebook: https://www.facebook.com/KinderhookRotary/

Northern Columbia County Rotary PO Box 17, Chatham, NY 12037 Email: northernccrotary@gmail.com

**Facebook:** https://www.facebook.com/northerncolumbiacountyrotary

# **Section 8 Central Office (Columbia County)**

Section 8 Central Office (Columbia County) has tags '#Columbia County, #Rent Assistance, #Housing'

PO Box 5090, 57 Phila Street Saratoga Springs, NY 12866

Phone: (518) 372-8846
Fax: (518) 372-8467
Contact: Dale-Ann Brown
Email: dbrown@jeminc.com

General Email: <u>Applications@jeminc.com</u>
Website: <a href="https://centralofficehcv.com/">https://centralofficehcv.com/</a>

Services provided: The program assists individuals and families who fall within the middle to

low-income bracket as well as the elderly and disabled. Housing is monitored to ensure that it meets the requirements of the U.S. Department of Housing and Urban Development. This means that housing must meet the minimum standards of Health and Safety set out by the PHA.

# **Social Security**

Social Security Administration has tags '#Columbia County, #Financial Benefits'

747 Warren Street, Hudson, NY 12534

National Toll-free Number: 1-800-772-1213 (available 7 am – 7 pm).

**TTY:** 1-800-325-0778 (available 7 am – 7 pm).

Website: www.socialsecurity.gov

**Services provided:** Retirement, survivors benefits, disability insurance; and Medicare.

**Hours:** Monday & Tuesday, 9 am – 4 pm; Wednesday, 9 am – 12 noon; Thursday & Friday; 9

am to 4 pm. Closed on federal holidays.

How to apply for services: Internet, phone/office appointment.

# **Spark of Hudson**

Spark of Hudson has tags '#Columbia County, #Community Services, #Employment Services, #Housing, #Educational Services'

502 Union Street, Hudson, NY 12534

Phone:

**Contact:** Katie Hilverman

Email: Hello@sparkofhudson.org

Website: https://www.sparkofhudson.org/

#### **Services Provided:**

The Spark of Hudson is a community organization dedicated to sparking curiosity and nurturing a thriving community where every individual has the opportunity to flourish. Our major community initiatives focus on affordable housing (<a href="Hudson Dots">Hudson Dots</a>), a small city universal basic income pilot (<a href="HudsonUP">HudsonUP</a>), communal housing for healthcare students (<a href="HudsonNEST">HudsonNEST</a>), and a skilled trades educational and workforce development program (<a href="HudsonSTEP">HudsonSTEP</a>)

# **Sunriver Health**

Sunriver Health has tags '#Columbia County, #Medical Services, #STD Testing, #HIV/AIDS, #Medication Assisted Treatment'

750 Union Street, Hudson, NY 12534

Phone: (518) 751-3060 Fax: (518) 822-9424

Website: https://www.sunriver.org/

**Objectives:** The mission of HRHCare is to provide the highest quality medical, dental and behavioral health care to underserved communities throughout the Hudson Valley and Long

Island.

**Services provided:** Adult and pediatric care; obstetrical and gynecological care; family planning; HIV counseling, testing and referrals; dental services; mental health counseling; nutritional counseling; podiatry; WIC services; health education; outreach; transportation; healthy insurance enrollment assistance.

**Hours:** Monday & Wednesday, 8 am – 5 pm, Tuesday 10 am – 7 pm; Thursday, 9 am – 5 pm;

and Friday, 8 am to 4 pm.

**Target population:** All, regardless of income or insurance status.

Eligibility criteria: None.

**How to apply for service:** Call to make an appointment or stop by office.

### St. Catherine's Center for Children

St. Catherine's has tags '#Columbia County, #Services for Families, #Services for children, #Housing, #homeless services'

25 Railroad Ave., Hudson, NY 12534

Phone: (518) 380-4386 Contact: Joseph Pomeroy Email: jpomeroy@st-cath.org

Website: st-cath.org

#### Services Provided:

#### **Homeless & Housing Services Program**

The Homeless & Housing Services Program provides case management using the Family Critical Time Intervention Model, (FCTI). Services last 12 months and are divided into three specific phases. Homeless & Housing Services Program staff will focus on just a few goal areas that promote a successful move from Homelessness to permanent housing. The following is a list of some of the FREE services that the Program can help you with.

#### Phase 1: "Transition to Community" (Months 1-4)

- First step is that you will be referred by Columbia County DSS.
- Can help you find an apartment and meet with you to view apartments.
- Can help you get furniture and household items through Columbia County DSS.
- Can help you find a job and find childcare.
- Can help you apply for SSI/SSD if eligible.

#### Phase 2: "Try Out Phase" (Months 5-8)

• Can link you with community services you feel would be helpful such as parenting, employment,

financial, trauma, and substance abuse resources.

- Help you link up with counselor services and/or medical services.
- Your FCTI worker will check in on services you receive and make sure they are working for you.

#### Phase 3: "Transfer of Care" (Months 9-12)

- Your worker makes sure these supports will be helpful to you and will continue to assist you in meeting your goals.
- Helps you stay connected to the supports that you have established.
- INDEPENDENCE!

#### **Columbia-Greene Supported Housing**

Provides HUD-funded, scattered site, permanent supportive housing to 7 chronically homeless families and individuals who have a documented substance use disorder or serious and persistent mental illness diagnosis. Although many participants have maintained their income through employment and SSI/SSDI, they continue to be well below the low income guidelines. Households range from ½ bedroom units based on individuals who are eligible through HUD standards. Project participants continue to partner with their care manager monthly to review and update their service plan. Participants also attend bimonthly meetings where the group works on recovery, financial budgeting and parenting.

# **Columbia County Urgent Care Centers**

Urgent Care Centers has tags '#Columbia County, #Urgent Care, #Medical Services'

### **CMH Rapid Care-Valatie**

2827 Rt. 9, Valatie, NY 12184

**Phone:** 518-758-4300

Hours: 9am - 9pm, 7 days/week

'#Columbia County, #Urgent Care, #Medical Services'

### **WellNow Urgent Care**

446 Fairview Avenue, Hudson, NY 12534

**Phone:** 518-267-3496

Hours: 8am - 8pm, 7 days/week

'#Columbia County, #Urgent Care, #Medical Services'

# **Won Dharma Center**

Won Dharma Center has tags '#Columbia County, #Yoga, #Religious Center, #Meditation'

361 NY-23, Claverack, NY 12513

**Phone:** (518) 851-2581

Email: <a href="mailto:info@wondharmacenter.org/">info@wondharmacenter.org/</a>
Website: <a href="mailto:https://wondharmacenter.org/">https://wondharmacenter.org/</a>

**Services Provided:** Won Dharma Center is an open and culturally diverse community focused on cultivating mindfulness through meditation and training in spiritual practices. Teachers, students, neighbors, visitors, young and old, from all faiths, genders, and belief systems gather here to make a commitment to lessen and eventually eliminate individual and societal forms of suffering that affect us all. It is their mission to provide a safe and ecologically friendly environment for holistic living, and a calm and deeply nurturing center for spiritual growth. Their kyomunims (Won Buddhist ministers) and staff offer retreats, meditation services, yoga and qigong classes, and special workshops for all, whether you are a serious practitioner or simply curious.

#### Schedule as of October 2024

**Sunday Dharma Service 10:00 am – 11:30 am:** Every Sunday, our local Dharma community gathers for a regular service, sometimes with our visiting retreat guests. Each service features yoga/chi-gong stretching, chanting, prayer, silent sitting (around 25 min), and a dharma talk to foster a calm and peaceful mind.

**Wednesday Evening Meditation 7:00 pm – 8:20 pm:** Every Wednesday, we settle into the quiet yin energy of the evening through chi-gong, chanting, and seated meditations.

**Daily Morning Meditation 5:30 – 6:40 am:** Every morning, we start our days in the dharma hall, enjoying our spectacular view of the Catskill Mountains. Morning meditations are mostly silent sitting (45 min) followed by a short period of sutra chanting and yoga/chi-gong stretching.

<u>Individual Meditation Class (upon request)</u>: If you are new to meditation, we are happy to offer an individual class to help you get started. We will cover the basics of meditation and offer guidance about how to establish a daily practice. Please email us

(**info@wondharmacenter.org**) to make an appointment for an individual instruction session. Suggested donation: \$20

**Tuesday Community Yoga** (\$10) IIWon Hall/**6:00pm-**7:15pm (julia@beyouyoga.life) Be Inspired in our beautiful meditation hall. therapeutic, vinyasa, restorative, yoga nidra and more! All levels welcome!

**Friday Chair Yoga** (\$8) IIWon Hall/**10:00am** – 11:15am (karen@wondharmacenter.org) This class is suitable for anyone who is interested in improving balance and flexibility, building muscle strength and experiencing an overall sense of well-being. All levels welcome!

**Mindful Pilates Mat Class—8** Wednesdays **9:30am** – 10:30am (\$20 donation), Fall 2023 starting **August 7th** Drop-ins Welcome!

# **Greene County**

# **Greene CountyAffordable housing**

Greene County Affordable Housing has tags '#Greene County, #Housing, #affordable housing, #Housing for Seniors'

# **Bethany Village-Donovan Place**

800 Bethany Drive, West Coxsackie, NY 12192

Seniors or eligible people with disabilities only. Not Licensed.

Phone 518-731-8890

Website: https://www.myhousingsearch.com/dbh/ViewUnit/1269105?ch=NY&hm=0TCqWcKt

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

# **Fairgrounds Estates**

777 Main Street, Cairo, NY 12413

Seniors or eligible people with disabilities only. Not Licensed.

Contact: Lawrence Krajeski, Catskill Mountain Housing Dev Corp, Non-Profit

Phone: 518-943-6700 Fax:518-943-0113 Email:larry@cmhdc.org

Website: https://www.myhousingsearch.com/dbh/ViewUnit/1055758?ch=NY&hm=ed2wtw4S

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Kaaterskill Manor**

159 Jefferson Heights, Catskill, NY 12414

Seniors or eligible people with disabilities only. Not Licensed.

Contact: Lawrence Krajeski, Catskill Mountain Housing Dev Corp, Non-Profit

Phone: 518-943-6700 Fax:518-943-0113 Email:<u>larry@cmhdc.org</u>

Website: https://affordablehousingonline.com/housing-search/New-York/Catskill/Kaaterskill-

Manor/10008883

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

### **Autumn Grove Apartments**

775 Embought Rd., Catskill, NY 12414 Income Restricted Income Restricted

Median Income Based Rent More about median income rent

Contact: Lawrence Krajeski, Catskill Mountain Housing Dev Corp, Non-Profit

Phone: 518-943-6700 Fax: 518-943-0113 Email: larry@cmhdc.org

Website: https://www.myhousingsearch.com/dbh/ViewUnit/413965?ch=NY&hm=QAcB1JE1

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Hemlock Nob**

Route 23A, Tannersville, NY 12485

Seniors only. Not licensed.

Income Restricted Income Restricted

Median Income Based Rent More about median income rent

Only Low Incomes Eligible Contact: Lawrence Krajeski

Catskill Mountain Housing Dev Corp, Non-Profit

Phone: 518-943-6700 Fax: 518-943-0113 Email: larry@cmhdc.org

Website: https://www.mvhousingsearch.com/dbh/ViewUnit/559217?ch=NY&hm=YKwsHPL5

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

### **Orchard Estates Senior Apartments**

777 Embought Rd., Catskill, NY 12414

Seniors only. Not licensed.

Income Restricted Income Restricted

Median Income Based Rent More about median income rent

Contact: Lawrence Krajeski, Catskill Mountain Housing Dev Corp, Non-Profit

Phone: 518-943-6700 Fax: 518-943-0113 Email: larry@cmhdc.org

Website: https://www.myhousingsearch.com/dbh/ViewUnit/413967?ch=NY&hm=yhdUXWiN

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

## **Peppertree Apartments**

1 Peppertree Dr., Coxsackie, NY 12051 Income Restricted Income Restricted

Contact: Conifer Realty, LLC,

Phone: 585-324-0500 Phone: 518-731-8469 Website: https://coniferllc.com/properties/peppertree-apartments/

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

### **Mountainview Apartments**

7974 Main St, Hunter, NY 12442

Low income housing Phone: (518) 263-4113

Website: <a href="https://www.lowincomehousing.us/det/12442-mountainview\_apts">https://www.lowincomehousing.us/det/12442-mountainview\_apts</a>.

'#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

#### Windham Willows

94 Mitchell Hollow Rd, Windham, NY 12496

Contact: Lawrence Krajeski, Catskill Mountain Housing Dev Corp, Non-Profit

Phone: 518-943-6700 Fax: 518-943-0113 Email: larry@cmhdc.org

Website: <a href="https://www.lowincomehousing.us/det/12496-windham-willows">https://www.lowincomehousing.us/det/12496-windham-willows</a> '#Greene County, #Affordable Housing, #Housing, #Housing for Seniors'

#### **Additional Helpful Links**

Greene County, NY Rooms for Rent - Roomies.com

General Eviction Information for New York | Legal Assistance of Western New York, Inc. ®.

Residential Tenants' Rights Guide

Budget Form: https://westerncatskills.org/wp-content/uploads/2024/01/Budget-Form-Fillable.pdf

# **Catskill Housing Authority**

Catskill Housing Authority has tags '#Greene County, #Housing'

32 Bronson Street Catskill, NY 12414

**Phone:** (518) 943-2900

**Email:** <u>catskillhousingauthority@gmail.com</u> **Website:** <u>https://catskillhousingauthority.com/</u>

Application: <a href="https://catskillhousingauthority.com/?page\_id=53">https://catskillhousingauthority.com/?page\_id=53</a>

# Catskill Mountain Housing Development Corporation

Catskill Mountain Housing Development Corporation has tags '#Greene County, #Housing,#affordable housing'

448 Main Street; Catskill, NY 12414

Phone: (518) 943-6700, x-12

**Fax:** (518) 943-0113 **Website:** www.cmhdc.org

Contact: Lawrence Krajeski, Executive Director

Email: larry@cmhdc.org

**Objectives:** Catskill Mountain Housing assists elderly, family and special needs households to purchase, build, rehabilitate or lease safe affordable housing on an equal opportunity basis.

#### Services provided:

**Senior Housing (62+)** - To qualify, the household income must be under 50% of HUD Median Income. In these units, households must have a member over the age of 62.

**Senior & Disabled Housing** - To qualify, the household income must be under 50% of HUD Median Income. Households can be of any age, but one member must have a permanent physical or mental disability. Only applies to Fairground Estates and Autumn Grove.

**Single Family Home Repairs & Restore Program -** CMHDC can help owners of single-family homes to do necessary, non-cosmetic repairs on their single-family homes. We can fund either 60% or 100% of the costs of repairs, depending on qualifying income.

#### To qualify:

You must own your home as a primary residence within Greene County.

You must be current on your mortgage, property taxes and insurance.

Household income is below 80% of HUD Median income may qualify for 100% of costs.

The Restore Program is available to persons 60+ for emergency home repair projects. Grant amount not to exceed \$10,000 per home.

**Trailer Replacement Program** - CMHDC can help you replace an existing mobile home, trailer or modular unit home that is in a state of severe disrepair.

#### To qualify:

You must own the land on which the trailer sits. It must be in Greene County.

You must be current on your mortgage, property taxes and insurance.

Your income must be below 50% of HUD Median Income.

**How to apply for services:** Applications can be obtained at the office, by phone, email or regular mail.

# **Community Action of Greene County**

Community Action of Greene County has tags '#Greene County, #Services for Families, #Children's Services, #Housing, #Food security services, #Domestic violence services, #Legal Services, #Financial Benefits #Columbia County, #educational services, #Hotline, #Residential services, #Case Management, #Family services'

7856 Route 9W, Catskill, NY 12414

Phone: (518) 943-9205/ Fax: (518) 943-0343 Contact: Florence Ohle, Executive Director

Email: fohle@cagcny.org

General email: <a href="mailto:info@cagcny.org">info@cagcny.org</a>
Website: <a href="mailto:www.cagcny.org">www.cagcny.org</a>

Facebook: https://www.facebook.com/cagc2012/; https://www.facebook.com/Columbia-

Greene-Domestic-Violence-155175816359/

**Hours of operation:** DV hotline and shelter 24/7; Office- 8:00-4:15, closed 12-12:30 for lunch. **Target population:** low income and vulnerable populations in Columbia and Greene Counties.

How to apply for services: (518) 943-9205, walk- ins welcome.

**Services Provided**: Greene County Community Action Program helps the community with many services, resources and solutions.

# **Emergency Services**

Emergency Services has tags '#Greene County, #food pantry, #discounted home goods, #case management, #emergency assistance'

Provides immediate emergency assistance, as well as connects you to a variety of resources in Greene County and surrounding communities. Food Pantry Monday, Thursday & Friday, 2:00pm-4:00pm. They maintain a voucher program with their Thrift Store to provide emergency assistance, and necessary items to fire victims and others in emergency situations with no resources.

### **Victim Services-Domestic Violence Program**

Victim Services-Domestic Violence Program has tags '#Columbia County, #Greene County, #Domestic Violence Services, #Hotline, #Residential services, #Case Management, #Family services'

**24-hour Hotline**: 518.943.9211.

Domestic Violence Services provided by Columbia Greene Domestic Violence range from emergency shelter and crisis intervention to aftercare services and transitional housing. All services are free and confidential, so please do not hesitate to reach out to us. We are also eager to speak with volunteers about training opportunities. They can assist you with: Crisis Intervention, Safety Planning, Shelter – The Domestic Violence Program can arrange emergency shelter which provides a safe place, food and supportive services for victims of

domestic violence and their children. Legal Services, Social Services, Supportive Services/Counseling,

#### **Educational Outreach**

Educational Outreach has tags '#Greene County, #Columbia County, #Domestic violence services, #Educational Services'

**Phone:** 518.943.9205

The Community Educator of the Columbia Greene Domestic Violence Program can provide inservice and informational training to school administrators, students, law enforcement, court personnel, civic groups, etc., on the dynamics of domestic violence, warning signs, healthy relationships, and available resources.

### **Crime Victims Program**

Crime Victims Program has tags 'Greene County, #Legal Assistance, #case management' **Phone:** 518.943.9205

Columbia Greene Crime Victims Program serves innocent victims of crime in both counties, providing resources, counseling, advocacy and referral for victims and their families. All services are free and confidential, and include: Crisis Intervention, Short Term Counseling, Safety Planning, Criminal Court Procedure Information, Compensation, Referrals, Resources

# **STEHP (Solutions to End Homelessness)**

STEHP (Solutions to End Homelessness) has tags '#Greene County, #affordable housing, #homeless services, #eviction, #rental assistance'

**Phone:** 518.943.9205

The STEHP program may help homeless persons obtain permanent housing by helping with security deposit and first month's rent. For those facing eviction due to rental arrears, assistance may be offered if meeting eligibility criteria.

#### **HUD Supportive Housing Projects**

For eligible individuals and families, ongoing rental assistance and case management is provided in order to help maintain permanent housing.

### **Weatherization Assistance Program**

Weatherization Assistance Program has tags 'Greene County, #weatherization, #HEAP, #Home repair'

Performs energy audits for eligible owners and renters, in order to find areas that have the highest potential for heat loss. We develop a work scope and apply materials that have the greatest potential to save on fuel and electric costs and increase the comfort for residents.

# **Families Together Counseling Services**

Families Together Counseling Services has tags '#Greene County, #Mental Health Services, #Services for Families, #Marriage counseling, #group therapy, #therapy, #outpatient, #Children's services, #Couples Counseling'

110 Jefferson Heights, Catskill, NY 12414

Phone: (518) 719-0123 Contact: Janis Masse

Email: <u>imasse@familiestogetherny.com</u>
Website: <u>https://www.familiestogetherny.com/</u>

#### Services Provided:

#### **Counseling & Family Therapy**

In order to meet the unique needs of each individual, couple and family we provide a full range of mental health services, including:

\*Initial Consultation and Evaluation

\*Individual Therapy

\*Couples/Marital Counseling

\*Family Therapy

\*Parent Consultation

\*Group Counseling

\*Consultation and Collaboration with all Professionals and Service Providers

#### **Sensory Room**

A sensory room provides the opportunity for sensory play in which children use all of their senses. It promotes sensory integration which is the ability of the body to integrate and process all of the information it receives via the sensory modalities of touch, taste, smell, hearing, and vision.

#### **Counseling Issues and Challenges**

Our trained and experienced counselors in Catskill, NY work together as a team to provide comprehensive counseling to help people of all ages cope with a variety of issues and challenges including:

<sup>\*</sup>Trauma. Abuse and Abandonment Issues

- \*Post-Traumatic Stress Disorder
- \*Mood Disorders
- \*Eating Disorders
- \*Grief and Depression
- \*Anxiety and Stress
- \*Communication and Assertiveness Issues
- \*Low Self Esteem
- \*Relationship/Marital Problems
- \*Domestic Violence
- \*Family and Peer Relationships
- \*Parent Coaching
- \*Sibling Conflict
- \*Children and Families Affected by Foster Care
- \*Educational Issues and Concerns
- \*Autism
- \*Attention Deficit Disorder
- \*Fetal Alcohol Syndrome
- \*Child and Adolescent Emotional and Behavioral Problems
- \*Transitional Issues (Employment, Retirement, \*Re-location, Returning Service Members, Empty Nesters)
- \*Court-Mandated or Therapeutic Supervised Visitations

# **Greene County Department of Human Services**

Greene County Department of Human Services has tags '#Greene County, #Services for Seniors, #Children's Services, #Services for Families'

(Serving Greene County Department for the Aging & Greene County Youth Bureau) 411 Main Street, Catskill, NY 12414

Phone: (518) 719-3555 Fax: (518) 719-3798 Website: http://greenegovernment.com/ Under Departments, click Human Services

Contact: Amanda Lyons, Executive Director

Email: aging@discovergreene.com

Objectives:

## **Department for Aging**

Department for Aging has tags '#Greene County, #Services for seniors,#legal assistance,#health insurance,#in-home care, #Food Security Services, #case management, #transportation'

The department will assist adults, age 60 and older, in maintaining and/or improving their social, economic, health, safety and nutritional status by providing a network of supportive services. Our goal is to help seniors maintain their dignity and independence within their communities.

We provide information and assistance, legal services, caregiver support, energy assistance, health insurance counseling, and transportation services. Long Term Care Services including case management, homemaker/personal care, respite services and PERS units provide the necessary support to homebound individuals. Through the nutrition program, seniors enjoy a hot, nutritious meal at either a senior service center or as a home delivered meal for those homebound. In addition, we assist seniors looking to remain active by volunteering their time.

An attorney is available at the Department of Human Services in Catskill on Thursday mornings by appointment only. For more information, contact: 518-719-3555

#### Youth Bureau

Youth Bureau has tags '#Greene County, #Children's services, #Services for families, #legal assistance'

Major responsibilities include advocacy and the funding of programs aimed at improving and enhancing the welfare of Greene County children and youth, age birth to 21. By assisting in the development and funding of these programs we encourage youth to become involved, develop a sense of responsibility, and make a positive contribution to their community.

We run the Pre-PINS (Persons In Need of Supervision) program and work with agencies that operate programs for youth, such as recreation, Sprouts, Cornel Cooperative and other.

**Hours:** Monday – Friday, 8:30 am – 5 pm.

Target population: Aging -- 60 & older; Youth -- Birth to 21.

**Eligibility criteria:** Varies per service – Age is primary eligibility factor for both.

How to apply for services: Contact the office directly.

# **Greene County Family Planning**

Greene County Family Planning has tags '#Greene County, #Access to Harm Reduction Supplies, #Certified Peer Services, #Reproductive Health Services, #Medical Services, #Substance Use Disorder, #Medication assisted treatment, #STD testing, #HIV/AIDS, #Supports for pregnant women'

411 Main Street, Catskill, NY 12414

**Phone: (518) 719-3580 Fax:** (518) 719-3797

Website: www.greenecountyfamilyplanning.com

Contact: Laura Churchill, Deputy Director of Public Health & Clinical Services

**Email:** <u>lchurchill@discovergreene.com</u> **Facebook:** <u>www.facebook.com?MYGCFP</u>

Instagram: MY\_RAPP Snap chat: MY\_RAPP

**Objectives:** Greene County Family Planning, a department of Greene County Public Health, is a Title X funded Family Planning Program. Since 1972, GCFP has provided comprehensive, affordable, confidential, and accessible reproductive health care and education to women, men, and teens. The goal of GCFP is to lower the number of unintended pregnancies, to prevent sexually transmitted diseases through outreach and education, and to foster positive relationships and reproductive life plans. With the guidance of our Medical Director Dr. Mabry, three board certified Nurse Practitioners provide quality, comprehensive care to our clients in a non-judgmental, confidential manner.

**Services provided:** Sexually transmitted infection testing and treatment; anonymous or confidential rapid or standard HIV testing and counseling; breast, cervical, prostate and testicular cancer screenings; Hepatitis C screenings; HPV vaccinations; birth control methods including LARC's and same day insertion; emergency contraception; preconception counseling and Reproductive Life Plans; pregnancy tests; referrals for pregnancy care and options counseling; urine testing for chlamydia and gonorrhea; FREE condoms; assistance with insurance applications; language line services for FREE language assistance.

**Hours:** Monday, Tuesday, Thursday & Friday: 8:30 am - 4:30 pm; Wednesday: 11 am - 6 pm. **Target population:** Women, men, and adolescents.

Eligibility criteria: None.

**How to apply for services:** Stop in or call for an appointment. The Certified Application counselor on site can assist with insurance questions and enrollment in the Family Planning Benefit Program or the Marketplace.

# **Greene County Food Pantries**

Greene County Food Pantries has tags '#Greene County, #Food Pantry'

Website: https://regionalfoodbank.net/find-nearest-agency/

## **High Hill Food Pantry**

1467 Schoharie Turnpike Athens, NY 12015 Phone: 518-821-9889

Wednesdays: 3:00 PM - 4:30 PM Fridays: 11:00 PM - 12:00 PM

\*For emergency food call and schedule an appointment\*

\*Pantry serves all of Greene County with 1 time visit then refers members to their local food

pantry\*

'#Greene County, #Food Pantry'

## **Cairo Food Pantry**

Resurrection Lutheran Church Routes 23B and 32 Cairo, NY 12413 Phone: 518-622-3286

Tuesdays: 5:30 PM – 6:00 PM '#Greene County, #Food Pantry'

## **Prabhuji Mission Food Pantry**

332 Route 31, Hearts Content Rd.

Round Top, NY 12473 Phone: 518-303-6390

Fridays: 11:00 AM - 12:00 PM

\*Please Note: Distribution is weather permitting (day or hour change are posted on Prabhuji

Food Distribution Facebook page) '#Greene County, #Food Pantry'

## **Athens Community Food Pantry**

102 N. Washington St. Athens, NY 12015 Phone: 518-610-1506

Tuesdays: 2:00 PM – 3:00 PM Thursdays: 4:30 PM – 5:30 PM '#Greene County, #Food Pantry'

## Catholic Charities of Columbia/Greene – Catskill Food Pantry

66 William St. Catskill, NY 12414 United States Phone: 518-943-1462

Tuesdays: 9:00 AM - 12:00 PM '#Greene County, #Food Pantry'

## **Catskill Food Pantry**

50 William St. Catskill NY 12414

Located In the Parish Hall of St. Luke's Episcopal Church

Phone: (551) 299-2456 Fridays: 1:00 PM - 4:00 PM https://www.catskillfoodpantry.org/

\*will deliver to Greene County residents who are unable to get to the food pantry during food

pantry hours or directly after food pantry hours\*

'#Greene County, #Food Pantry'

## **Community Action of Greene County**

7856 Route 9W Catskill, NY 12414 Phone: 518-943-9205

Mondays: 1:00 PM – 3:30 PM Thursdays: 1:00 PM – 3:30 PM Fridays: 1:00 PM – 3:30 PM

\*Deliveries Thursdays all day around GC

'#Greene County, #Food Pantry'

## **God's Storehouse Food Pantry**

Catskill Wesleyan Church 3 Bogardus Ave. Catskill, NY 12414 Phone: 518-943-2709

Tuesdays: 2:30 PM – 4:00 PM and 6:00 PM – 7:30 PM

'#Greene County, #Food Pantry'

### **Matthew 25 Food Pantry**

8 Union St.

Catskill, NY 12414 Phone: 518-943-5890

Tuesdays: Angel Wings Program 12:00 PM – 3:00 PM

Wednesdays: 6:00 PM - 8:00 PM

Thursdays: Power Pak Program 4:00 PM to 5:30 PM

Sundays: 1:00 PM - 3:00 PM

\*Matthew 25 Food Pantry aids our elderly. It is difficult for our senior citizens to get out, especially during the winter. A lot of them are disabled and do not have transportation so we decided to go to them.

'#Greene County, #Food Pantry'

## **Bethel AME Church Food Pantry**

123 Mansion St. Coxsackie NY 12051 United States

Phone: 845-750-5202

Tuesdays: 10:00 AM - 11:00 AM Thursdays: 10:00 AM - 11:00 AM '#Greene County, #Food Pantry'

## **Coxsackie Area Food Pantry**

117 Mansion St. Coxsackie, NY 12051 Phone: 518-731-8603

Tuesdays: 1:00 PM - 2:00 PM Thursdays: 7:00 PM - 8:00 PM Saturdays: 10:00 AM - 11:00 AM

https://www.facebook.com/coxsackiepantry

'#Greene County, #Food Pantry'

## **Greenville Food Pantry**

Prattsville Community Church Food Pantry 14464 Route 23 Prattsville, NY 12468 Phone: 518-299-3321

\*Please Note: Open 3rd Tuesday of the month 4:00 PM - 6:00 PM

\*only serves the area of Prattsville '#Greene County, #Food Pantry'

# Windham Community Food Pantry at Restoration Christian Fellowship

117 State Route Windham, NY 12496 Phone: 518-734-3826

\*Please Note: Open 2nd and 3rd Saturday of the month, and the Thursday in between

Thursdays: 5:00 PM – 7:00 PM

25 Town Park Dr.

Greenville, NY 12083 Phone: 518-966-5640

\*Please Note: Open 2nd and 4th Wednesday of the month 9:00 AM - 12:00 PM

'#Greene County, #Food Pantry'

## **Greene County Mental Health**

Greene County Mental Health has tags '#Greene County, #Mental Health Services,# Health Home Case Management, #Care Coordination, #Psychiatry, #Therapy,#chronic conditions, #social determinants of health, #Mental Health crisis services, #Single Point of Access, #Children's services, #Services for families, #Crisis line, #Outpatient Treatment'

905 County Office Building, Cairo, NY 12413

**Phone: (518) 622-9163 Fax:** (518) 622-8592

**Medical Records Fax:** (518) 621-4228

**Website:** <u>www.greenegovernment.com</u>/departments/mental-health **Contact:** Jason Fredenberg, Psy.D., Director of Community Services

**Email:** jfredenberg@greenecountyny.gov

General Email: Mentalhealth@greenecountyny.gov

**Objective:** The Greene County Mental Health Center is a licensed NYS Office of Mental Health

licensed Mental Health Outpatient Treatment and Rehabilitative Service Program

**Services provided:** Individual and group outpatient counseling and psychotherapy, family treatment, school-based treatment in select Greene County school districts, case management, medication management, medication assisted treatment (MAT), coordination and treatment for Assisted Outpatient Treatment (AOT), Single Point of Access for adults & children (SPOA), and harm reduction supplies & education.

**Hours:** Monday, Wednesday & Friday, 9 am – 5 pm; Tuesday & Thursday, 9 am – 7 pm.

Target population: Greene County residents in need of Mental Health Services.

Eligibility criteria (if any): Greene County Residency

How to apply for services: Call(518) 622-9163 to schedule an appointment.

## **Greene County Public Health**

Greene County Public Health has tags '#Greene County County, #Children's services, #Access to Harm Reduction Supplies, #Medical Services, #Immigrant Services, #Food Security Services, #Public Health, #community Health, #Medication Assisted Treatment, #Data,#Health Educators, #Health services, #HIV/AIDS, #STD testing'

411 Main Street, Catskill, NY 12414

Phone: (518) 719-3600 Fax: (518) 719-3871 Contact: Laura Churchill

Website: www.greenegovernment.com

General email: publichealth@discovergreene.com

**Website:** <a href="http://greenegovernment.com/departments/public-health">http://greenegovernment.com/departments/public-health</a> **Facebook:** <a href="https://www.facebook.com/GreeneNYHealth/?ref=bookmarks">https://www.facebook.com/GreeneNYHealth/?ref=bookmarks</a>

Twitter: <a href="https://twitter.com/GreeneNYHealth">https://twitter.com/GreeneNYHealth</a>

**Objective:** Our mission is to serve the community collaboratively to prevent disease, promote and protect health, and provide education that will support healthy lifestyles.

#### Services provided:

Clinics (by appointment): Immunization/Influenza (Flu) and Lead Screening; Communicable Disease Control; Family Planning Services: - HIV/STD Testing and Counseling; Birth Control and Pregnancy Tests and Referrals; Medication Assisted Treatment (MAT) for substance use disorder; Emergency Preparedness -- GreeneNY Medical Reserve Corps; Health Education and Outreach; Certified Health Insurance Application Counselor on site

<u>Children's Services:</u> • Early Intervention Program (Ages 0-3 years); Preschool Special Education Program (Ages 3-5 years); Maternal-Child Health Home Visits -- Infant Health Guidance and Assessments; Certified Lactation Counselor on staff; All above provided at no cost to families); Children with Special Health Care Needs

**Hours of operation:** Monday – Friday, 8:30am to 4:30 pm.

**Target population:** All Greene County residents.

Eligibility criteria: None.

**How to apply for services:** Call the main number for contact to the proper department.

# **Greene County Rural Health Network**

Greene County Rural Health Network has tags '#Greene County, #health services, #Community Services'

159 Jefferson Heights, Suite A112; Catskill, NY 12144

**Phone:** (518) 943-5072 **Fax:** (518) 943-5084

Website: www.greenehealthnetwork.com

Contact: Toni Carroll, Director Email: tcarrollrhn@gmail.com

Facebook: <a href="https://www.facebook.com/greenecounty">https://www.facebook.com/greenecounty</a>ruralhealth

**Objectives:** The mission of the Greene County Rural Health Network is to advance the health and well-being of Greene County residents by promoting programs that enhance healthy lifestyles, improve behavioral health and increase access to and delivery of quality healthcare.

**Services provided:** The Greene County Rural Health Network has identified several priority areas in which to invest. These include: providing education and funding new programs that promote healthy lifestyles, such as its Biggest Loser Contest and Greene Walks program; improve behavioral health through awareness campaigns on smoking cessation, anti-stigma, binge drinking and medication drop boxes; and promoting awareness and compliance of health screening guidelines for diabetes and breast cancer.

Target population: Greene County residents.

# **Greene County Senior Centers**

Greene County Senior Centers has tags '#Greene County, #Services for Seniors'

## **Acra Community Center**

Old Route 23B Acra, New York 518-622-9898 '#Greene County, #Services for Seniors'

#### Robert C. Antonelli Senior Center

15 Academy Street Catskill, New York 518-943-1343 '#Greene County, #Services for Seniors'

## **Jewett Municipal Building (Senior Center)**

Route 23C Jewett, New York 518-263-4393 '#Greene County, #Services for Seniors'

#### **Rivertown Senior Center**

39 Second Street Athens, New York 518-945-2700 '#Greene County, #Services for Seniors'

### **Town of Coxsackie Senior Center**

127 Mansion Street Coxsackie, NY 518-731-8901 '#Greene County, #Services for Seniors'

# **Greene County Social Services**

Greene County Social Services has tags '#Greene County,#Financial Benefits, #Food Security Services, #Housing,#emergency assistance, #emergency housing, #HEAP, #Medicaid, #Managed Care, #Children's Services, #Employment Services, #Temporary assistance, #Transportation, #Day care, #Services for Seniors, #family services, #foster care, #homeless services, #rent assistance, #SNAP, #fraud, #food stamps, #utilities assistance, #CPS, #health insurance'

411 Main Street, Suite 238, Catskill NY, 12414

**Phone:** 518-719-3700

Email: dss@discovergreene.com

Website: <a href="https://www.greenegovernment.com/departments/social-services/services">https://www.greenegovernment.com/departments/social-services/services</a>
Online Application for benefits: <a href="https://mybenefits.ny.gov/mybenefits/begin">https://mybenefits.ny.gov/mybenefits/begin</a> or in-person

application

**Suzanne Paolino – Deputy Commissioner** 

Telephone: (518) 719-3640

Daniel Hall - Director of Social Services

Telephone: (518) 719-3651

Laura Becker - Director of Eligibility

Telephone: (518) 719-3703

Raghuvijai Guntur, Esq. - Counsel to the Commissioner

Telephone: (518) 719-3646

Margot Cullen, Esq. – Assistant Counsel to the Commissioner

Telephone: (518) 719-3646

**Services: Provided:** See website for more detailed information regarding services below:https://www.greenegovernment.com/departments/social-services/services

Child Support Unit, Children Services, Child Protective Services, Foster Care (FC), Adoption

Services (CW), Post-Adoption Help for Families, Preventive Services (CW).

Employment, Fair Hearings, Medical Assistance, Protective Services for Adults, Supplemental Nutrition Assist Program (SNAP), Temporary Assistance, Family Assistance (FA), Safety Net Assistance (SNA), Day Care Services, Emergency Assistance to Families (EAF), Emergency Aid to Adults (EAA), Home Energy Assistance Program (HEAP).

# **Greene County Transit Bus**

Greene County Transit Bus has tags '#Greene County, #bus, #Public Transportation, #Transportation Services'

311 West Bridge Street, Catskill, NY 12414

**Phone:** (518) 943-3625

Website: Routes & Schedules- Greene County Transit

Cashless App: Ride711.com

**Fare Information** 

Each route is \$3.00, one-way, that includes a free daily shuttle pass. The Catskill shuttle is \$2.00 for the entire day. Please have exact change as the driver DOES NOT have change available. Veterans Ride for Free with proper id. Transfers are free. Children, 5 and under, are free.

#### **Pass Information**

<u>Senior Pass</u> - Seniors (60 and over) are eligible for their fare to be fully subsidized by filling out a registration form or by contacting the Greene County Department of Human Services at (518) 719-3555.

<u>Prepaid Pass</u> - We offer the option of paying for a fare ahead of time through the purchase of prepaid passes. We have three ways that you can purchase them -

#### **How To Purchase:**

On the bus - You can purchase a small amount of passes. The money for purchase of the pass goes into the fare box. The driver is NOT able to give change. This has been convenient for some that want to pay for a round trip on a route ahead of time.

In person - You can stop by the office at 311 West Bridge Street in Catskill. We just ask that you

stop and sign in with the receptionist.

By mail - You can mail a money order or check to GCT, 311 West Bridge Street, Catskill, NY 12414. For personal checks, the passes will be sent out once the check is cleared. Passes are \$3.00 each for the routes and \$2.00 each for the shuttle. Looking for a way to save money? If you purchase 40 or more, at one time, a 10% discount will be given. If you have any questions just give us a call at (518) 943-3625. If you are using our Route 711, try our new Https://Ride711.com prepaid fare for an all-day pass on the Route 711 Teal bus for \$5.00. **Deviations** 

This is a Route Deviation Service. All routes allow a passenger to use a deviation, up to ¾ of a mile, off the main route used by those who cannot get to a scheduled stop. A reservation must be made, by contacting us at (518) 943-3625, 24 hours before the end of the business day before the ride is needed. There is an additional \$10 fee, each way, charged for this service.

# **Greene County Veterans Services**

Greene County Veterans Services has tags '#Greene County, #Services for Veterans, #Transportation, #support groups, #Food Pantry, #Food security services'

159 Jefferson Heights, Suite D303, Catskill NY, 12414

**Phone**: (518) 943-3703

Contact: Michelle Romalin Deyo
Email: veterans@greenecountyny.gov

Website: https://www.greenegovernment.com/departments/vets

#### **Services Provided:**

Educate Veterans and their families about the benefits they have earned; Represent and guide Veterans in obtaining benefits and services both through the VA and other local agencies; Make Veterans an economic force in education, employment and business development.

#### **Cards for Veterans**

There are presently 80 Veterans residing in local, long-term care and assisted living facilities. As we know, November has two important holidays – Veteran's Day when we thank our past military personnel for their service to our country and freedom, and Thanksgiving when we thank God for all His blessings. This month, we hope you will do both holidays and send a card to our Veterans in these facilities. Yes, it is a lot to ask but both are special, and a card would brighten their day.

#### **Service Officer Representatives**

The Director and staff are accredited, caring, and knowledgeable veteran service officers; as such, they are able to guide veterans and their families in submitting claims to the Department of Veterans Affairs (VA). Greene County Veteran Service Officers will help you navigate the bureaucracy of the VA, and our services are free. We will help with gathering the information necessary to support a claim, file the claim, and track the claim through the VA system. We can also assist with filing appeals for denied claims. We strongly recommend that you make use of the services provided by County Veterans Service Officers. Our expertise can help you avoid the pitfalls and delays that missing paperwork or improperly filled out claim forms can cause.

## **Hearthstone Care**

Hearthstone Care has tags '#Greene County, #Services for Seniors'

1187 Route 23A; Catskill, NY, 12414

**Phone:** (518) 678-2030, Fax: (518) 943-8002

Website: www.hscatskillcare.com

Contact: Vitaliy Bobkov, General Manager

Email: admins@hsccare.com

General email: admins@hsccare.com

Facebook: <a href="https://www.facebook.com/hearthstonecare/">https://www.facebook.com/hearthstonecare/</a>

**Objectives:** Our goal is to provide respite to caregivers by offering combinational care of daily supervised activity programs in our safe, modern and home like setting Day Center, along with in-home companion care services. We offer support to individuals who have physical challenges

and are in need of assistance with activities of daily living.

**Services provided:** Social Adult Day Care Center, Companion Home Care.

Hours of operation: Center: Mon-Fri 9am-3pm. Companion services hours are based on the

care plan.

**Target population:** Disabled adults who can benefit from social activities and home care.

Caregivers in need of respite.

Eligibility criteria: Each individually determined by results of assessment intake.

How to apply for services: for information call 518-678-2030, or email admins@hsccare.com

# Hudson Valley National Center for Veteran Reintegration (HVNCVR)

Hudson Valley National Center for Veteran Reintegration has tags '#Greene County, #Services for Veterans, #support groups'

**Purpose:** Dedicated to the well-being of Veterans and Community through purpose, dignity, and respect.

**Services Provided:** Peer Support groups, family support groups, non-clinical counseling, social events, gardening, food pantry, Clothing, Wooden workshops, Alcohol Anonymous (AA) and Wellness Activities (at no cost)

**Eligibility:** Any veteran regardless of time in service or type of discharge, family members of veterans and caregivers of veterans.

## **VET2VET of Greene County**

Arin Van Demark, Program Manager

905 Greene County Office Bldg., Cairo, NY 12413

Phone: 518-719-0020 Email: info@hyncyr.org

"#Greene County, #Services for Veterans, #support groups"

## **VET2VET of Ulster County**

24 Twin Maples Plaza, Saugerties, NY 12477

Phone: 845-481-4004 Email: info@hvncvr.org

'#Greene County, #Services for Veterans, #support groups'

## Law Enforcement Assisted Diversion (LEAD)

Law Enforcement Assisted Diversion (LEAD) has tags '#Greene County, #Legal Assistance, #addiction, #substance use disorder, #mental health services, #case management'

45 Haverly Memorial Drive

Phone: 518-821-0161 Contact: Kate Murphy

Email: <a href="mailto:kmurphy@greenesheriffny.gov">kmurphy@greenesheriffny.gov</a>

#### Services provided:

**The Impacted Citizen Program (ICP)** responds to Greene County overdose calls within 24/48 hours to provide recourse connection, advocacy, and short-term case management to the person using substances, as well as their families.

**Law Enforcement Assisted Diversion (LEAD)** is a community-based diversion approach with the goals of improving public safety and public order, and reducing unnecessary justice system involvement of people who participate in the program.

# **Mountaintop Care Coalition**

Mountaintop Care Coalition has tags '#Greene County, #addiction, #Substance Use Disorder, #Certified recovery peer advocate, # Access to harm reduction supplies, #Support Groups, #Sober events'

Phone:+1 (518) 560-4278

Email: info@mountaintopcarescoalition.com

Website: <a href="https://www.mountaintopcarescoalition.com/">https://www.mountaintopcarescoalition.com/</a>

**Services Provided:** 

Mountain Top Cares Coalition (MCC) offers a supported path to recovery from substance use and addiction in Greene County, New York, available to you, your family, and our mountaintop community. MCC provides free services, allowing your full focus on recovery.

Whether you are personally navigating substance use and recovery, are a loved one, or a community member - we provide services, support, training and more.

- Individualized one-on-one certified peer support (learn more about CRPA's here)
- Weekly & Monthly Meet-ups and Workshops
- Support Groups (Family, Women, Men, LGBTQIA+ Young Adults)
- Recovery Friendly Social Events
- Community Education & Engagement
- Harm reduction (Narcan)
- Recovery Workforce Support (employees & employer)
- Advocacy
- Help navigating social supports (food, housing, clothing, transportation, technology/communications access) and additional recovery and treatment services.

# **Greene County Rotaries**

Greene County Rotaries has tags '#Greene County, #Community Services'

**Cairo-Durham Rotary** 

Mailing Address: PO Box 672, Cairo, NY 12413

**Email:** <u>lbaeckmann@cairodurham.org</u> **Website:** https://www.cdrotaryclub.org/

Some of the projects that we are proud of supporting are: donating funds to purchase food for elementary students to bring home each weekend, purchasing sneakers for students in each of the Cairo-Durham school campuses, as well as providing Christmas presents for local families in need. Our club does several road cleanup projects a year on Route 23, as well as park beautification projects throughout the community. We donate funds to local food pantries and women's leagues, and recently purchased fluid warmers for our local EMS. Our Rotary has even supported our global community by donating an emergency shelter box to the people of Haiti, donating funds to the people of the Ukraine, and assisting in building a women's shelter in Costa Rica.

#### **Coxsackie-Athens Rotary**

10885 State Route 9W, Coxsackie, NY 12051

**Phone:** 518-731-1040

Facebook: Coxsackie-Athens Rotary Club

We meet Wednesdays at 12:15 PM, Pegasus Restaurant

Coxsackie-Athens Rotary Club is a local club of business and professional people belonging to a worldwide organization of similar clubs (Rotary International) devoted to serving the community and promoting world peace.

**Windham Rotary Phone:** (518) 734-5303

**Email:** windhamrotaryfoundation@gmail.com **Facebook:** Windham Rotary Foundation, Inc.

# **Section 8-RUPCO Housing Choice Voucher Program**

Section 8 Housing Choice Voucher has tags '#Greene County, #Housing, #affordable housing, #rent assistance'

289 Fair Street, Kingston, NY 12401

**Phone:** (845) 331-2140 **Fax:** (845) 331-6217

Contact: Maria Wayne; Director of Section 8 Programs

**Greene County has 329 vouchers.** 

In addition to rental subsidy, RUPCO will provide one month's security. The Landlord may also receive a bonus months rent (as funds are available) for participating in the HCV (Section 8) Program.

Applicants may only apply for Section 8 when the waiting list is open. To find out if the waiting list is open, please contact our office or check our website at <a href="www.rupco.org">www.rupco.org</a>. If you apply and are selected for the waiting list, you will receive a letter from our office when your name reaches the top of the list. The demand for housing assistance often exceeds the limited resources available; therefore, long waiting periods are common. Eligibility for a housing voucher is determined by your family size your family's gross annual income from all sources. Your family's income may not exceed 50% of the county's area median income. By law, RUPCO provides assistance first to 75 percent of families in need, those families who make less than 30 percent of the county's area median income. Area median income levels are published by the federal government each year and vary by location.

Fact Sheet: <u>Housing Choice Voucher Program Section 8 | HUD.gov / U.S. Department of Housing and Urban Development (HUD)</u>

## **Greene County Urgent Care**

Greene County Urgent Cares has tags '#Greene County, #Medical Services,#urgent care'

## **Wellnow Urgent Care**

11 Maple Ave, Catskill, NY 12414 (518) 625-3608 '#Greene County, #Urgent Care, #Medical Services'

## **Catskill Urgent Care**

10 Grandview Ave, Catskill, NY 12414 (518) 943-9100 '#Greene County, #urgent care, #Medical Services'

## **Albany Med Emurgentcare**

11835 Route 9W, West Coxsackie, NY 12192 (518) 731-9000 '#Greene County, #Urgent care, #Medical Services'

Telehealth - (518) 758-4300

# Western Catskills Community Revitalization Council

Western Catskills Community Revitalization Council has tags '#Greene County, #Housing, #Community Services'

125 Main Street, Suite A, Stamford, NY 12167

**Phone:** 607.652.2823 **Fax:** 607.652.2825

Email: <a href="mailto:info@westerncatskills.org/">info@westerncatskills.org/</a>
Website: <a href="mailto:https://westerncatskills.org/">https://westerncatskills.org/</a>

#### **Services Provided:**

Western Catskills Community Revitalization Council, Inc. is a 501(c) 3 not for profit Rural Preservation Company working under the auspices of New York State Homes and Community Renewal. Our mission is to cooperate with community members including local, state, federal, or other civic organizations for the improvement of housing, mixed-use, commercial, and civic buildings. We accomplish this by assisting with or providing the planning, development, renewal, ownership, or management of the property. Our goal is to achieve revitalization and economic development throughout our geographic area.

Service area covers the following towns: In Greene County-Ashland, Halcott, Hunter, Jewett, Lexington, Prattsville

# **Regional**

## **ACCES-VR**

ACCES-VR has tags '#Regional, #Columbia County, #Greene County, #Services for people with disabilities, #Services for people with Developmental Disabilities, #Employment services, #Educational services'

80 Wolf Road, Suite 200; Albany, NY 12205

**Phone:** (518) 457-2097 **Fax:** (518) 457-4562 **Contact:** Joseph Menz

Email: joseph.menz@nysed.gov

Website: http://www.acces.nysed.gov/vr//

**Objectives:** Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR) offers access to a full range of employment and independent living services that may be needed by persons with disabilities throughout their lives.

**Services provided:** Through its administration of vocational rehabilitation and independent living programs, VR coordinates policy and services relating to: transition services for students with disabilities from school to adult services; vocational rehabilitation services for working age individuals with disabilities; independent living services for people with disabilities of all ages; and business services for hiring a qualified diverse workforce.

Hours: Monday – Friday, 8 am -- 5 pm.

**Target population:** Persons with disabilities who want to work.

Eligibility criteria: ACCES-VR eligibility is based on a person meeting the following basic

criteria:

Does the person have a disability? Does the disability have a significant impact on the person's employability? Can the person benefit from ACCES-VR services? Are ACCES-VR services necessary for the person to get and/or maintain employment?

**How to apply for services:** Individuals can apply for ACCES-VR services themselves, be referred by their physicians and/or treatment providers, or be referred by their schools if they are students. ACCES-VR offers orientation sessions where individuals can learn about the types of services available. Applications and related forms are available at the orientation sessions. To begin the application process, contact the Albany District Office 473-8097 for information and/or to register to attend a group orientation session.

# Adult Learning Institute (ALI) at Columbia-Greene Community College

Adult Learning Institute (ALI) at Columbia-Greene Community College has tags '#Regional, #Columbia County, #Greene County, #Educational Services, #Employment Services'

4400 Route 23; Hudson, NY 12534 Phone: (518) 828-4181, ext. 3431

Fax: (518) 828-8543

Website: www.sunycgcc.edu

**Objectives:** To provide an opportunity for educational, cultural, and social experiences for mature adults. ALI's goal is to encourage older people to continue to learn, expand their

horizons, make new friends, and experience the joy of lifelong learning.

**Services provided:** Provide educational, cultural and social experiences for older adults. **Hours:** Monday – Thursday: 9 am – 1 pm; morning and afternoon program hours vary.

Target population: Seniors.

Eligibility criteria: Membership organization; annual dues.

How to apply for services: Contact the ALI Office.

# Alzheimer's Association of Northeastern New York

Alzheimer's Association of Northeastern New York has tags '#Regional, #Columbia County, #Greene County, #Services for Seniors, #Health Services, #Alzheimer's services'

4 Pine West Plaza, Suite 405; Albany NY 12205

**Phone**: (518)867-4999 **Fax**: (518) 867-4997

Website: www.alz.org/northeasternny

**Objectives:** To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Services provided:

<u>Helpline</u> – Families are only a phone call away from getting information, education and support related to Alzheimer's disease, caregiving and community resources through our 24 hours/day, 7 days/week Helpline. To reach a Helpline Specialist, call **(800) 272-3900**.

<u>Care Consultation</u> – Personalized sessions for individuals and families with Alzheimer's Association staff to help them better understand the Alzheimer's disease process and develop an action plan for the future. To set up a care consultation, please call (518) 867-4999 or (800) 272-3900.

<u>MedicAlert/Safe Return®</u> – MedicAlert® + Alzheimer's Association Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's or a related dementia that wander or who have a medical emergency.

<u>Support Groups</u> – The NENY Alzheimer's Association offers more than 37 support groups throughout our region for people in the early stages of Alzheimer's disease as well as family members, friends and caregivers of those diagnosed with Alzheimer's disease and related dementias. Group members learn more about the disease, share experiences and strategies to face daily challenges, and provide support and encouragement.

<u>Education Programs</u> – Educational programs, professional trainings and caregiver conferences are offered throughout the year to provide knowledge and practical tips for understanding and caring for persons with Alzheimer's disease. Programs are listed in our newsletter and on our

website, www.alz.org/northeasternny.

**Hours:** 24/7-- call 1 (800) 272-3900.

**Target population:** Individuals that are impacted by dementia and their families.

How to apply for services: No application process; simply call to access our free services.

## **American Cancer Society**

American Cancer Society has tags '#Regional, #Columbia County, #Greene County, #Health Services, #cancer services"

1 Penny Lane; Latham, NY 12110

Phone: 1-800-227-2345 Fax: (518) 783-2057 Website: www.cancer.org

**Objectives:** To assure newly diagnosed cancer patients that they are not alone in this journey. Services provided: Road to Recovery transportation to and from cancer treatment (dependent upon volunteer driver availability); Look Good...Feel Better program for women undergoing cancer treatment; Reach to Recovery for breast cancer survivors; free wig bank. Also provide basic cancer information as well as referrals to other community resources.

Hours: 24/7.

**Target population:** Anyone diagnosed with cancer or anymore looking for cancer detection

services or information.

How to apply for services: Call 1-800-227-2345 to initiate contact.

# American Foundation for Suicide Prevention (AFSP)

American Foundation for Suicide Prevention (AFSP) has tags '#Regional, #Columbia County, #Greene County, #mental health services, #suicide prevention'

P.O. Box 486; East Greenbush, NY 12061

Phone: (518) 719-1544

Website: www.afsp.org/capitalregionny

Email: capitalregionny@afsp.org

Facebook: facebook.com/afspcapitalregionny

**Objective:** To save lives and bring hope to those affected by suicide.

Services Provided: Suicide prevention education programs offered in the community free of charge. Support to survivor of suicide loss.

**Hours of operation:** Monday - Friday, 9 am - 5 pm.

Target population: N/A

Eligibility criteria: Open to anyone.

How to apply for services: Call or email office.

## The ARC of MidHudson

ARC of Mid Hudson has tags '#Regional, #Columbia County, #Greene County, #Services for people with Developmental Disabilities"

311 West Bridge Street; Catskill, NY 12414

Phone: (518) 943-9592 or 1-800-324-8272 or 1-845-331-4300

**Fax:** (518) 943-7087 **Website:** <u>www.ugarc.org</u>

**Objectives:** The Arc of Ulster-Greene is a private not-for-profit agency founded in 1956 by Ulster and Greene Counties families who insisted that their children with disabilities have the same opportunities as anyone else. Our mission is "to offer people with intellectual and other developmental disabilities opportunities to live and experience full lives". We are guided by the core values of: Respect, Integrity, Compassion and Excellence. Arc Ulster- Greene believes each person is unique and provides individualized supports to all who are a part of our programs.

Services provided: Autism Specific Services; Clinical Services; Education & Mentoring for Parents or Peers; Environmental Assessments & Modifications; Geriatric Specific Services; Guardianship & Trust Counseling; Housing & Residential Options; In-Home Supports & Training; Life Skills Assessments & Training; Pre-School & School-Aged Services; Respite & Social Supports; Retirement Options & Planning; Self-Advocacy Awareness & Outreach; Service Guidance, Direction & Coordination; Technological Supports & Adapted Equipment; Transition from School to Adulthood; and Vocational Training & Career Discovery Center.

**Hours:** Administrative office hours Monday – Friday, 8 am – 5 pm.

Target population: People with intellectual and developmental disabilities including autism.

Eligibility criteria: Medicaid waiver.

How to apply for services: Contact Arc Ulster-Greene's Welcome Center at 1-800-324-8272

or email us at info@ugarc.org.

# **Astor Services (Serves Columbia/Greene Counties)**

Astor Services has tags '#Regional, #Columbia County, #Greene County, #Mental Health Services, #Children's Services, #Services for families. #case management'

325 Columbia Street, Hudson, NY 12534

Contact:Barrie Becker Phone: 845-763-3855

Email: bbecker@astorservices.org

Website: https://www.astorservices.org/program/hv-home-based-crisis-program/

**Objective:** Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

**Services provided:** Home-Based Crisis Intervention (HBCI) is designed to prevent psychiatric hospitalization or out of home placement. HBCI is an intensive, short-term crisis intervention service and family therapy program.

#### Services include:

- Crisis Intervention
- Home-based Assessment & Treatment Planning
- Psycho-education
- Family & Individual Therapy
- Case Management & Referral Services

HBCI is staffed with licensed clinicians who are available to families 24-hours a day, 7 days a week, to respond to crisis situations.

**Referral Process**: HBCI accepts referrals from parents/caregivers, community members, schools, children's mental health providers, other agencies working with children, and psychiatric hospital emergency departments.

**Eligibility Criteria**: Youth must be at-risk of inpatient hospitalization or out-of-home placement
• The identified child and family in crisis is seeking an alternative to psychiatric hospitalization or out of home placement

- Age 5-20 and lives in Columbia County
- The family wants to remain together in the home

# Catholic Charities of Columbia and Greene Counties

Catholic Charities of Columbia & Greene Counties has tags '#Regional, #Columbia County, #Greene County, #Services for Families, #Substance Use Disorder, #Reproductive Health Services, #WIC, #financial benefits, #food pantry, #supports for pregnant women, #social determinants of health, #SNAP, #food stamps, #supervised visits, #emergency assistance, #utilities, #rent assistance, #Food Security Services, #Services for Seniors"

431 East Allen Street, Hudson, NY 12534

**Phone:** (518) 828-8660

**Greene Co.:** 66 William Street, Catskill, NY 12414 **Phone:** (518) 943-1462; Fax: (518) 828-4016

Email: info@cathcharcq.org

Website: www.catholiccharitiescg.org Facebook: @catholiccharitiescolumbia Contact: Theresa Lux (518) 828-8660

Services provided:

#### **WIC**

WIC has tags '#Regional, #Columbia County, #Greene County, #food security services, #Supports for pregnant women, #Financial benefits'

WIC provides participants nutritious foods, nutrition education, and referrals to community services at no charge. WIC serves low to medium income pregnant, postpartum and breastfeeding women, infants, and children (including foster children)up to age 5. Language assistance services are available at no cost.

## **Healthy Families**

Healthy Families has tags '#Regional, #Columbia County, #Greene County, #supports for pregnant women, #Services for families, #case management'
Matches parents with knowledgeable and caring workers who provide information and support during pregnancy and early childhood. The home visiting program is voluntary and free to families. Services include helping families access community resources and services, educating parents on parenting and child development, connecting families with medical providers, and in conjunction with the parent, monitoring the progress of their child's development.

## **Aging Life Services**

Aging Life Services has tags '#Regional, #Columbia County, #Greene County, #Services for seniors'

Connecting older adults residing in Columbia County with services to feel safe and confident living at home while providing assistance with accessing aging related services. Partnering with volunteers, our older residents in the community receive the help with daily activities such as grocery shopping, reading mail, yard work, or Transportation to appointments. Individuals meet with a case manager to discuss their needs and goals.

## **Emergency Assistance**

Emergency Assistance has tags '#Regional, #Columbia County, #Greene County, #emergency assistance, #utilities, #rent assistance, #Food security services, #social determinants of health' The primary purpose of the Emergency Assistance Program is to assist individuals and families in accessing necessary resources relating to food, clothing, shelter, transportation, health care coverage, prescriptions, etc. This Program also assists consumers in navigating bureaucracy, and the often complex requirements of county agencies, utility companies, and for healthcare coverage; educating the consumer is crucial. The Program is open to all individuals and families who are in need of crisis related basic assistance, with particular emphasis on the poor, underserved and disadvantaged population in Columbia and Greene Counties. A large component of the Program is providing nutritious food and non-food items through our Food Pantry in Columbia County. Services are currently offered over the telephone and in our offices.

- -No income requirements
- -Must reside in Columbia or Greene County
- -One time assistance program

- -Try to cap at 1K
- -Application must be filled out and emailed in or taken to Catholic Charities.
- -Photo ID
- -Proof of income
- -DSS Emergency Assistance denial letter
- -Documentation that shows what you are requesting (invoice, photo of item with cost, bill with proof of amount owed)
- -Most recent electric bill
- -Rental assistance
- -Car repairs
- -Utility bills
- -Household needs

Contact: Jenn Cukerstein, Resource Navigator, (518) 943-1462

#### **NOEP**

NOEP has tags '#Regional, #Columbia County, #Greene County, #SNAP, #Food stamps' The essential goal of the NOEP Program is to educate the availability of the Supplemental Nutrition Assistance Program (formerly Food Stamps) across the entire service area of Columbia and Greene Counties to individuals, service providers, and communities. Direct client assistance, involving "pre-screening" for potential program eligibility and extensive help in applying for and maintaining benefits are the core of the program including support & advocacy for clients as they navigate the system with the bulk of the time committed to direct client assistance.

## **Parent Mentoring Program**

Parent Mentoring Program has tags '#regional,#Columbia County, #Greene County, #family services, #supervised visitation'

The Parent Mentoring Program strives to improve the quality of parent-child interactions. Parents dialogue with visitation monitors about visits and work on furthering their growth in the area of parenting. The program is available to a portion of parents enrolled in the Facilitated Supervised Visitation Program and with direct referral from the Columbia County Department of Social Services.

**Hours:** Monday, Tuesday, Thursday, and Friday, 8:30 am - 4 pm; Wednesday, 11 am - 7 pm; other hours vary by program.

**Target populations:** Poor and vulnerable children and families.

**Eligibility criteria:** Varies by Program. **How to apply for services:** Call 828-8660.

## **Center for Disability Services**

Center for Disability Services has tags '#Regional, #Columbia County, #Greene County, #Services for people with Developmental Disabilities'

#### 314 South Manning Boulevard, Albany, NY 12208

Phone: (518) 437-5700 Fax: (518) 437-5551 Website: www.cfdsny.org

Contact: Sue Foley, People Services Department – Administrator 518-437-5664

Email: <a href="mailto:services@cfdsny.org">services@cfdsny.org</a>

Objectives: To enable and empower people, primarily those with disabilities, to lead healthy

and enriched lives.

#### Services provided:

#### Center Health Care

- Primary Care
- Behavioral Health
- Specialty Med
- Outpatient Therapy
- Dental

#### Children's Services

- Langan School
- CloverPatch Preschool
- After-School/GAP Respite

#### **Adult Day Services**

- Day Habilitation
- Supportive Employment
- After School/After Work Respite
- Residential Services
- Home and Community Based Waiver Services
- Respite Services
- Intensive Behavior Services
- Camp Services including Clover Patch Camp and Camp Spectacular.

#### Down Syndrome Aim High Resource Center

• support groups, advocacy, reading tutorial, educational packets for expectant and new parents, in addition to other services

#### Family Support Services through OPWDD

 Service Coordination - Nursing Home Transition and Diversion Waiver and Traumatic Brain Injury Waiver

Hours: Monday – Friday, 7:30 am to 4 pm.

Target population: Varies.

Eligibility criteria: Dependent upon service requested.

**How to apply for services:** Call 437-5600 or visit the website and complete a referral form.

Call with any questions.

# CHAMP - Community Health Access to Addiction and Mental Health Care Project

CHAMP - Community Health Access to Addiction and Mental Health Care Project has tags '#Regional, #Columbia County, #Greene County, #Substance Use Disorder, #addiction, #Health insurance denials'

Website: <a href="https://oasas.ny.gov/champ-community-health-access-addiction-and-mental-health-access-addiction-access-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-access-addiction-acces-addiction-acces-addiction-acces-addiction-acces-addiction-ac

care-project-0

**Phone:** 888-614-5400

Email: ombuds@oasas.ny.gov

Hours: Monday through Wednesday, 9 a.m. to 7 p.m. / Thursday and Friday, 9 a.m. to 4

p.m

#### **Services Provided:**

To help make sure that insurance barriers do not keep New Yorkers from the substance use disorder and mental health care they need, New York State created the behavior health ombuds office in 2018. Shortly after the Community Health Access to Addiction and Mental Health Care Project (CHAMP) was created. CHAMP operates a statewide helpline and partners with local organizations in order to help patients, caretakers, providers, and anyone else who is facing issues accessing care because of their insurance. The services are ALWAYS FREE and ALWAYS CONFIDENTIAL, Regardless of the type of insurance, even if you have no insurance, CHAMP will help you navigate the insurance issue you are facing.

CHAMP is a joint effort between the Office of Addiction Services and Supports and the Office of Mental Health and as such has access to the resources available to both offices. CHAMP is a community focused project and was established in partnership with community-based organizations, including Community Service Society, Legal Action Center, the New York State Council for Community Behavioral Healthcare, and the Medicare Rights Center. We have partnered with nine local nonprofits throughout the state to make sure that we have a direct connection to programs and care available near you. Anyone can call our helpline. There are no requirements or qualifications.

CHAMP is here to help individuals and their families resolve issues in accessing substance use disorder and mental health services created by their health insurance or lack of insurance. We can help investigate and resolve insurance denials and advocate for you and your rights. We can help with navigating your options within your insurance network for care as well as your options if your insurance doesn't have in network coverage. We can help figure out if your insurance is following the law and assist with filing complaints with the proper government agency if they are not. CHAMP is here to answer your questions about your insurance rights. If you are unsure about if CHAMP is right for you, call and we will do our best to help.

## **Childcare Connections**

Childcare Connections has tags '#Regional, #Columbia County, #Greene County, #Children's Services, #Services for Families, #Daycare'

160 Fairview Avenue, Suite 207; Hudson, NY 12534

**Phone:** (518) 822-1944 **Fax:** (518) 822-8233

**Website:** <u>www.ccconnectionsny.org</u> **Contact:** Suzanne Holdridge, Director

Email: sholdridge@familyofwoodstockinc.org

Objectives: To support the community by expanding and promoting high quality child care that

meets the needs of children and their families.

**Services provided:** Support to families and child care providers to protect the healthy development and well-being of children.

**Hours:** Monday – Friday, 8 am – 4 pm.

**Target population(s):** Families and child care providers. **Eligibility:** Must be a Columbia or Greene county resident. **How to apply for services:** Contact our office or go on-line.

# **Columbia-Greene Addiction Coalition (CGAC)**

Columbia-Greene Addiction Coalition has tags '#Regional, #Columbia County, #Greene County, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Addiction, #Data, #community health, #Community Services'

PO Box 845, Hudson, NY 12534

Contact: Hannah Calhoun Email: director@c-gac.org
Phone: 518-303-3665

Website: https://www.columbiagreeneaddictioncoalition.org/

**Objective:** CGAC is dedicated to fostering collaboration and coordination to expand harm reduction, prevention education and ensure there are adequate supports for treatment and

recovery. Refer to the website for events calendar and resource list.

# **Columbia-Greene Housing Coalition**

Columbia-Greene Housing Coalition has tags '#Regional, #Columbia County, #Greene County, #Housing, #Community Services, #case management, #homeless services, #affordable housing'

200 Henry Johnson Blvd., Albany, NY 12210

Phone: 518-489-4130 ext. 728 Contact: Kathy Germain

Email: <a href="mailto:kgermain@caresny.org">kgermain@caresny.org</a>
Website: <a href="https://caresny.org/cghc/">https://caresny.org/cghc/</a>

**Services Provided:** 

The Columbia Greene Housing Coalition Continuum of Care (CGHC CoC) is a two county collaborative which partners with local community members and organizations to end homelessness through a comprehensive planning and assessment process which engages and educates county residents on the housing needs of our most vulnerable populations.

CARES has provided housing and case management services for vulnerable populations in Albany for nearly 25 years. CARES owns and operates 39 units of permanent supportive housing for formerly homeless persons and families living with a disability. In addition, CARES owns and manages a men's and women's SRO program and a forty-unit tenant-based program for formerly homeless households with a HUD defined disability.

## **Supportive Housing**

Supportive Housing has tags '#Regional, #Columbia County, #Greene County, #Housing, #affordable housing, #homeless services'

Supportive Housing is the most cost-effective solution to end homelessness. CARES is a proud member of the Supportive Housing Network of New York and committed to the supportive housing model which is a proven best practice to reduce homelessness. Supportive housing is permanent affordable housing with onsite services that help formerly homeless, vulnerable tenants, achieve housing and health stability.

CARES owns and manages 24 apartments in the City of Albany for singles and families. All tenants receive rent subsidies and case management services which aim to assist tenants achieve housing stability, attain income, improve physical and mental health, and live a good quality of life. Each year tenants celebrate summer and the holidays with a community meal and celebration.

## **CARES Housing Case Management Program**

CARES Housing Case Management Program has tags '#regional, #Columbia County, #Greene County, #case management, #homeless services' Collaborative Care Casework

As a partner with the Albany Housing Authority, CARES provides case management services to over 70 households in the City of Albany. These tenants are formerly homeless persons with a qualifying disabling condition including serious mental illness, chronic health conditions, HIV/AIDS, and substance abuse which negatively impacts daily living. Staff work with offsite providers such as visiting nurses to coordinate efforts for medication management and with medical and mental health case managers to help remind tenants of upcoming appointments and arrange transportation to attend appointments. CARES coordinates monthly care coordination meetings with offsite providers to discuss tenant progress and outstanding needs

## Columbia-Greene Workforce New York

Columbia-Greene Workforce New York has tags '#Regional, #Columbia County, #Greene County, #Employment Services, #Educational Services, Youth services, #after school programs, #services for people with disabilities, #unemployment benefits'

4400 Rt 23, Hudson, NY 12534

Contact: Jeanette O'niel

Email: info@columbiagreeneworks.org

**Phone:** 518-697-6510

**Hours:** 8am - 4pm, Monday through Friday

Website: columbiagreeneworks.org

**Services Provided:** We foster economic development by serving as a bridge between employers and job seekers. Services include: job search assistance, skills training and development, disability resources, youth services, and various other learning opportunities. Grants available for tuition assistance for certification classes for in demand occupations. **Job placement assistance** includes job matching services, resume/cover letter building & review, interview coaching, networking support, job search strategies, access to job fairs & online job portals, industry specific job leads, post-placement support & retention services, customized job search plans, skill enhancement recommendations, and job placement subsidies.

**Training & Learning Resources** – Credit & non-credit programs, connection to trade, vocational, and military training resources.

**Disability Resources** - Disability Resource Coordinators connect individuals with programs and services such as NYS Education Department (NYSED) Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCES-VR) and the Office of Children and Family Services/NYS Commission for the Blind (OCFS/NYSCB)

**Youth Services** – In-school & out-of-school programs, GED preparation, working papers for youth under 18, and summer job placement (ages 14-20 years, income-based)

# Columbia Memorial Hospital-Inpatient/Outpatient Psychiatric Services

Columbia Memorial Hospital Inpatient/Outpatient Psychiatric Services has tags '#Regional, #Columbia County, #Greene County, #Medical Services, #therapy, #psychiatry, #Mental Health Services, #Inpatient Treatment, #Outpatient Treatment'

71 Prospect Ave, Hudson, NY 12534

Phone: (518) 828-7601

Facebook: @ColumbiaMemorial

Inpatient Psychiatric Services: Brian Stewart (518) 828-8136

Email:bstewart@cmh-net.org

Outpatient Services: Julie Valliere (518) 697-8010

Email:ivalliere@cmh-net.org

Website: https://www.columbiamemorialhealth.org/psychiatry/

**Services Provided:** Inpatient acute psychiatric care. Outpatient psychiatric services offered in Hudson (71 Prospect Avenue, 5th floor) and Catskill (Greene Medical Arts Building, 159 Jefferson Heights, Suite C-104)

**Hours:** Monday-Friday, 9am-4pm, with additional evening hours (Outpatient)

# **Columbia Memorial Hospital Primary Care Offices**

Columbia Memorial Hospital Primary Care Offices has tags '#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care doctor'

**Website:** https://www.columbiamemorialhealth.org/services/specialty-services/primary-care-and-pediatrics/

#### CAIRO FAMILY CARE

4383 Route 23, Cairo, NY 12413 p. 518.622.8525 f. 518.622.9104

Hours: Mon-Fri: 7:30am-4:30pm

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care doctor'

#### **CALLAN FAMILY CARE**

283 Mountain View Rd., Copake, NY 12516 p. 518.329.3900 f. 518.329.1040 Hours:

Mon-Thurs: 8:00am-4:00pm

Fri: Closed

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

#### **CHATHAM-GHENT FAMILY CARE**

31 Dardess Drive, Chatham, NY 12037 p. 518.392.6650 f. 518.392.4173 Hours:

Mon-Fri: 8:30 a.m. to 4:30 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care doctor'

#### **COLUMBIA MEMORIAL FAMILY CARE**

71 Prospect Ave. – Medical Office Building, Suite 110, Hudson, NY 12534 p. 518.828.3327 f. 518.828.2532

Hours: Mon, Fri: 8 a.m. – 5 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care doctor'

#### COLUMBIA MEMORIAL PEDIATRICS - HUDSON

813 Warren Street, Hudson, NY 12534 p. 518.828.4125 f. 518.697.5342

Hours: Monday: 8 a.m. – 6 p.m., Tue, Wed, Thur, Fri: 8 a.m. – 4:30 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care doctor'

## **COLUMBIA MEMORIAL PEDIATRICS - CATSKILL**

159 Jefferson Heights – Greene Medical Arts, Suite C-103, Catskill, NY 12414 p. 518.943.2557 f. 518.943.2739

Hours: Mon & Thu: 8:00 a.m. – 6 p.m./Tue, Wed, Fri: 8:00 a.m. – 4:30 p.m. '#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care doctor'

### **COLUMBIA MEMORIAL PEDIATRICS - VALATIE**

2827 Route 9, Ocean State Job Lots Plaza, Valatie, NY 12184 p. 518.392.2277

f. 518.392.7883

Hours: Mon-Fri: 8:00 a.m- 4:30 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care doctor'

### **HUDSON MEDICAL CARE**

71 Prospect Ave. – Medical Office Building, Suite 130 Hudson, NY 12534 p. 518.697.3540

f. 518.697.3551

Hours: Monday- Friday 8:00am-4:30pm

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

#### JEFFERSON HEIGHTS FAMILY CARE

159 Jefferson Heights – Greene Medical Arts, Suite D-201 Catskill, NY 12414 p. 518.943.3415 f. 518.943.0938

Hours: Mon-Fri: 8 a.m. – 4:30 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

#### KINDERHOOK MEDICAL CARE

2827 Route 9, Valatie, NY 12184 p. 518.758.6101 f. 518.758.2162

Hours: Mon-Fri: 730am-5pm

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

#### LAFAYETTE FAMILY CARE

24 Lafayette Ave., Coxsackie, NY 12051

ph: (518) 731-7777 fax: 518-731-7710 Hours: M-F 8 am – 4 pm

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

### **MAIN STREET FAMILY CARE - CAIRO**

130 Main StCairo, NY 12413

tel: (518) 622-3200 fax: 518-622-3202

Hours: M, T, W, F 7:30 am - 3:30 pm

Thurs. 7:30 am - 4 pm

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

#### PRIME MEDICAL

159 Jefferson Heights – Greene Medical Arts, Suite D-107Catskill, NY 12414 p. 518.943.1442 f. 518.943.2003

Laura: Man Fri: 9 a m - F

Hours: Mon-Fri: 8 a.m. – 5 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

#### TANNERSVILLE FAMILY CARE

6225 NY-23A, Tannersville, NY 12485

ph: (518) 589-6843 fax: 518.589.6844 Hours: M-F 8am – 4pm

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

#### **VALATIE FAMILY CARE**

2827 Route 9, Valatie, NY 12184 p. 518.758.1766 f. 518.758.1439

Hours: Mon-Fri: 7:30 a.m. – 4:30 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

### WINDHAM MEDICAL CARE

345 State Route 296, Hensonville, NY 12439 p. 518.734.3260 f. 518.734.5289

Hours: Mon-Fri: 8:30 a.m. – 4 p.m.

'#Regional, #Columbia County, #Greene County, #Medical Services, #PCP, #Primary care

doctor'

# **Common Ground Dispute Resolution**

Common Ground Dispute Resolution has tags '#Regional, #Columbia County, #Greene County, #Legal Assistance, #custody mediation'

11 William Street, Catskill, NY 12414

Phone: (518) 943-0523 Text: 518-380-1777

Website: www.commongroundinc.org

Contact: Dawn K. Wallant, Executive Director

**Email:** dwallant@commongroundinc.org/info@commongroundinc.org

Facebook: Common Ground Dispute Resolution, Inc.

**Objective:** Our Mission is to help you find a path from conflict to mutual understanding. By working to remove barriers to communication, you are given voice and empowered to reach a common ground.

**Services provided:** Custody mediation, elder decision-making, civil and minor criminal dispute resolution, housing disputes, multi-party facilitation, Probate mediation, cooperative parenting workshops for separating/divorcing couples, conflict coaching for youth and adults, Restorative Practice mediation ("RJ"), anti-bullying programs for schools, conflict resolution workshops for youth and adults.

**Hours:** Monday – Friday, 8:30 am -4:30 pm, and by appointment.

Target population: All.

**Eligibility criteria:** Mediation is not suitable for victims of domestic violence and is prohibited with a finding of child abuse and/or neglect.

How to apply for services: Call or text 943-0523, email info@commongroundinc.org, or visit

the website.

# Cornell Cooperative Extension of Columbia & Greene Counties

Cornell Cooperative Extension of Columbia & Greene Counties has tags '#Regional, #Columbia County, #Greene County, #Food Security Services, #Educational Services, #Community Services, #services for families, #Children's Services, #Sober events, #After school programs' Extension Education Center; 479 Route 66, Hudson, NY 12534

Phone: (518) 828-3346

Website: ccecolumbiagreene.org

Contact: Becky Polmateer Email: rp328@cornell.edu

General email: columbiagreene@cornell.edu

Association Facebook: Cornell Cooperative Extension of Columbia and Greene Counties

4-H Facebook: www.facebook.com/4HColumbiaandGreene

**Objective:** The Cornell Cooperative Extension educational system enables people to improve their lives and communities through partnerships that put experience and research knowledge to work

**Services provided:** Educational information on family economics & resource management, energy conservation, home environment, economic vitality, 4-H youth development, parenting skills, gardening, community health & wellness, and nutrition behaviors delivered through workshops, classes, webinars, newsletters, after-school programs, 4-H clubs, exhibits, and local media. Visit our website to learn about our agriculture & food systems, community horticulture, and environment & natural resources program offerings.

**Hours:** Monday – Friday, 8:30 am – 4:00 pm; closed for lunch between noon and 1 pm.

**Target population:** Columbia and Greene County residents.

How to apply for services: Call, email, register for classes online or stop by either office.

# **The Eddy Visiting Nurse Association**

The Eddy Visiting Nurse Association has tags '#Regional, #Columbia County, #Greene County, #Medical Services, #Services for Seniors'

**Greene Medical Arts Center 47 Liberty St., Catskill, NY** 12414

Phone: (518) 943-5530 Fax: (518) 943-6014 Website: www.sphp.com

Contact: Caitlin St. George, Community Liaison, (518) 270-1347

Email: Caitlin.st.george@sphp.com

**Objective:** To help individuals remain independent and in the comfort of their homes.

**Services provided:** Home health aides; nurses; physical, occupational & speech therapists; medical social workers; nutritionists; home infusion; medical equipment & supplies, telehomecare; personal emergency response systems; monitored medication dispensers; and palliative care.

**Hours:** Monday – Friday, 8 am to 4 pm. Troy office open weekdays 7:30 am to 5 pm (518-272-

6200).

**Target population:** 18 years and older.

Eligibility criteria: Please call for the criteria on the different levels for services offered.

How to apply for services: Call 943-5530.

## **The Empire Justice Center**

Empire Justice Center has tags '#Regional, #Columbia County, #Greene County, #Legal Assistance'

One West Main Street, Suite 200, Rochester, NY 14614

Phone: (585) 454-4060 Fax: (585) 454-2518

Website: www.empirejustice.org

**Contact:** Connie Wiggins, Office Manager **General Email:** <u>Health@empirejustice.org</u>

Facebook: Empire Justice

**Objectives**: Empire Justice Center's statewide health law practice provides advocacy and legal services to low-income clients who need assistance accessing health care services and health insurance. Empire Justice also provides technical assistance and training to advocates that are helping individuals access health care.

**Services provided:** Advocacy assistance, including legal representation, to low-income people seeking access to health care services and health insurance. Assistance is available regardless of insurance type or insured status, with an emphasis on people on Medicaid, Medicare or both, and those who are uninsured. In Columbia and Greene Counties, all healthcare issues are handled with a particular focus on Medicaid homecare and Medicaid managed long term care.

**Hours:** Monday – Friday, 9 am to 5 pm. **Target population:** Low-income.

Eligibility criteria: Not applicable.

How to apply for services: Call 800-724-0490, x-5822 or email Health@empirejustice.org.

# **Epilepsy Foundation of Northeastern New York**

Epilepsy Foundation of Northeastern New York has tags '#Regional, #Columbia County, #Greene County, #health services'

3 Washington Square, Albany, NY 12205

Phone: (518) 456-7501 Fax: (518) 452-1282

**Website:** epilepsy.com/local/northern-newyork

**Objectives:** The mission of the Epilepsy Foundation is to lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives. One of our primary goals is to provide accessible, current information about epilepsy/seizure disorders to individuals with epilepsy, parents, family members, and friends. We also provide information about epilepsy to professionals in the community through our inservice training programs.

**Services provided:** Information and referral, service coordination, counseling, school and community education, advocacy, and support groups.

**Hours:** Monday – Friday, 8:30 am – 4 pm.

**Target population:** Individuals with epilepsy, their families, caregivers, and the community.

**Eligibility criteria:** Diagnosis of epilepsy/seizure disorder.

How to apply for services: Call 518-456-7501.

## **FAMILY of Woodstock, Inc.**

Family of Woodstock, Inc. has tags '#Regional, #Columbia County, #Greene County, #Children's Services, #Food Security Services, #youth services, #day care, #Domestic Violence Services, #residential services, #legal assistance, #case management'

# 31 Albany Avenue, Kingston, NY 12401 Mailing: P.O. Box 3516, Kingston, NY 12402

**Phone:** (845) 331-7080 **Fax:** (845) 331-0526

Email: info@familyofwoodstockinc.org

Website: <a href="https://www.familyofwoodstockinc.org/">https://www.familyofwoodstockinc.org/</a>
Program hours: 8:30 am – 5:00 pm Mon – Fri

Services Provided:

All of FAMILY of Woodstock's programs operate under the auspices of FAMILY of Woodstock, Inc., a 501(C)3 organization, registered as a charity in the State of New York.

HELPING 24 HOURS A DAY: Hotlines, Walk-In Centers, Emergency Food, Counseling, Case

Management, Free Clothing and Household Items

**Important:** For immediate service, please contact our hotlines by phone. Email and other means of correspondence do not allow us to serve you right away.

#### **FAMILY of Ellenville**

221 Canal Street, Ellenville, NY 12428

Phone: (845) 647-2443 Fax: (845) 647-2460

Email: foeh@familyofwoodstockinc.org

Program Hours:9:00 am - 4:30 pm Mon, Tues, Thurs, Fri

10:00 am - 6:30 pm Wed

#### **FAMILY of New Paltz**

51 North Chestnut Street, New Paltz, NY 12561

Phone: (845) 255-8801 Fax: (845) 255-3498

Email: fnph@familyofwoodstockinc.org

Program Hours: M-Th 10am-5pm, Fri 10am-4pm

#### **FAMILY of Woodstock**

16 Rock City Road, Woodstock, NY 12498

(845) 679-2485 / 338-2370

Fax: (845) 679-8490

Email: fowh@familyofwoodstockinc.org

Program Hours: Walk-ins: 9:30 am - 9:30 pm

#### **ENDING DOMESTIC VIOLENCE**

ENDING DOMESTIC VIOLENCE has tags '#Regional, #Residential services, #legal assistance

#### The Washbourne House DV Shelter

PO Box 3817, Kingston, NY 12402 Phone: (845) 679-2485 / 338-2370

Fax: (845) 331-0526

Email: <a href="mailto:fdvs@familyofwoodstockinc.org">fdvs@familyofwoodstockinc.org</a>
Program Hours: 24 Hour Access

#### **Non-Residential Domestic Violence Services:**

Counseling, Case Management, Support Groups, Public Education Programs

Services at various locations, available in Spanish

PO Box 3817, Kingston, NY 12402

(845) 331-7080 Fax: (845)331-0526

Email: fdvs@familyofwoodstockinc.org

Program Hours: 9:00 am - 5:00 pm Mon - Fri

#### **Ulster County Family Court Advocate**

PO Box 3516, Kingston, NY 12402

Phone: (845) 481-9465 Fax: (845) 340-3626

Email: <a href="mailto:courtadvocate@familyofwoodstockinc.org">courtadvocate@familyofwoodstockinc.org</a> Program Hours: 9:00 am – 5:00 pm Mon – Fri

**Evolve: Program for Domestic Violence Abusers** 

Services at various locations PO Box 3516, Kingston, NY 12402

(845) 331-7080 Fax: (845) 331-0526

Email: <a href="mailto:evolve@familyofwoodstockinc.org">evolve@familyofwoodstockinc.org</a>
Program Hours: 8:30 am – 4:30 pm Mon – Fri

#### JUST FOR TEENS

Just for teens has tags '#regional, #residential services, #affordable housing, #Case Management, #youth services'

**FAMILY House: Short-term Shelter** 

(Confidential Location) Rosendale, NY 12472 Mailing Address:

PO Box 3516, Kingston, NY 12402

Phone: (845) 338-5953 Fax: (845) 338-6178

Email: famhouse@familyofwoodstockinc.org

MidWay of Ellenville: Supervised Transitional Housing

3 Warren Street, Ellenville, NY 12428

Phone: (845) 647-1346

Email: midwaytwo@familyofwoodstockinc.org

MidWay of Kingston: Supervised Transitional Housing

189 O'Neil Street Kingston, NY 12401 (845) 339-5508

Email: midway@familyofwoodstockinc.org

#### **Youth Case Management Services and Life Skills Education**

166 Albany Avenue

PO Box 3516, Kingston, NY 12402

Phone: (845) 331-7080 / 338-2370 after hours

Fax: (845)331-0526

Email: ycms@familyofwoodstockinc.org

Program Hours: 9:00 am - 5:00 pm Mon - Fri

#### **Family of Woodstock Family Support Program**

166 Albany Avenue

PO Box 3516 Kingston, NY 12402

(845) 331-7080 / 338-2370 after hours

Fax: (845)331-0526

Email: ycms@familyofwoodstockinc.org

Program Hours: 24 Hour Access

#### FIGHTING HOMELESSNESS

Fighting homelessness has tags #emergency housing, #Case Management, #substance use disorder, #addiction, #Immigration services

Adult Case Management Services: Case Management and Advocacy for Housing, Benefits,

Immigration Issues, Substance Abuse

39 John Street and at FAMILY's Walk-In Centers

PO Box 3516, Kingston, NY 12402

Phone: (845) 331-7080 Fax: (845)331-0526

Email: acms@familyofwoodstockinc.org

Program Hours: 9:00 am - 5:00 pm Mon - Fri

#### **Darmstadt Shelter**

40 Thomas Street, Kingston, NY 12401

Phone: (845) 331-1395 Fax: (845) 340-1753

Email: darmstadt@familyofwoodstockinc.org

Program Hours: 24-Hour Access

#### **FAMILY Inn**

38 Thomas Street, Kingston, NY 12401

Phone: (845) 340-1847 Fax: (845) 339-0549

Email: FAMILYinn@familyofwoodstockinc.org

Program Hours: 24-Hour Access

#### **Supervised Visitation**

40 Thomas Street, Kingston, NY 12401

(845) 331-1395 Fax: (845) 340-1753

Email: darmstadt@familyofwoodstockinc.org

Program Hours: By appointment

## PROMOTING QUALITY CHILD CARE

PROMOTING QUALITY CHILD CARE has tags '#regional, #children's services, #day care'

**Child Care Connections of Columbia and Greene Counties** 

389 Fairview Avenue Suite 6, Hudson, NY 12534

Phone: (518) 822-1944 Fax: (518) 822-8233

Email: <a href="mailto:cccg@familyofwoodstockinc.org">ccccg@familyofwoodstockinc.org</a> Program Hours: 8:00 am – 5:00 pm Mon – Fri

#### **Child Care Connections of Ulster County**

31 Albany Avenue PO Box 3516 Kingston, NY 12402 (845) 331-7080 Fax: (845) 331-0526

Email: <a href="mailto:cccouncil@familyofwoodstockinc.org">cccouncil@familyofwoodstockinc.org</a> Program Hours: 8:00 am – 4:00 pm Mon – Fri

#### **Child Care Assistance Program of Columbia County**

389 Fairview Avenue, Suite 6, Hudson, NY 12534

Phone: (518) 822-0087 Fax: (518) 822-8233

Email: <a href="mailto:ccsubsidy@familyofwoodstockinc.org">ccsubsidy@familyofwoodstockinc.org</a> Program Hours: 8:00 am – 4:00 pm Mon – Fri

#### **Building Strong Communities**

Kingston Cares Everette Hodge Community Center 15-21 Franklin Street, Kingston, NY 12401

Phone: (845) 331-1110 Fax: (845)331-0526

Email: <u>kingstoncares@familyofwoodstockinc.org</u> Program Hours: 9:00 am - 5:00 pm Mon - Fri

# Four Winds: Saratoga

Four Winds: Saratoga has tags '#regional, #Greene County, # Columbia County, #Inpatient Treatment, #Mental Health Services, #youth services, #Children's Services, #Partial hospitalization, #Psychiatry, #therapy, #substance use disorder, #addiction, #mental health services'

30 Crescent Ave, Saratoga Springs, NY 12866

**Phone**: (518) 584-3600 **Admissions**: 1-800-959-1287

Website: https://www.fourwindshospital.com/about\_four\_winds/saratoga/

Services Provided:

Four Winds treats a full spectrum of psychiatric disorders, including:

Depression and other Mood Disorders

- Anxiety Disorders
- Dual Diagnosis
- Thought Disorders
- Psychological Trauma and Abuse

Four Winds Saratoga provides a comprehensive range of mental health treatment services for children, adolescents, adults, and older adults.

Four Winds offers four levels of treatment intensity. After an initial evaluation, every patient is referred for individualized treatment at the appropriate level of care within the Four Winds continuum. Patients can access various levels of care throughout the course of their treatment.

Treatment programs include:

## **Four Winds Inpatient Hospitalization**

Four Winds Inpatient Hospitalization has tags '#regional, #columbia county, #Greene County, #Inpatient Treatment, #Mental Health Services, #youth services, #Children's Services, #Partial hospitalization, #Psychiatry, #therapy, #substance use disorder, #addiction, #mental health services'

#### Adolescent Services

- Four Winds Saratoga is one of the leading providers of child and adolescent mental health services in the Northeast. There are two adolescent inpatient units on our campus. The Polaris unit typically serves younger adolescents and the Freshwater unit serves older adolescents. Each home-like cottage is staffed with a professional, multi-disciplinary treatment team, under the supervision of a child and adolescent psychiatrist.
- This comprehensive program addresses adolescent psychiatric problems, including: depression, anxiety disorders, substance abuse, suicidal ideation, social isolation, and physical and sexual abuse.
- While a broad range of emotional and behavioral difficulties are treated, each
  patient receives an individualized treatment plan based upon his or her needs.
  Treatment integrates individual, group and family therapies with a full
  complement of educational, expressive and recreational therapies.
- Adolescents participate in insight-oriented individual therapy, behavioral therapy, and group therapies, as well as a range of expressive therapies. Patients attend skill-building groups where an emphasis is placed on learning positive social skills, conflict resolution and mutual respect.
- Working with each child's family or support system is a major focus of treatment.
   Families are actively involved in treatment planning, family therapy and discharge planning.

#### Children Services

Four Winds Saratoga is one of the few psychiatric hospitals in New York State
that treats children between the ages of 5-10. This unique inpatient unit is
housed in a separate cottage, named Catlin, that includes its own teaching and
learning center and recreational area. The Catlin unit is staffed with a
professional, multidisciplinary treatment team, under the supervision of a
psychiatrist.

- Treatment integrates individual, group and family therapies with a full complement of educational, expressive and recreational therapies. Families are actively involved in treatment planning, family therapy and discharge planning. While a broad range of emotional and behavioral difficulties are treated, each child receives an individualized treatment plan based upon his or her needs.
- An important part of the treatment on Catlin is "milieu therapy". Skill building groups with children and staff encourage coping skills and socialization. Reinforcement of a positive self-image, promoting self-care skills, and responsibility and independence are integrated into the daily routine.

#### Adult & Older Adult Services

- Our adult inpatient hospital programs are designed to provide the highest quality of care to our patients. Comprehensive treatment is provided in a compassionate and individualized manner, taking into account the unique circumstances of each person.
- Housed in two comfortable cottages, Hathorn and Ferndell, our program strives to accentuate a patient's strengths. Each unit is staffed by a multi-disciplinary treatment team consisting of psychiatrists, nurse practitioners, psychologists, social workers, nursing staff, and other mental health professionals.
- With the assistance of the treatment team, patients receive education on their diagnosis, develop an individualized treatment plan, and actively engage in skill-based groups that will help them on their road to recovery. Our goal is to assist every patient in developing self—care and coping skills that will allow them to better manage their symptoms and adapt to environmental stressors. Our therapeutic milieu, or setting, provides a safe environment in which they can practice these new skills.
- During their course of treatment, a patient will participate in: Comprehensive Psychiatric/ diagnostic evaluation, collaborative treatment planning, individual therapy, extensive group therapy, skills training, family therapy, recreational activities and expressive therapies, and comprehensive discharge planning. Our group therapy program is individualized based upon the specific needs of each patient.
- Our adult inpatient program is unique in that we also provide two evidence-based treatment services: Dialectical Behavioral Therapy (DBT) and Dual Diagnosis/Chemical Dependency Services.
- Dialectical Behavioral Therapy (DBT)
  - DBT is a specialized form of Cognitive Behavioral therapy which has been shown to be highly effective in assisting patients to reduce self destructive behaviors and to assist individuals in regulating their emotions. This comprehensive program will heighten patient's awareness to their self-destructive thoughts and behaviors and will facilitate the development of healthier methods of coping. Patients will also be assisted in looking at lifestyle changes that will reduce crisis in their lives. Individualized homework assignments focused on treatment goals will be provided as well as a comprehensive plan of how to manage symptoms and stressors outside of the hospital. Our highly-trained nursing staff provides "skills coaching" to patients, allowing them to practice these skills while on the unit so that they can generalize these skills into their daily life.
  - Patients who exhibit emotional dysregulation or self-destructive behaviors, with concurrent diagnoses such as: depression, anxiety disorders, borderline personality disorder, post traumatic stress disorder

and self-injurious behaviors are ideal candidates for this comprehensive inpatient treatment.

- Dual Diagnosis/ Chemical Dependency
  - Adult Services recognizes the need to provide concurrent treatment for individuals struggling with both a psychiatric diagnosis and an addiction. Individualized assignments which are tailored to the patient's stage of treatment will be provided. Patients will be educated on the interaction between their psychiatric symptoms and their addiction. Specific focus will be placed on the development of a relapse prevention plan and making recommendations for continued dual diagnosis treatment to continue to promote their recovery upon discharge.

## **Four Winds Partial Hospital Program**

Four Winds Partial Hospitalization has tags '#regional, #columbia county, #Greene County, #outpatient Treatment, #Mental Health Services, #youth services, #Children's Services, #Partial hospitalization, #Psychiatry, #therapy, #substance use disorder, #addiction, #mental health services'

- Adolescent Partial Hospital Program (PHP)/Adult Partial Hospital Program (PHP)
  - The Four Winds Partial Hospitalization and Intensive Outpatient Programs is virtual!
  - The programs continue to provide short-term, medically supervised outpatient treatment services for adults, 18 years of age and older.
  - PHP can be an appropriate alternative to inpatient treatment, but can also be a benefit to persons transitioning from inpatient to outpatient care. The program is especially suited to individuals who may be in acute distress with symptoms of depression or psychosis, and who may exhibit disorganized or self-destructive behaviors. Adults who need a brief, comprehensive reassessment of their outpatient treatment, and/or who are in need of increased structure and support including a possible change in their medication regimen, will find this program beneficial.
  - IOP provides an opportunity for more intensive treatment than can be provided in a traditional outpatient setting. Adults who need a brief, comprehensive reassessment of their outpatient treatment, including a possible change in their medication regimen will find this program beneficial.
  - Staffed by a multi-disciplinary treatment team, these programs utilize a cognitive behavioral and psycho-educational approach. Central to the treatment is the development of coping skills to manage psychiatric symptoms and the stressors of everyday life.
  - Working closely with family/significant others is an important part of both programs. Therapists meet with the family on a regular basis, addressing significant issues, including medications. Clinical staff is available 24 hours a day for consultation with the patient and family in a crisis situation.
  - The programs provide group, individual, and family psychotherapy, individual case management and medication education. There is a focus on individualized treatment to meet the unique needs of each person entering the program.
  - Dialectical Behavioral Therapy is a Cognitive Behavioral approach utilized by the PHP and IOP programs which demonstrates a significant reduction in self-

destructive coping behaviors and suicide attempts. People focus on developing more adaptive methods of coping, concentrating on reduction of "Crisis Driven Behaviors". Those who exhibit emotional dysregulation or self-destructive behaviors, with concurrent diagnoses such as: depression, anxiety disorders, borderline personality disorder, post traumatic stress disorder, and self injurious behaviors are ideal candidates for this treatment approach.

- Most third party payers cover treatment for the Partial Hospital Program, and Four Winds is a provider for major managed care networks as well as Blue Cross and other commercial insurance plans. Medicare and New York State Medicaid are accepted. The referring therapist is invited to participate in the treatment planning of all patients, facilitating optimum care. Discharge planning is initiated at the time of admission and continues through the course of the treatment.
- In order to expedite the admissions process, we are providing you with the PHP/IOP Admission Forms so you may download, print and fill out ahead of time.
   Completed documents can be faxed to: 518-581-2535.

# **Healthy Capital District Initiative**

Healthy Capital District has tags '#Regional, #Community Services, #Insurance, #Certified Recovery Peer Advocate, #Professional Development, #Community Health, #Data, #Public Health, #Sober events, #Blind services, #Services for people with disabilities, #Services for seniors #Recovery Resources, #Social Determinants of Health, #Community Health Worker'

175 Central Avenue, 5th Floor, Albany, NY 12202

Phone: (518) 462-7040
Fax: (518)462-7021
Website: www.hcdiny.org
Contact: Carrie Dunn-Herrera
Email: hcdi@hcdiny.org

Facebook: www.facebook.com/HCDINY/

**Objectives:** An incorporated non-profit whose mission is to provide access to health insurance and care, health planning expertise, and supporting health prevention programs across the

Capital Region.

**Services Provided: Population Health Improvement Program (PHIP):** The PHIP is a New York State Department of Health initiative that supports the development of regional strategies to transform health care delivery, improve population health and eliminate disparities. The program uses regional and local public health data to develop coordinated, evidence-based strategies to measurably improve population health as well as provide technical assistance to partners in the development and monitoring of health initiatives.

#### Professional Development Calendar:

https://www.healthycapitaldistrict.org/tiles/index/display?id=273481591416128067

#### Public Health and Sober Events Calendar:

https://www.healthycapitaldistrict.org/index.php?module=Tiles&controller=index&action=display&id=98543771059535673

Referrals and Resource Guides:

## **Community Health Advocate (CHA):**

Community Health Advocate has tags '#Insurance Navigation, # Health Insurance Navigator, #Columbia County, #Greene County'

The CHA provides navigation services of the complex health care system by providing individual assistance. Our CHA can help you find health insurance, access free or low-cost health care, and help to solve billing issues along with drug assistance programs.

**Hours of operation:** Monday-Friday, 8 am – 5 pm.

**Target population:** PHIP – Public health planners, healthcare providers, community-based organizations and consumers in Albany, Rensselaer, Schenectady, Saratoga, Columbia and Greene counties. **CHA** – Any individual who is uninsured, underinsured or is having difficulty getting the services they need.

Eligibility criteria: N/A

How to apply for services: Call or walk in.

# **Hudson/Catskill Housing Coalition**

Hudson/Catskill Housing Coalition has tags '#Columbia County, #Greene County, #Housing, #Affordable Housing, #Tenant Rights'

Mailing: 47 N. 5th Street, Hudson, NY 12534

**Phone:** (518) 291-9415

Website: https://www.hudsoncatskillhousing.org/

#### Services Provided:

Hudson/Catskill Housing Coalition stands at the intersection of housing justice, racial justice, criminal justice, and social justice.

We envision a world built on principles of equality, justice, and solidarity, where care will replace the forces of policing, criminalization, and abandonment of marginalized communities. We believe that treating housing as a human right is a form of investment in human and community life that can fundamentally transform society. Realizing this vision begins from where we stand. We work to transform Hudson and Catskill, the places we come from and call home, through empowerment, education, and mobilization around housing justice.

# **Job Corps Center (Glenmont)**

Job Corps Center has tags '#Youth Services, #Employment Services, #Columbia County, #Greene County, #residential services'

822 River Rd., PO Box 993, Glenmont, NY 12077-0993

**Phone**: 518-767-9371 **Fax**: 518-767-2106

**Contact:** Tracy Battle/518-767-2014 **Website:** <a href="https://www.jobcorps.gov/">https://www.jobcorps.gov/</a>

For over 60 years, Job Corps has helped young people achieve successful careers in the nation's fastest-growing industries. With Job Corps, students can LEARN the skills and resources to be successful in a career, Earn a high school diploma or equivalent, TRAIN in one of 10 different industries, and ENGAGE with a supportive community to access graduate resources and connections.

#### Residential Living at Job Corps.

We know that Job Corps is not a one-size-fits-all experience. Whether you're interested in living in the center or need to stay closer to home, Job Corps has an option to fit your needs.

#### **Job Corps Forest Service Civilian Conservation Centers**

Job Corps has 24 centers that are known as Civilian Conservation Centers. These centers are operated by the U.S. Forest Service and encourage students to learn in nature and work to sustain and improve the land they live on. By embracing their natural surroundings, students at these centers can train in additional career fields, including wildland firefighting, urban forestry and forestry conservation.

#### **Eligibility**

Generally, Job Corps students are 16 through 24 years old, are low-income individuals, who meet citizenship, residency, DACA or other approved status requirements, meet background requirements, and are ready and motivated to succeed

Enroll: Job Corps

## **Job Search Links**

Job Search Links has tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search"

## **Local Job Network**

Local Job Network has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search"

## **Glassdoor**

Glassdoor has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search"

## <u>CareerBuilder</u>

CareerBuilder has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search"

## **Handshake**

Handshake has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search"

## **ZipRecruiter**

ZipRecruiter has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search'

## **Indeed**

Indeed has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search"

## Find Remote Jobs in the USA | Jobtrees

Jobtrees has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search"

## **Manpower**

Manpower has the following tags '#Columbia County, #Greene County, #Regional, #Employment Services, #online job search'

# **Legal Aid Society of Northeastern New York**

Legal Aid Society of Northeastern New York has tags '#Columbia County, #Greene County, #Regional, #Legal Services, #Immigration Services, #Citizenship, #Domestic Violence Services, #Eviction, #Fraud, #Green Card, #Tenant Rights'

95 Central Avenue, Albany, NY 12206

Website: www.lasnny.org

**Contact:** Wendy Wahlberg (non-intake contact- Deputy Director)

Email: wwahlberg@lasnny.org

**Objectives:** The Legal Aid Society of Northeastern New York provides effective, free civil legal services and education to and advocacy for people with low income or other barriers to accessing the legal system. We secure basic needs, protect and preserve legal rights, provide equal access to justice and seek fairness and dignity for our clients. Our service area covers 16 counties in Northeastern New York including Columbia and Greene.

**Services provided:** Our organization provides free legal services to low (and sometimes moderate) income clients in Columbia and Greene Counties in civil, not criminal, legal matters. Our income restrictions vary so we encourage a call to our office to determine eligibility for our services which are always free. In Columbia and Greene Counties we can provide representation with Landlord Tenant, Foreclosure, Income Maintenance, SSI/DIB, Immigration, Children's Law, HIV/AIDS, Low Income Taxpayer, Consumer, Utility, Unemployment Insurance, and Domestic Violence issues. We can also provide advice or brief service in other civil (non-criminal) matters.

**Hours:** Albany office is open Monday – Friday, 9 am – 5 pm. Some intake is done on a first-

come, first- serve basis at 9 am every day except Thursday. Intake for other projects is done on an ongoing basis throughout the business day. Initial intake is done by phone. Staff travels to meet clients in Columbia and Greene Counties on an as needed basis.

**Target population:** Low income and very low income, although this varies and can include moderate income households.

**Eligibility criteria:** Must call in for intake - varies by grant.

How to apply for services: Call 462-6765 or 1-800- 462-2922 to do an intake, and for more

information.

# The Leukemia & Lymphoma Society

The Leukemia & Lymphoma Society has the following tags '#Columbia County, #Greene County, #Regional, #Support Groups, #Chronic Conditions, #Health Services'

Phone: (518) 438-3583 (Office)

**Fax:** (518) 438-6431 **Website:** www.lls.org

Objectives: To cure leukemia, lymphoma, Hodgkin's Disease, and multiple myeloma and to

improve the quality of life of patients and their families.

**Services provided:** Patient financial support, patient social support, educational materials/programs and opportunities for advocacy engagement.

**Hours:** Monday – Friday, 8:30 am – 4:30 pm.

Target population: Blood cancer patients/family members, survivors and healthcare

professionals. Eligibility criteria:

- For financial support—receiving active treatment for a blood cancer diagnosis.
- For social support programs—blood cancer patient/ survivor or family member.
- For educational materials/ programs and advocacy engagement—anyone.

How to apply for services: Contact an Informational Specialist at 800-955-4572.

# **Literacy Connections of Columbia/Greene Counties**

Literacy Connections of Columbia & Greene Counties has tags '#Regional,#Columbia County, #Greene County, #Educational Services, #Immigrant services'

Hudson Area Library at the Armory 51 North 5<sup>th</sup> Street, Hudson, NY 12534

Phone: (518)828-1792, x-104

(Dutchess County Office) 504 Haight Ave Poughkeepsie, NY 12603

Phone: (845) 452-8670

Website: www.literacyconnections.org

Contact: Heatherlyn Martin, Program Coordinator for Columbia & Greene Counties

Email: colgreene@literacyconnections.org

Facebook: https://www.facebook.com/LiteracyConnections/

**Twitter:** #LiteracyConnections

**Objectives:** Literacy Connections is dedicated to developing and offering programs and services to support a literate society. We recruit and train volunteers to provide no-cost student-centered tutoring primarily for adults.

**Services provided:** English as a Second Language classes at no cost and one-on-one tutoring for adult English language and reading learners.

Hours of operation: Tuesdays and Thursdays 10 am – 5 pm, Wednesdays 1-8 pm,

**Eligibility criteria:** Students must be at least 16 years of age and have dropped out of school, or 18 years of age or older, with no upper age limit. All Literacy Connections services are available at no cost.

**How to apply for services:** Contact Heather Martin, area coordinator, by phone, or e-mail to make an appointment for new student intake.

## Make-A-Wish Northeast New York

Make-A-Wish Northeastern New York has tags '#Regional, #Community Services, #Services for Families, #Children's Services'

92 Congress Street, Saratoga Springs, NY 12866 (Suite 200)

**Phone**: (518) 456-9474 **Fax:** (518) 782-0618

Website: www.neny.wish.org

Contact: Emily Malley, Director of Development and Communications

Email: neny@neny.wish.org

Facebook: Make-A-Wish Northeast New York

Instagram: makeawish\_neny
Twitter: MakeAWish NENY

**Objectives:** Make-A-Wish grants the wishes of children with life-threatening medical conditions

to enrich the human experience with hope, strength and joy.

**Services provided:** The Northeast New York Chapter was incorporated in 1987 and grants around 85 wishes each year. We serve the 15 counties that comprise the 518 area code.

**Hours:** Monday – Friday, 9 am – 5 pm.

**Target population:** Children between the ages of 2 ½ and under the age of 18 diagnosed with a life-threatening medical condition.

**Eligibility criteria:** Medical eligibility is determined by the child's physician based on criteria established by the Make-A-Wish Foundation of America.

**How to apply for services:** Referrals may be made by a child's health care provider(s), parent(s) or legal guardian.

# **Medicaid Transportation**

Medicaid Transportation has tags '#Regional, #Columbia County, #Greene County, #Medicaid, #medical transportation, #Transportation Services'

Phone: 1(855) 360-3546

Website: https://www.medanswering.com/login.taf

#### **Services Provided:**

Medicaid Enrollees that are eligible for Medicaid transportation may get transportation to and from most medical appointments. However not every Medicaid Enrollee is eligible for Medicaid transportation. Call Medical Answering Services (MAS) to find out if you are eligible for Medicaid transportation.

#### **How do I schedule Medicaid Transportation?**

You can call MAS to schedule transportation, send a fax or get a user name and password to set up Medicaid transportation for you and your family at www.medanswering.com. Additionally your medical provider or social service caseworker can contact MAS to schedule Medicaid transportation for you.

All Medicaid trips should be called in at least three (3) days in advance. All trips using public transportation should be called into MAS five (5) days in advance. If you need to go on a long distance trip, please call MAS seven (7) days in advance. Urgent or last minute trips can be requested, but please understand last minute trips requests are difficult to accommodate, especially in rural areas.

When you call to schedule a ride MAS will ask you questions so we can identify who the trip is for. Have the following information handy; Medicaid Enrollee's name, birth date and Medicaid identification number; and Current telephone number and address.

#### What level of transportation will I get?

Medicaid Enrollees are expected to go to their medical appointments the same way that they travel to other places on a daily basis. We will set up transportation for you based on your abilities and medical needs. Generally, Medicaid reimburses for personal vehicle mileage, public bus/mass transit, taxi, ambulatory, wheelchair, stretcher, non-emergency ambulance, commercial air, bus and rail transportation.

Scheduling your trip To set up your trip, MAS will ask for: the type of medical appointment that is being scheduled; the name of the doctor, nurse practitioner or physician assistant that you see on a regular basis or we may need the name of the medical provider you are going to see; the date and time of your appointment; the address or name of the facility where you need to go; and whether any special instructions or additional information necessary to get you to and from your medical appointment.

#### Will Medicaid pay for long distance transportation out of town?

MAS will arrange long distance trips out of town when medically necessary. Long distance trips out of town may take more time to arrange and need to be scheduled at least one week (7 days) in advance if possible so we have time to make travel arrangements for you.

#### What forms are required for Medicaid Transportation?

Verification of Transportation Abilities - is required to be on file with MAS for wheelchair, stretcher or ambulance transportation. This is a form your medical provider completes and you or your medical provider returns the form to MAS. Out of County Form – is a form that is completed when your medical care is not available within you common medical marketing area and you must travel a further distance for appropriate approved care.

#### What is my Common Medical Marketing Area?

Your common medical marketing area is the geographic location defined by the government that people routinely get their medical care from before travelling a further distance.

#### What are my responsibilities to use Medicaid transportation?

All Medicaid transportation needs to be scheduled and approved by MAS prior to the trip occurring. All trips should be called in as far in advance as possible. You are responsible for being respectful, punctual and prepared for your ride when the transportation provider arrives. You must follow all New York State laws during transportation.

You should have your Medicaid Card with you when going to and from medical appointments. If you need to cancel a trip, please contact MAS as far in advance as possible. If you are travelling by private vehicle or public transportation you will need to have your medical provider sign forms that you were seen by a medical provider. If we provide you transportation out of town that requires an overnight stay you may also need to submit recipients for hotel stays, meals and other expenses.

What rates will I get reimbursed at if I drive myself or need to stay overnight? MAS will reimburse travel expenses using the Federal Government guidelines for travel reimbursement.

Non-emergency medical transportation for people who are medicaid recipients.

## **Medication Assisted Treatment Providers-2024**

Medication Assisted Treatment Providers has tags '#Regional, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #MAT, #Substance Use Disorder, #Medication Assisted treatment'

## **Twin County Recovery Services**

Twin County Recovery Services has tags '#Regional, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #MAT, #Substance Use Disorder, #Medication Assisted treatment'

350 Power Avenue, Hudson, NY 12534. 428 W. Main St., Catskill, NY 12414

**Phone:** (518) 751-2083 **Fax:** (518) 751-2086

## **Greene County Family Planning**

Greene County Family Planning has tags '#Regional, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #MAT, #Substance Use Disorder, #Medication Assisted treatment'

411 Main Street, Catskill, NY 12414

**Phone: (518) 719-3580 Fax:** (518) 719-3797

#### **Matters Network**

Same day telemedicine appointment and evaluation (regardless of insurance status), 14 day script, referral for treatment and peer services. Vouchers for medication and transportation also provided.

P: 765-628-8377

'#Regional, #MAT, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

# Saint Peter's Addiction Recovery Center Detoxification Department

Inpatient Detox and Ambulatory Suboxone program & Sublocade extended Release injection program.

315 Manning Blvd, Albany, NY 12208

P: 518-525-1303

'#Regional, #MAT, #Columbia County, #Abulotory detox, #detox, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

## **Columbia County Mental Health Center**

Must be an established client of the Mental Health Center to receive Vivitrol. 325 Columbia Street, Hudson, NY 12534

P: 518-828-9446

'#Regional, #MAT, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

## **SunRiver Health-Hudson**

SunRiver Health Hudson has tags '#Regional, #MAT, #Columbia County, #Abulotory detox, #detox, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

750 Union Street, Hudson, NY 12534

**Phone: (518) 751-3060 Fax: (518) 822-9424** 

## Murphy, William

Limited capacity. Sublocade if requested. Chatham Family Care Chatham, NY 12037 P: 518-392-6650

'#Regional, #MAT, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

## Miller, Marilyn

Only taking patients that are currently in substance use treatment at Twin County Recovery Services or similar, and/or at the Red Door Community Residence.

71 Prospect Ave., Hudson, NY 12534

P: 518-697-3540

'#Regional, #MAT, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

## Johnson, Charles

Callan Family Care 358 Mountain View, Copake, NY 12516 P: 518-329-3900

'#Regional, #MAT, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

## **Albany Stratton Veterans Administration Medical Center**

Call schedule MAT assessment. SUD treatment requirements will vary with client need. 113 Holland Avenue, Albany, NY 12208

P: 518-626-5361

'#Regional, #MAT, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

## **Whitney Young Methadone Maintenance Treatment Program**

All MAT services are offered at 10 Dewitt Street location. Clients receiving MAT services are expected to engage in SUD treatment.

10 Dewitt Street, Albany, NY 12207

P: 518-465-4771

'#Regional, #MAT, #Columbia County, #Greene County, #Addiction, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Medication Assisted treatment'

# Mental Health Association of Columbia-Greene Counties

Mental Health Association of Columbia & Greene Counties has tags '#Regional, #Columbia County, #Greene County, #Mental Health Services, #Services for Families, #Children's services, #Access to Harm Reduction Supplies, #Certified Peer Services, #Residential Services, #Substance use disorder, #Health Home Case Management, #Care Coordination, #Case

Management, #PROS, #Mental health day program, #Mental Health Housing, #addiction, #Domestic Violence services, #Group therapy, #Mobile Crisis, #Crisis line, #hotline, #chronic conditions, #social determinants of health, #support group, #Intensive case management, #MDT'

713 Union St., Hudson, NY 12534 Facebook: @MHAColGreene

Website: www.mhacg.org
Contact: David Rossetti
Email: drossetti@mhacg.org

**Services provided:** Residential services, recovery services, clinical services, supported employment, supported education, day programs, peer support, case management, school based services, crime victim services, health home care coordination and mentoring.

**Hours:** Office: Monday—Friday, 9 am – 5 pm; specific programs have varied hours.

Target population: Adults with mental illness; homeless; children and families; crime victims.

Eligibility criteria: Based on program.

How to apply for services: Based on program.

## **PROS Program**

PROS Program has tags '#Regional, #Columbia County, #Mental health day program, #PROS, #Mental Health Services, #Substance Use Disorder, #group therapy, #addiction, #access to harm reduction supplies, #Certified peer services'

713 Union Street, Hudson, NY 12534

**Phone:** (518) 828-4619/Fax: (518) 828-1196 **Contact:** Dana Lopez (518) 828-4619 ext. 310

Email: dlopez@mhacg.org

**Services provided:** PROS stands for Personalized Recovery Oriented Services, and is geared toward helping those living with a mental health diagnosis live a healthy lifestyle. The goal of PROS is to assist those living with a mental health diagnosis through recovery aimed at building a bridge to a healthy lifestyle. Each participant is supported by meeting their needs in a coordinated and effective way to aid their recovery process and capabilities.

### **Residential Services**

Residential Services has tags "#Columbia County, #Greene County, #Mental Health services, #Residential Services, #Housing, #affordable housing, #case management"

MHACG Residential Director: Susan Cody (518) 828-1068 ext. 103

Email: scody@mhacq.org

**Sites across Columbia County include:** The Philmont Hearth, The Greenport Garden Apartments, Columbia Street Apartments, High Cliff Terrace and the Scattered Site Treatment Apartments.

Refer to the CCDHS SPOA for accessing these services

Services provided: Our programs provide a bridge to living well. We help support individuals of

all levels of needed care, from temporary crisis stabilization housing to independent housing, which is a transitional step process. Programs can provide consistent care for those without the skills to care for themselves or provide check in support to help those who need support.

## **Apogee Center**

Apogee Center has tags '#Columbia County, #Greene County, #Mental Health services,

#Certified peer services, #sober events, #support groups' 160 Fairview Avenue, Suite 232. Hudson, NY 12534

**Phone:** (518) 571-8528

Website: <a href="http://www.apogeecenter.org">http://www.apogeecenter.org</a>

Contact: Yeshi Snyder

Contact Email: ysnyder@mhacg.org Email: apogeecenter@mhacg.org Facebook: @apogeecentercc

**Services provided:** Apogee Center in Hudson offers an array of mental health services and support to adults to ensure recovery for people living with mental illness, including peer-to-peer services and Wellness Recovery Action Plan services. Our services are confidential and free of charge.

Schedule of events: <a href="https://www.mhacg.org/programs/peerprograms">https://www.mhacg.org/programs/peerprograms</a>

**Target population:** We assist people from all walks of life, who may be experiencing the stigma of being mentally ill or struggling with mental health issues

### The Reach Center

The Reach Center has tags '#Columbia County, #Greene County, #therapy, #mental Health services'

713 Union Street, Hudson, NY 12534 455 Main Street, Catskill, NY 12144

**Phone:** (518) 828-4619 or (518) 943-4482 and Toll Free: 1-888- 943-2472

**Fax:** (518) 828-1196 **Website:** www.mhacg.org

Contact: Julianne Baumann, LMSW, Program Director

Email: jbaumann@mhacg.org

**Objectives:** To eliminate interpersonal violence and promote, represent, and address the interests of survivors of such crimes in Columbia and Greene Counties and to serve these communities by advocating for the needs of victims of the violent crimes.

**Services provided**: Crisis counseling, trauma therapy, community outreach and awareness events, educational programs, crime victim advocacy and accompaniments, professional training, victim compensation claim assistance and support. All services are free and confidential.

**Hours:** Monday – Friday, 8:30 am – 4:30 pm; 24- hour crisis hot-line (518) 943-4482 or (518) 828-5556.

Target population: Innocent victims of crime/abuse and their families/loved ones.

How to apply for services: Call 828-4619 or 943-4482.

#### **Water Street Studio**

Water Street Studio has tags '#Columbia County, #Greene County, #Mental Health Services,

#Art, #certified peer services'

126 Water St., Catskill, NY 12414 Yeshi Snyder: <u>ysnyder@mhacg.org</u>

Phone: (518) 943-4651 Website: www.waterstreetstudio.space Facebook:

@waterstreetstudiocatskill

**Services Provided:** Water Street Studio provides peer support to those seeking mental wellness. Support is available by attending programs or stopping by the Studio anytime we are open. We strive to help individuals explore their passions, interest and hobbies and connect them to others who share that interest. Our services are confidential and free of charge.

Schedule of events: <a href="https://www.mhacg.org/programs/peerprograms">https://www.mhacg.org/programs/peerprograms</a>

Target population: We assist people from all walks of life, who may be experiencing the stigma

of being mentally ill or struggling with mental health issues.

## **Mobile Crisis Assessment Team (MCAT)**

Mobile Crisis Assessment Team (MCAT) has tags '#Columbia County, #Greene County, #mental Health Service, #Mobile Crisis, #Crisis line'

Phone: (518) 943-5555 Contact: Brian Fiero

Website: https://www.mhacg.org/programs/mcat

Facebook: @MCATCG

**Services provided:** Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations;

wellness calls and visits when someone is concerned

Hours: 7 days/week; 8am-10pm

**Target population:** Individuals or family/caretakers of individuals who appear to be in a mental

health crisis situation.

Eligibility criteria: Resident of Columbia or Greene County

How to apply for services: Call phone number provided above. Anonymous calls accepted.

## **Youth Clubhouses**

Youth Clubhouses has tags '#Columbia County, #Greene County, #Mental HEalth services, #Youth services, #Services for families, #support groups, #Certified peer services, #Access to harm reduction supplies'

Hudson Site: 47 N 5th st. Catskill Site: 455 Main St.

**Phone:** (518) 567-7771

Contact: Kai Hillmann, Director

Contact Email: khillmann@mhacg.org

Website: https://www.mhacq.org/programs/clubhouses

Facebook: Youth Clubhouses of Columbia-Greene Counties

**Services Provided:** The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long-term recovery. (i.e. Recreation, Pro-social activities, health and wellness, educational/employment support, recovery/peer support, evidenced based programming, skill building, family engagement).

#### **Strengthening Families**

The Strengthening Families Program is an evidence-based prevention & learning program. Parents or caregivers and their child(ren) have the opportunity to build life skills, parenting skills, and training to strengthen parenting and family functioning. Courses are taught together in a 7 to 14 week group session. Each session begins with a free family dinner that includes informal family practice time and coaching. Following dinner, parents and children have a 1-hour breakout class followed by a 1-hour family class. This program allows you to meet other parents in a supportive environment and learn some parenting tools in a fun and interactive way. Families will learn how to communicate better with each other and spend time bonding

Open to Ages 12-18. FREE to families in both Columbia and Greene Counties. Runs from 5-7:30 every Tuesday starting February 4th and runs to April 15th. It will be held at MHA of Columbia Greene 713 Union Street Hudson NY 12534. We provide dinner, daycare, and transportation (if needed), voluntary and confidential.

Contact (khillmann@mhacg.org/518-567-7771) or Amy Cruz (acruz@mhacg.org) with any questions! Referrals can be emailed, faxed, or dropped off at 713 Union street Hudson to Amy or Kai. The fax = 518-828-1196

**Hours:** Thurs 3-9pm, Fri/Sat 3-10pm (Days and hours subject to change) **Target population:** Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

## **Adult Care Coordination Services**

Adult Care Coordination Services has tags '#Columbia County, #Greene County, #Care Coordination, #Health Home Case management, #chronic conditions, #social determinants of health, #case management'

Contact: Jacklyn Perez, Adult Care Coordination Services Director

**Phone:** 518-943-2591 **Fax**: 518-943-4500

Email: jperez@mhacq.org

**Services provided:** Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services.

**Hours:** Monday- Friday: 8 am – 5 pm.

Target population: Adults.

Eligibility criteria: Adults: serious mental health condition or HIV/AIDS or two chronic

conditions including physical, mental health or substance use disorders.

How to apply for services: Contact the Adult Care Coordination Services Director

## Multi-Disciplinary Treatment (MDT) Team Field Support

Multi-Disciplinary Treatment (MDT) Team Field Support has tags '#Columbia County, #Intensive Case management, #MDT'

Contact: Jacklyn Perez, Adult Care Coordination Services Director

**Phone:** 518-943-2591 **Fax**: 518-943-4500

Email: jperez@mhacg.org

**Services provided**: Intensive case management and community outreach with high risk/high need individuals that can be referred by an MDT Provider:

Columbia County Department of Health Columbia County Mental Health Center Columbia County Sheriff's Office

Catholic Charities of Columbia and Greene Counties

Alliance for Positive Health

Re-Entry Columbia

St. Catherine's Center for Children

**Greener Pathways** 

Greater Hudson Promise Neighborhoods

Columbia County DSS

Columbia County Office for the Aging

Columbia Memorial Health Columbia Opportunities Mental Health Association

Salvation Army

Twin County Recovery Services Rolling Grocer/Recovery Kitchen

**Hudson City Court** 

## **Mental Health Awareness and Creative Arts Gallery**

Mental Health Awareness and Creative Arts Gallery has tags '#Columbia County, #Greene County, #art, #certified peer services'
717 Columbia Street, Hudson, NY 12434

**Phone**: (518) 821-7950 **Contact**: Brian Belt

email:namaskar47@hotmail.com

**Services Provided**: The Mental Health Awareness and Creative Arts gallery's first gallery space has a variety of artwork on display by those people in recovery from serious mental health problems and serves as a recovery and support resource center for the public. This unique gallery space that blends artistic work with mental health awareness will serve to eliminate community bias and stigma related to mental health disorders.

## **National Grid**

National Grid has tags '#Regional, #Columbia County, #Greene County, #Financial Benefits, #utilities'

1125 Broadway, Albany, NY 12204

Phone: (518) 956-1952

**Customer Service: 1-800-642-4272** 

Fax: (518) 621-0739

Website: www.nationalgrid.com

Contact: Ann O'Connel

**Objectives:** To assist special needs and low-income customers by meeting their energy needs

through early intervention, crisis bill paying management, and outreach and education.

**Services provided:** National Grid Consumer Advocates are available to assist any customer. We provide individualized assistance to customers based on their specific circumstances such as payment plans, budget plans and extended due date programs. Advocates also provide information to customers about programs and services that are available from other community service organizations. We also conduce outreach presentations to community groups and agencies on National Grid 's Consumer Advocacy program, financial assistance programs, energy saving tips and customer payment options."

**Hours:** Monday—Friday, 8 am – 4:30 pm.

**Target population:** Special needs; elderly; disabled.

How to apply for services: Call 433-3840.

# **Northeast Career Planning at Unity House**

Northeast Career Planning has tags '#Regional, #Columbia County, #Greene County, #Employment Services'

150 Broadway, 3<sup>rd</sup> Floor, Suite 310, Menands NY 12204 Mailing Address: P. O. Box 1218, Hudson, NY 12534

**Phone:** (518) 389-5938 **Fax** (518) 463-8051

Website: www.northeastcareer.org

Contact: Amy Meegan

**Email**: ameegan@unityhouseny.org

Objectives: The ACE program of Northeast Career Planning of Unity House empowers and supports individuals coping with a mental health diagnosis and other barriers in achieving their goals toward self-sufficiency focusing on their vocational employment goals. Northeast Career Planning is committed to being a leader in promoting opportunities for employment service support, as well as delivering individual employment support services that promote recovery. Northeast Career Planning maintains financial viability through grants, fund raising, designated donor funding, other sources of revenue, and expanding services through strategic partnerships.

**Services provided:** The ACE program assists individuals 18 and old in Columbia County assisting individuals coping with mental health diagnosis meet their employment goals. Northeast Career Planning ACE program works primarily with individuals residing in Columbia County providing individualized employment related support services including vocational assessment; vocational counseling; career exploration; job readiness preparation; interviewing

skills, resume preparation, job development and placement; job retention supports, and referrals to additional community service providers and resources as needed.

**Hours:** Monday – Friday, 8:30 am – 4:30 pm.

Target population: Individuals with barriers to employment; 18 or older Columbia County

coping with a mental health diagnosis.

Eligibility criteria: ACE program 18 and older Columbia County Resident with a mental health

diagnosis. Greene County residents may be referred for program eligibility.

How to apply for services: Referral from individuals mental health providers, care

coordinators, and self referrals.

# **Northern Rivers Family of Services**

Northern Rivers Family of Services has tags '#Regional, #Columbia County, #Greene County, #Services for Families, #Services for Children, #Mental Health Services, #Community Services, #Therapy, #Parenting Classes'

886 Columbia Avenue, Hudson, NY 12534

**Phone:** (518) 391-9632 **Fax:** (518) 719-8072

Contact: Meg Caron, Program Coordinator of Columbia/Greene Counties

Email: <a href="Meg.Caron@northernrivers.org/">Meg.Caron@northernrivers.org</a>
Website: <a href="https://www.northernrivers.org/">https://www.northernrivers.org/</a>

Services Provided:

## **Families Work**

Families work has tags '#Regional, #Columbia County, #Greene County, #Services for Families, #Services for Children, #Mental Health Services, #Community Services, #Therapy, #Parenting Classes'

Northeast Parent & Child Society's Families Work program is a home- and community-based family preservation program that provides services to all family members. Families Work services are voluntary, and we serve families whose children are either at risk of being removed from their homes or are already in placement. The goals of the program are to prevent out-of-home placement for children, to provide a safe environment to return children already in placement, to prevent future out-of-home placement, and to reduce the risk of future child maltreatment.

#### **AVAILABLE SERVICES**

Specific services offered by the Families Work master's level clinicians include but are not limited to the following:

- Counseling and support from master's level clinicians
- Comprehensive assessment to identify strengths and needs as well as an individualized treatment plan to address family needs
- Assistance with issues regarding housing, budgeting, household management, and

- transportation
- Couples, individual, and/or family counseling
- Trauma-informed care, particularly through the Attachment, Self-Regulation, and Competency (or, ARC) Model
- Skills training (parenting skills, anger management, stress management, etc.)
- Parent education utilizing an evidence-based parenting curriculum, Active Parenting Now and Incredible Years
- Domestic violence education and safety planning
- Fully supervised, clinician-coached, partially supervised, and unsupervised visit checkins conducted as needed to enhance successful reunification
- Court documentation and testimony relative to the child's safety and permanency
- 24-hour on-call phone support from professional staff BENEFITS
- Reduced risk of placement of children outside the home
- Introduction of a permanent living situation for the child, whether reunification with birth family, adoption, or independent living
- Safer home environments, increased child safety and stronger family units
- Parents/caregivers empowered to be assertive in the management of their household
- Parents/caregivers learning skills to cultivate a positive family environment
- No cost to families

**Who can access services?** Families Work receives referrals from the Columbia County Department of Social Services.

#### How are services accessed?

Contact Erin Farrell, MS Ed., Program Manager (518.477.9085 ext. 1202 or Erin.Farrell@northernrivers.org

Meg Caron MA, Program Coordinator 518.391.9632

Meg.Caron@northernrivers.org

#### **PFIP**

PEIP has tags '#Regional, #Columbia County, #Greene County, #Services for Families, #Services for Children, #Parenting Classes'

The Parent Effectiveness and Intervention Program (PEIP) facilitates group learning, where an evidence-based parenting curricula, Active Parenting Now and Incredible Years, are presented. Home-based parent education and support is available as needed. This model ensures that parents are provided key parenting skills and can implement those skills in the home. The parenting services are provided by specially trained and experienced clinical professionals. The premise is that teaching effective parent management skills and providing home-based support helps prevent abuse and neglect and reduces the need for placement. Classes are provided for parents of children: birth to 1 year old, 1–3 years old, 4–12 years old, and adolescents.

#### **AVAILABLE SERVICES**

Specific services offered by the PEIP Parent Educator include, but are not limited to, the following:

- Thorough assessment of parenting needs and recommendations based on these needs
- Curriculum-based parent education instruction/ classes
- Classes for various age ranges
- Home-based parent education follow-up, and intervention as needed
- Infants accompany parents in the birth to 1 year old class BENEFITS
- Group instruction on parenting topics and individual intervention as needed
- Classes that address parent and child needs at key developmental milestones
- Curriculums that address child development; parenting styles; nonviolent discipline skill-building; setting rules that are appropriate for the child's level of development; using encouragement to help children learn positive behavior and parent self-care
- Additional topic material is included, as needed, and may include information on Shaken Baby Syndrome, Early Intervention Services, nutrition, media influences, and substance use (including secondhand smoke)
- Other community service providers with expertise in relevant areas are brought in to present information as needed
- Improved opportunity for children to remain safely within their home, school, and community
- Parents more understanding of and better prepared to manage their child's behaviors and emotional needs

**How to get started:** PEIP services are available at no cost to residents of Columbia County who are interested in parenting skills education. The program accepts referrals from the Columbia County Department of Social Services, community service providers and interested parents/caregivers.

**How are services accessed?** Contact Erin Farrell, MS Ed., Program Manager (518.477.9085 ext. 1202 or Erin.Farrell@northernrivers.org) or Meg Caron, MA, Program Coordinator: (Office) 518-719-8066 or (email) Meg.Caron@northernrivers.org.

#### **IAPP**

IAPP has tags '#Regional, #Columbia County, #Greene County, #Services for Families, #Services for Children, #Mental Health Services, #Community Services, #Therapy, #Parenting Classes'

The Intensive Aftercare Prevention Program (IAPP) at Northeast Parent and Child Society provides services to children and families in their homes and in their communities in concert with our mission of protecting children, preserving families, and strengthening communities. IAPP services are voluntary, and we serve families whose children are either at risk of being removed from their homes or are already in placement. The goals of the program are to prevent out-of-home placement for children, to provide a safe environment to return children already in placement, to prevent future out-of-home placement, and to reduce the risk of future child maltreatment. There is no cost to families for IAPP services.

#### **AVAILABLE SERVICES**

Specific services offered by the IAPP master's level Clinician and the bachelor's level Clinical Case Manager include but are not limited to the following:

- Cognitive behavioral and family counseling to address parent–child issues
- Trauma informed care (particularly through the Attachment, Self-Regulation, and Competency ARC Model)
- · Couples and individual counseling
- Parenting skills training (including child development)
- Development and monitoring of behavioral plans in the home and school
- Skill building, including anger management, stress management, problem-solving training, and coping skills
- Supportive, concrete services (assistance with transportation, budgeting, housing and household management issues)
- Case planning
- School consultation

#### **BENEFITS**

- Intensive assistance with parent, child, and family issues within the family's home
- Improved opportunity for children to remain safely within their home, school, and community
- Parents more understanding of and better prepared to manage their child's behaviors and emotional needs
- Flexible scheduling to meet family needs and on-call crisis support

Available in Fulton, Greene, Rensselaer, Saratoga, Schenectady and Washington Counties Who can access services? In order for a family to be eligible for IAPP, the family needs to be involved with the local Department of Social Services.

# Northeastern Association of the Blind at Albany (N.A.B.A.)

Northeastern Association of the Blind (NABA) has tags '#Regional, #Columbia County, #Greene County, #Blind services'

#### 301 Washington Avenue, Albany, NY 12206

**Phone:** (518) 463-1211, x-234 **Website**: www.naba-vision.org

**Objectives:** NABA provides low vision and vision rehabilitation services to help people of all ages remain active, independent and "age successfully" as they experience vision loss. Programs and services include low vision exams, vision and technology aids, vision rehabilitation, vocational assistance, technology training, orientation & mobility, and counseling. Services are free to the legally blind. Low vision and vision loss education programs are available to groups, schools, professionals, senior centers and health care organizations.

**Services provided**: Senior adaptive living program, youth programs, vocational programs, vision rehabilitation; KidSight vision screening, low vision eye exams; community education programs.

**Hours:** Monday – Friday, 8 am – 4 pm.

**Target population:** All persons who are legally blind and vision impaired.

How to apply for services: Call the office.

# **NY State Kidney Transplant Centers**

NY State Kidney Transplant Centers has tags '#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center'

#### ALBANY MEDICAL CENTER HOSPITAL

47 New Scotland Avenue MC-61-GE Albany, NY 12208 Phone: (518) 262-5614

Fax: (518) 262-5571

www.amc.edu/Patient/services/Surgery/transplant\_surgery/

'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

#### **ERIE COUNTY MEDICAL CENTER**

462 Grider Street Renal Transplant Unit - 10th Floor, Room 1032 Buffalo, NY 14215 (716) 898-5001

www.ecmc.edu/medicalservices/kidney/transplant.asp

"#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

## MONTEFIORE MEDICAL CENTER

111 East 210th Street Renal Transplant Unit - Rosenthal 2 Bronx, NY 10467 (718) 920-6757 www.montefiore.org/surgery-services-prof

www.montefiore.org/surgery-services-professional-trainingprograms-

Transplant-kidney

'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

## MT. SINAI MEDICAL CENTER

Transplant Center
5 East 98th Street, 12th Floor
New York, NY 10029
(212) 659-8086
www.mountsinai.org/patient-care/service-areas/organtransplants/
programs-and-services/kidney---pancreas
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

### NY-PRESBYTERIAN HOSPITAL/COLUMBIA

622 West 168th Street
Transplant Center, 12th Floor
New York, NY 10032
(212) 305-6469
New Patient Referral (877) NY1-KIDNEY
http://columbiasurgery.org/pat/kidneypancreastx/txcare.html
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

#### NY PRESBYTERIAN HOSPITAL/WEILL CORNELL

525 East 68th Street, Box 98
Kidney Transplant Program
New York, NY 10065
(212) 746-3099
http://cornellsurgery.org/transplant
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

#### **NEW YORK UNIVERSITY HOSPITAL**

403 East 34th Street
3rd Floor
New York, NY 10016
(212) 263-8371
http://surgery.med.nyu.edu/transplant/kidney/patients
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

## NORTH SHORE UNIVERSITY HOSPITAL

MANHASSET
1554 Northern Blvd.
Transplant Center
Manhasset, NY 11030
(516) 472-5800
https://www.northwell.edu/find-care/services-we-offer/kidneytransplant
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

## STONY BROOK UNIVERSITY HOSPITAL

TRANSPLANT SERVICES 24 Research Way Suite 500 Transplant Unit Stony Brook, NY 11794 (631) 444-9208 www.stonybrookmedicalcenter.org/transplant '#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

#### STRONG MEMORIAL HOSPITAL

UNIVERSITY OF ROCHESTER
601 Elmwood Avenue
Transplant Unit
Box 675
Rochester, NY 14642
(585) 275-7753
https://www.urmc.rochester.edu/surgery/transplant/procedures
/kidney-transplant
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

#### SUNY DOWNSTATE MEDICAL CENTER

450 Clarkson Avenue
Transplant Unit
Brooklyn, NY 11203
www.downstate.edu/transplant/kidney\_transplant.html
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

## SUNY HEALTH SCIENCE CENTER AT SYRACUSE

UNIVERSITY HOSPITAL
750 East Adams Street
Syracuse, NY 13210
(315) 464-5413
https://www.upstate.edu/surgery/healthcare/transplant/
'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

## WESTCHESTER MEDICAL CENTER

95 Grasslands Road Bhs - A Wing - Lower Level Valhalla, NY 10595 (914) 493-1998

http://67.192.244.68/wmc/wmc-kidney-transplant.aspx

'#Regional, #Columbia County, #Greene County, #Medical Services, #Kidney transplant center

## **OPWDD Front Door Services**

OPWDD Front Door Services has tags '#Regional, #Columbia County, #Greene County, #Services for people with Developmental Disabilities'

Website: https://opwdd.ny.gov/get-started/front-door

**Phone:** (518) 388-0398

The Front Door is the way OPWDD connects you to the services you want and need. Once you enter, a person-centered planning process begins, which helps you learn about and access service options that take your needs and desires into consideration. It will also give you the chance to direct your own service plan or help your family member or loved one as they direct theirs.

Front Door staff will guide you through the steps involved in finding out if you are eligible for services with OPWDD, identify your needs, goals and preferences and help you work on a plan for getting those services.

# **Personal Care Aid Agencies**

Personal Care Aid Agencies has tags '#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

## **Anytime Home Care:**

160 Fairview Ave Suite 913 Hudson, NY 12534 (518) 828-0183

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

### **Unlimited Care Inc.**

160 Fairview Ave. #236 Hudson, NY 12534 (518) 828-7001

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

## **Visiting Nurses Home Care**

159 Jefferson Heights Suite D203B Catskill, New York 12414 (518) 943-2270

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

## Bermac Home Aides, Inc.

8 Trinity Court Saugerties, New York 12477 (845) 246-5000

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

## St. Peter's Home Care Agency

159 Wolf Road Albany, New York 12205 (518) 525-6099

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

## **Angel Home Health Care**

75 Palatine Park Road Germantown, New York 12526 (877) 276-6014 or (518) 537-2070

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

#### **Certified Home Health Agencies:**

## **Greene County Public Health Nursing Services**

411 Main Street Catskill, New York 12414 (518) 719-3600

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

## **EDDY Visiting Nurses Association**

159 Jefferson Heights Suite D301 Catskill, New York 12414 (518) 943-5530

'#Regional, #Columbia County, #Greene County, #Personal Care, #in-home care, #Home Health Aides, #Medical Services, #Services for Seniors'

# **Private Mental Health Therapists & Psychiatrists**

Private Therapists and Psychiatrists has tags '#Regional, #Columbia County, #Greene County, #therapy, #Psychiatry,#couples counseling, #marriage counseling, #children's services, #youth services, #Mental Health Services'

Website to assist with finding a mental health provider: <a href="https://www.psychologytoday.com/us">https://www.psychologytoday.com/us</a>

#### **Private Therapists**

Families Together - Janis Masse LCSW - Adults, teens, children Catskill & Kingston, NY | 518-719-0123 / 518-868-6037 | jmasse@familiestogetherny.com Accept most insurances.

Clearwater Counseling Associates - Adults, teens, children Hudson, NY | 518-261-9038 ext. 102 | 518-245-6272 Managed Medicaid, Medicare, CDPHP, BCBS, Empire Plan, Fidelis, MVP, CDPHP

Jessica Dillon, LCSWR - adults & teens |Delmar & Saugerties, NY | 518-265-5153 Aetna, Empire BCBS, BCBS, BlueShield of NENY, CDPHP, Emblem Health, Fidelis, Humana, MVP, Magnacare, Medicaid, Medicare, NYSHIP, Optum, United Health Care

Michelle Fischer, LMHC | Coxsackie, NY |518-731-6781 | 518-303-5674 Aetna, CDPHP, Fidelis

Kelli Gilmore, LCSWR, CASAC - Adults & teens | Saugerties, NY | 914-466-0930 | 914-600-7174 BCBS, CDPHP, Empire BCBS, MVP, Medicare

Lucas Monroe, LCSWR - Adults, teens, pre-teens | Woodstock, NY | 518-348-8233 Empire BCBS, BCBS, CDPHP, Emblem Health, Fidelis, MVP, Magna Care, Optum, Tricare

Dan Michaud - Adults & teens | East Chatham, NY | 518-418-7801 BCBS, BlueShield of NENY, CDPHP, Emblem Health, Empire BCBS, MVP, Medicare, Medicaid

Walter Kendall, PhD – Adults | Castleton, NY | 518-599-5007

Pamela Perkins, LCSW – Adults, teens, children |845-616-9087 | 845-875-4346 BCBS, Empire BCBS, CDPHP, Fidelis, MagnaCare

Carole Sayle, LCSW-R, CASAC | Palenville, NY | 518-943-5354 Aetna, Anthem, BCBS, CDPHP, Cigna, Emblem Health, Empire BCBS, Fidelis, MVP, Magellan, Medicare, NYSHIP, Optum, Tricare, United Health Care) adults

Suzanne Tolomeo, LMHC – Adults, teens, children | Leeds, NY | 518-620-4769 Aetna, CDPHP, Emblem Health, Fidelis, Horizon BCBS, MVP, Magellan, MagnaCare, Tricare, United Health Care, MVP

Yasamin Larizadeh, LCSWR – Adults, teens, children | Chatham, NY | 518-319-3018 BlueShield of NENY, CDPHP, MVP, NYSHIP

#### **Private Psychiatrists**

Columbia Memorial Outpatient Psych Hudson & Catskill, NY | 518-697-8010 \*Accepts most insurances

AptiHealth – fully telehealth-based service with both therapists & psychiatrists Most insurances & managed Medicaid Plans

Valera Health - fully telehealth-based service with both therapists & psychiatrists Aetna, BCBS, Beacon, CDPHP, Cigna, Humana, MVP, Oscar & UHC Optum

Evolve Psychiatry - therapy & psychiatry | Albany 631-229-4227

Peeyush Mittal, MD | Catskill NY | 518-688-1738 Medicare, Empire BCBS, CDPHP, MVP, Blue Shield of NENY, BCBS, Aetna, UHC, Optum, Cigna

New Spruce Psychiatric - James Weidel | Catskill, NY | 518-947-9140 CDPHP, Medicare, Medicaid, Aetna, Cigna, Empire BCBS, Blue Shield of NENY, UHC, MVP, Fidelis

Vitality Psychiatry Group - therapy & psychiatry for adults, teens, children Albany, NY | 518-691-0732

Cynthia Spellman (Telehealth) | Albany, NY | 518-951-8582 \*Out of Network Insurance

Julia Eilenberg | Rhinebeck, NY | 845-876-7822 \*Out of Network Insurance

# **Project Safe Point (Serves Columbia & Greene Counties)**

Project Safe Point has tags '#Regional, #Columbia County, #Greene County, #Access to Harm Reduction Supplies, #Substance Use Disorder, #Addiction, #STD testing, #HIV/AIDS, #Certified Peer Services, #Reproductive Health Services'

100 Slingerlands St., Albany NY 12202

**Phone:** 518-449 3581 ext 126

Fax: 518-426 3662 Contact: Ed Fox

Email: edf@ccalbany.org

Website: www.projectsafepointcc.org

Facebook: projectsafepoint

#### **Services Provided:**

#### **Syringe Access and Safer Smoking Supplies**

People who inject drugs can receive new, sterile syringes as well as the supplies necessary to engage in safer injection techniques. This service is completely free and anonymous. Project

Safe Point provides this service as a way to meet the health needs of those who inject drugs, who may be at-risk for HIV, Hepatitis C, and a host of other blood-borne infections as a result of injection use.

If for any reason you are unable to reach the Project Safe Point mobile unit during our scheduled hours, please contact 1-866-930-4999 to speak with staff and arrange time for a delivery.

#### **Drug Checking**

Making sense of an unregulated drug supply. Helping to minimize the risks of taking unexpected substances. Illuminating current trends in the local drug supply. Identifying hot spots for overdose prevention.

#### Bridge Clinic-Low Barrier Access To Buprenorphine and Brixadi

Not everyone is ready, willing or able to seek treatment for their use, but we are able to help at any time no matter what! If you or someone you care about wants to learn more about the kinds of treatment that are available where you live, wants to discuss past or current experiences with treatment, or needs help solving insurance or other barriers, contact us for more information. Don't get frustrated, Project Safe Point staff can work with you to get ready for treatment and make a referral for you. Visit our mobile unit at one of the syringe exchange locations, or call our office at (518) 449-3581 and ask to speak with one of our staff about treatment.

#### **COAST - Coordinated Opioid and Stimulant Treatment**

24/7/365 Rapid access to resources for individuals who struggle with addiction. Access to a bridge script for MAT. Access to Medication and Treatment for Substance Use Disorder. Access to peer services. Access to Harm Reduction/Risk Reduction services. 1-866-518-4991

#### **HIV and Hepatitis C Screening**

People who inject drugs are at a higher risk of these blood-borne diseases and should be screened regularly. Early treatment can make a big difference for long-term health, so it is important to know your status. Project Safe Point provides screening for HIV and Hepatitis C at all mobile locations (linked below), by appointment at our administrative offices, and at community events. We also visit local substance abuse treatment programs and other community organizations to provide screening. If there is a positive screen, we assist with arranging for confirmatory testing, help make a referral for treatment, and assist with any insurance or other barriers. Project Safe Point staff are available for anyone who is HIV and/or Hepatitis C positive to help with any needs you have.

#### **Overdose Prevention**

Project Safe Point trains members of the community including drug users, family and friends of drug users, service providers, and others in how to recognize and respond to an Opioid overdose. Each trained participant will learn the following:

- How an overdose occurs
- The signs and symptoms of an overdose
- The main risk factors associated with overdose
- How to use naloxone (Narcan) to reverse the effects of an overdose

Any person who is interested can get trained to save a life. Check out our trainings call our office at (518) 449-3581 to request training. Project Safe Point staff have provided this training to individuals and small groups throughout the region, whether they be drug users, families, self-help groups, community agencies, task forces, or others.

# **Recovery Hike**

Recovery Hike has tags '#Regional, #Columbia County, #Greene County, #Support Groups, #Addiction, #Recovery, #Recovery events, #Substance Use Disorder, #Mental Health Services'

Facebook: RecoveryHike Instagram:recoveryhike

Email: recoveryhikeny@gmail.com

Recovery Hike is a support group currently serving Columbia, Greene, Ulster, and Northern Dutchess counties. We aim to support mind, body and spiritual wellness utilizing the nurturing nature of environments, which surround our communities. All are welcome. RecoveryHike is going into its fourth year, and is now serving four counties in the Hudson Valley with two chapters. This past year included 2 hikes a month and their first campout event, all free to anyone. This coming year, they will be expanding their efforts to reach a larger audience, and broaden their activities for the year, to include more hikes, a trip to Howe's Caverns and the 2nd annual Campout. The Columbia/Greene Chapter meets every second saturday of the month at 10 am (locations vary) and the Ulster/Northern Dutchess chapter meets every third Saturday at 10 am (locations vary).

# Refuge Recovery

Refuge Recovery has tags '#Regional, Substance Use Disorder, #addiction, #support group, #meditation, #refuge recovery'

Website: https://www.refugerecovery.org/

Find a meeting: https://refugerecoverymeetings.org/meetings?tsml-day=any

#### **Services Provided:**

Refuge Recovery is a non-theistic addiction recovery program based on Buddhist principles, primarily utilizing meditation and mindfulness practices to address the root cause of addiction as repetitive craving, offering a path to recovery without requiring adherence to a specific religious belief system; anyone can participate, regardless of faith background.

Refuge Recovery members practice a daily recovery program that includes meetings, meditation and personal inventory, mentorship, retreat and service as integral components. The group atmosphere provides help from peers and offers an ongoing support network for all who wish to pursue and maintain an addiction free life.

Key points about Refuge Recovery:

Buddhist foundation:

Leverages teachings from the Buddha, including the Four Noble Truths and the Eightfold Path, to understand and manage addiction.

Focus on mindfulness:

Emphasizes daily meditation practices to cultivate awareness of cravings and triggers.

#### Non-theistic approach:

Does not require belief in a higher power, making it accessible to people of all faiths or no faith.

#### Community support:

Relies on group meetings and peer support to navigate recovery.

#### Personal inventory:

Encourages self-reflection to identify patterns and contributing factors to addiction.

#### Potential benefits:

May be particularly suitable for individuals who find traditional 12-step programs challenging due to their focus on a higher power.

## **Smart Recovery**

Smart Recovery has tags '#Regional, #Columbia County, #Greene County, #Addiction, #Support Group, #Substance Use Disorder'

Website to find meetings: https://smartrecovery.org/

#### Services Provided:

#### **Self Management and Recovery Training (SMART)**

SMART Recovery is an evidenced-informed recovery method grounded in Rational Emotive Behavioral Therapy (REBT) and Cognitive Behavioral Therapy (CBT), that supports people with substance dependencies or problem behaviors to:

- Build and maintain motivation
- Cope with urges and cravings
- Manage thoughts, feelings and behaviors
- Live a balanced life

#### **Our Principles**

- Self-Management People can manage their own behaviors
- Mutual Support There is great value in connecting with and learning from peers with similar experience
- Choice People choose their own goals, skills and tools.
- Evidence Led All our programs are based on scientific evidence and we encourage their on-going evaluation
- Person Centred People with lived experience are central in guiding what we do.

SMART Recovery was established in 1994, here in the USA, to meet the increasing demand of those seeking a secular and evidence-informed alternative to the widespread 12-Step addiction recovery program.

SMART Recovery is a fresh approach to addiction recovery. SMART stands for Self-Management and Recovery Training. This is more than an acronym: it is a transformative method of moving from addictive substances and negative behaviors to a life of positive self-regard and willingness to change.

# SSDI Application Advocate/Attorney (Janice Cammaratto)

SSDI Application Advocate/Attorney (Janice Cammaratto) has tags '#Regional, #Greene County, #Columbia County, #Financial Benefits, #services for people with disabilities, #Legal Assistance'

7 Howard St, Catskill, NY 12414

Phone: (518) 943-5100 Contact: Janice Cammaratto

**Services Provided:** 

Over 25 years' experience with social security disability and workers' compensation injuries as well as accidents, i.e. auto, falls, etc. Janice is a compassionate and understanding advocate who will help you navigate through the complex process ahead of you in order to get you the compensation that you deserve.

# Twin County Recovery Services, Inc.

Twin County Recovery Services has tags '#Regional, #Columbia County, #Greene County, #Access to Harm Reduction Supplies, #Addiction, #Prevention, #Substance Use Disorder, #Certified Peer Services, #Certified recovery peer services, #Residential Services, #Children's Services, #youth services, #Medication assisted treatment, #MAT, #group therapy, #Outpatient Treatment, #transportation'

350 Power Avenue, Hudson, NY 12534. 428 W. Main St., Catskill, NY 12414

Phone: (518) 751-2083 Fax: (518) 751-2086 Contact: Nicole Arico (518) 828-9300 ext. 1110 Email: nicolea@twincountyrecoveryservices.org
Website: www.twincountyrecoveryservices.org

Facebook: @TwinCountyRecovery

**Services provided:** The intensive outpatient program enables individuals in recovery to participate in a therapeutic environment designed to accommodate work and family life and includes: Individual and group counseling, Person-centered treatment plans, Addiction education, Co-dependency counseling, Parenting education, Relapse prevention, Life skills

training, Medication assisted treatments including Vivitrol® and Suboxone

Hours: Outpatient: Monday, Wednesday, Friday, 8am - 4pm. Tuesday and Thursday 8am -

6pm.

**Target population:** Individuals with alcohol and substance use disorders.

Eligibility criteria: Diagnostic.

How to apply for services: Call or stop in

## **Greener Pathways (Mobile Outreach)**

Greener Pathways (Mobile Outreach) has tags '#Columbia County, #Greene County, #Certified recovery peer services, #Peer services, #substance use disorder, #addiction, #transportation, #support group'

350 Power Ave, Hudson, NY, 12534

Phone: (518) 291-4500 Contact: Robert Hoyt

**Email:** <u>roberth@twincountyrecoveryservices.org</u> **Website:** <u>https://www.greenerpathways.org/</u>

**Services provided:** Peer Supports, A Certified Recovery Peer Advocate (CRPA) is a person with lived experience from substance Use Disorder who has received specialized training and supervision to guide and support others who are experiencing similar substance use issues. Offers mobile outreach services, person-centered care plan development, community Narcan training, and non-emergency/non-medical transportation through the Capital Behavioral Health Network referral.

## **Residential Services (Red Door)**

Residential Services (Red Door) has tags '#Columbia County, #Residential Services, #substance use disorder, #addiction' 437-441 Columbia St, Hudson, NY 12534

**Phone**: (518) 822-0090 **Contact**: Renee Pine

Email: Reneep@twincountyrecoveryservices.org

Website: https://www.twincountyrecoveryservices.org/coming-soon-01

**Services provided**: The Red Door Community Residence is a 13-bed halfway house located in Hudson, NY for adult men. The Red Door serves primarily men from Columbia and Greene Counties who are struggling with substance use issues.

## **Residential Services (Riverside)**

Residential Services (Riverside)has tags '#Columbia County, #Residential Services, #substance use disorder. #addiction'

428 W. Main St., Catskill, NY 12414

Phone: (518) 943-2744 Contact: Renee Pine Email: Reneep@twincountyrecoveryservices.org

Website: https://www.twincountyrecoveryservices.org/coming-soon-01-1

#### **Services Provided:**

The Riverside Recovery Residence is a 12-bed halfway house located in Catskill, NY for adult women and pre-school children. Riverside serves primarily women from Columbia and Greene Counties who are struggling with substance use issues.

#### **Prevention Services**

Prevention Services has tags '#columbia county, #Greene County, #Prevention, #youth services, #Services for families, #children's services, #substance use disorder, #addiction'

350 Power Ave., Hudson, NY 12534 **Phone:** (518) 943-2036 ext. 3311

**Contact:** Tara Eldred

Contact Email: tarae@twincountyrecoveryservices.org

**Services provided:** TCRS Prevention provides comprehensive community and school based services, including: Education for Parents, School staff and the Community. Evidence Based Programming: Classroom education, School presentations. Positive social and community activities for families. Counseling for those 5 years and older for those at risk of developing substance use disorder or problem gambling. Positive alternatives for youth. Confidential referrals to community partners. Strategies to assist communities to improve current risk factors. Students can be referred to prevention counseling by any school administrator or faculty member, including themselves or parents. Student will meet for approximately 15 sessions for individual prevention counseling and 6 sessions for Teen Intervene. The referral form can be used for both Prevention Counseling and Teen Intervene.

#### **Prevention Counseling:**

Short term, problem – resolution focused activity/intervention to prevent, delay, or reduce substance use, problem gambling and the negative consequences caused by these behaviors. It includes screening and assessment for risk & protective factors, and referral of individuals with symptoms of substance use, problem gambling, mental, emotional, educational, or social problems to the appropriate treatment and support services. 15 sessions and meeting once a week with prevention specialist, with the potential for re-referral with different criteria

#### Teen Intervene:

A minimum of 3 sessions with the max of 6 sessions. Meets once a week with prevention specialist

Hard reduction approach to limit and decrease overall substance use and engagement. Provides substance education and resolutions aimed towards negative consequences Student can continue with prevention counseling after completion of Teen Intervene In addition to individual counseling, we offer group sessions for the Rainbows for Children program that are dealing with any type of loss either grief, deportation, separation/divorce, military deployment, substance related, or medically related. We also provide Proud and Empowered to the LGBTQ community, and SEL programming for All grades through Too Good For Violence (K-2) and Botvin LifeSkills (3-12), both programs are 8-10 weeks.